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SELENA TALKS TAYLOR, BIEBER AND DATING OLDER MEN





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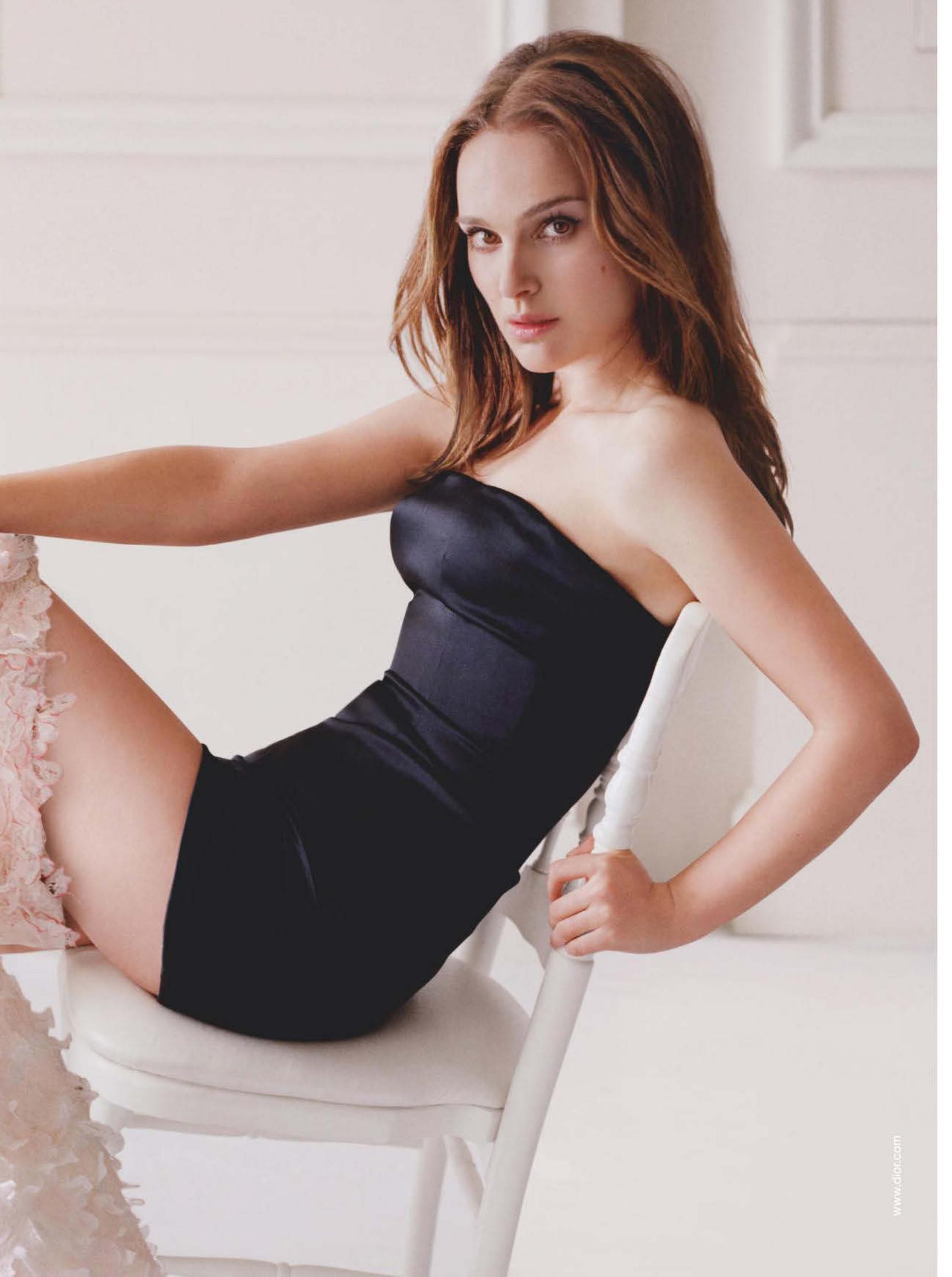
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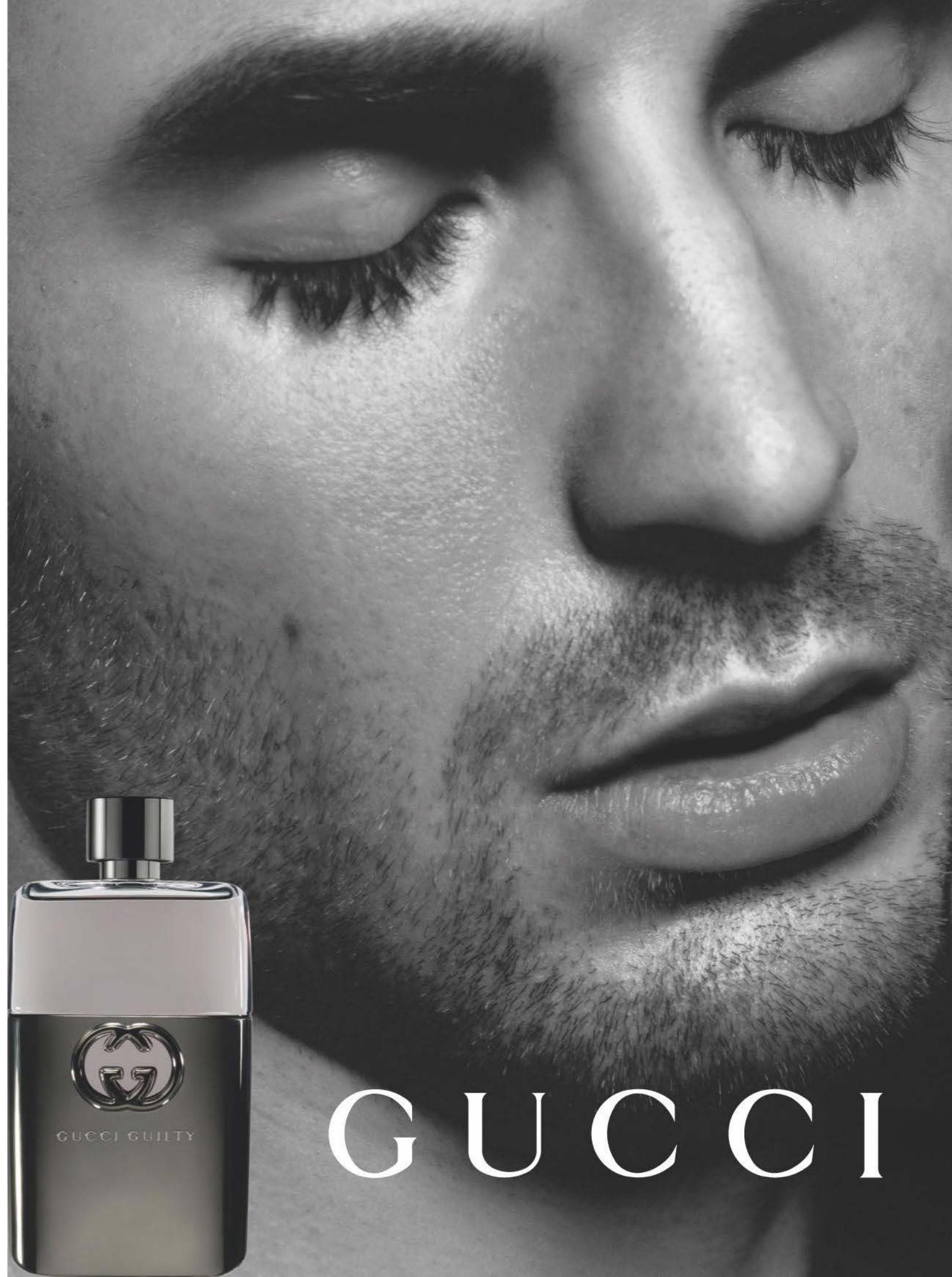




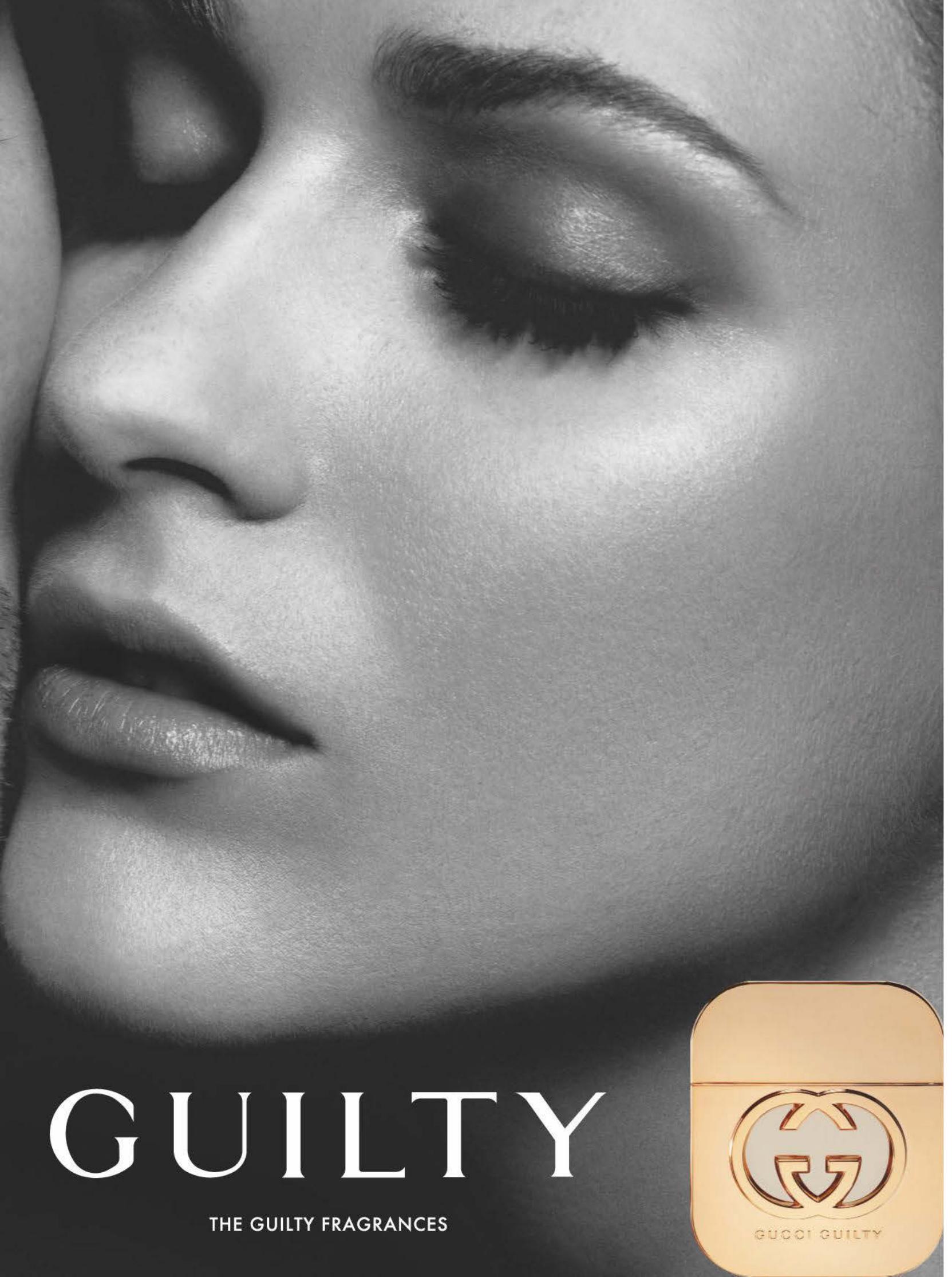


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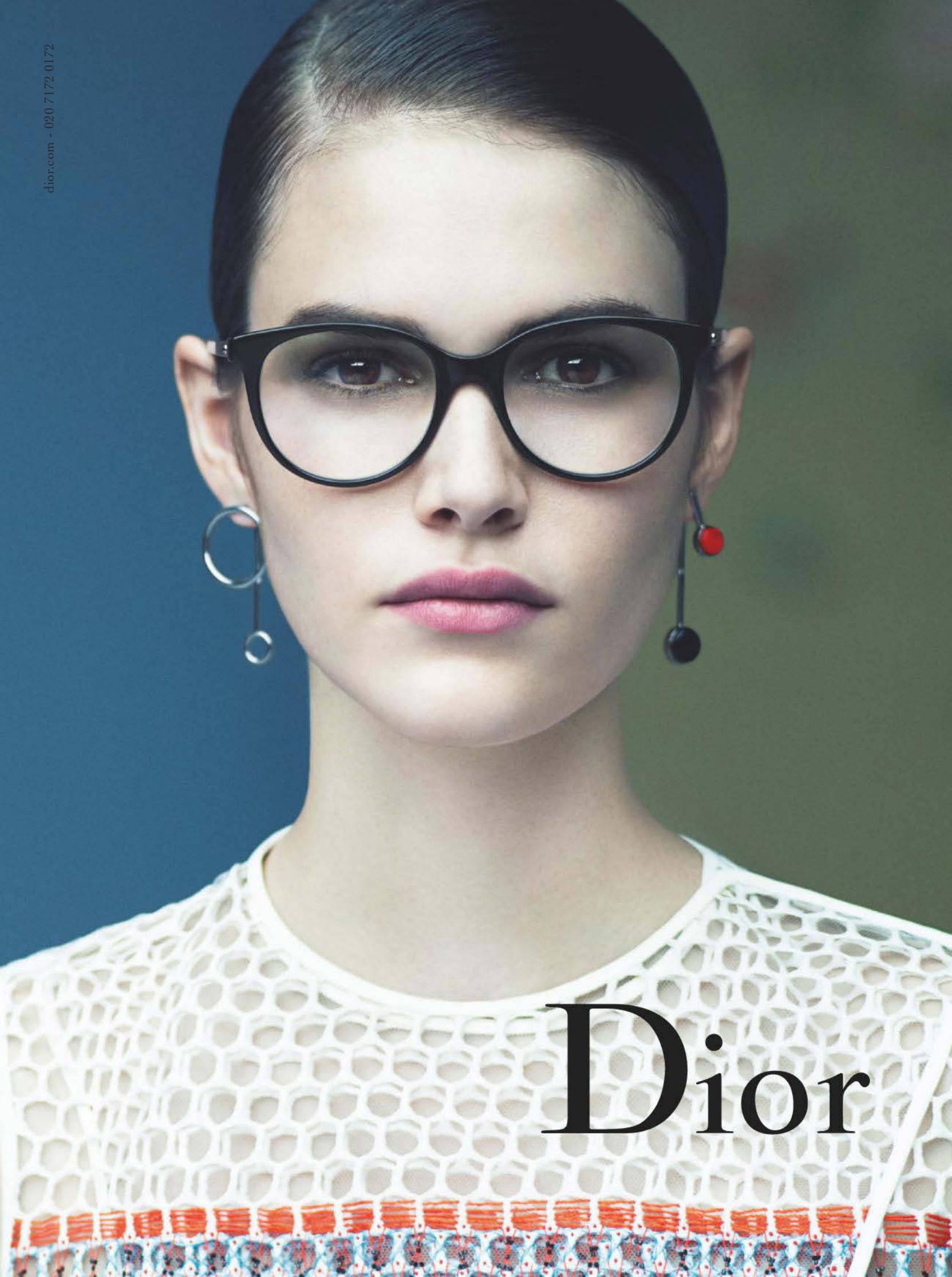
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THE GUILTY FRAGRANCES





Dior

JANUARY 2016

CONTENTS

ON THE COVER

- 80 BYE-BYE BAD JEANS Genius styling tips for your man (it's easier than you think)
- 98 GOGOMEZ Selena talks Taylor, Bieber and dating older men
- 120 LOSE THE TINSEL How to host your first Xmas
- 124 PERK UP Why the bum lift is on the rise
- 126 FREE HAIRCUT FOR EVERY READER Your next cut and blow-dry is on us

WHAT'S NOW

- 29 THIS MONTH Get in the party mood with Jess Glynn's playlist and our NYE style suggestions
- 38 MY FASHION LIFE Caroline de Maigret on how to nail effortless Gallic cool
- 40 INSTANT ACCESS Gucci's 2016
- 43 NOTES FROM THE FASHION DESK Cool collabs and your new accessory obsession
- 44 PARTY LIKE A PRO! Jaime Winstone teaches us a thing or two on celebrating in style
- 46 WHAT SHE SAID Why spend loads on a wedding dress when you can have a pair of Gucci clogs?

YOUR LOOK

- 65 FIND YOUR PERFECT JUMPSUIT Make the one-piece wonder work for you
- 66 ANATOMY OF A LOOK Three style staples, one showstopping winter ensemble
- 68 INSTANT STYLE Cool cult movies provide us with some serious outfit inspiration
- 73 FAB FIVE We're loving all things camel and blue
- 77 ASK HENRY Style advice from Mr Holland
- 79 SHOES WE LOVE Fancy flats
- 85 POSH PJS Because fashion never sleeps
- 87 LUST LIST Luxe 90s-style chokers
- 88 STYLE IT OUT Eight luxe pieces guaranteed to give you that uptown edge
- 108 GYPSY HEART Game Of Thrones warrior Rose Leslie breaks all the fashion rules

FEATURES

- 118 THE WOMEN THAT WON IN 2015 We celebrate the ladies who rocked our year

BEAUTY

- 131 NOTES FROM THE BEAUTY DESK Scrumptious scrubs and how to nail the cat-eye flick
- 133 EDITOR'S PICKS This month's must-haves
- 134 BEAUTY TALK How Gal Gadot gets her glam on
- 136 DIGITAL ART Fine art at your fingertips. Five easy ways to get spectacular results



I never intended for my life to become a tabloid story'

PAGE 98

- 142 ARE YOU PARTY-READY? Singer Ellie Goulding tells us how she gets ready for a night out
- 145 ASK GEORGE Mr Northwood has all the answers
- 147 BEAUTY ICON Bond Girl Octopussy
- 149 MY FITNESS RULES Charlie XCX
- 152 10 WAYS TO Disguise a hangover
- 155 PRO'S SECRETS Get the glow

LIFESTYLE

- 159 TRENDING THIS MONTH #Sherry
- 161 GO SOCIAL Ten, nine, eight, seven... The best places to be when New Year strikes.

- 163 ELLY PEAR A hangover-busting smoothie
- 165 CHIC RETREAT Have a Highland fling at the Loch Lomond Arms, Luss

EVERY ISSUE

- 53 THE LOOK From pap-worthy red carpet gowns to off-duty cool, find out which A-listers gave us outfit envy this year
- 72 READER OFFER Free Murad gifts worth over £60
- 156 SUBSCRIPTIONS Twelve issues for £18.99, plus an Elemis welcome set worth £71.50
- 170 THE TROPHY Fendi's geometric patterned bag



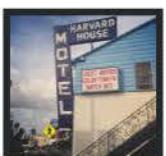
MAKING THE COVER



How did the cover shoot go?



Did you shoot her somewhere super-chic?



Um, a motel in downtown LA that charges by the hour.

Spoil her why don't you!

Actually, it was part of a whole pared-down, slightly earthier look.



Oh, I SEE. Awesome pics btw.



Love it. Did we like Selena?

COOL COOL COOL

Yep, it's kind of indie-film starlet on a road trip' chic



Total sweetheart. Even when the fashion director stood on her toe.

Nope.



It's OK, she was fine.

Most important question...



No – what shoes was the fashion director wearing?

HONESTLY! (black Manolo Blahnik sandals just fyi). x



InStyle

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JANUARY COVER 2016

SELENA GOMEZ PHOTOGRAPHED BY JEFF HAHN

Styling by Arabella Greenhill. Hair by Lona Vigi at Starworks

Artists. Make-up by Jake Bailey at Starworks Artists.

Selena wears top, sweater and skirt, all Prada (prada.com)



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Fashion assistant
V beauty director.
Play gets competitive
on the set of our
nail art shoot



That's a wrap.
Post-shoot smiles
with Andy Jordan



InStyle

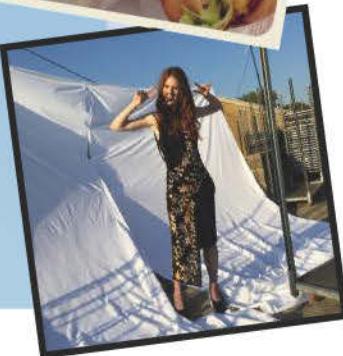


Our fave LA
hangout?
In-N-Out
Burger
#OBVS

Creative director
Hannah Vere
and photographer
Jeff Hahn
multitask on
the Selena
Gomez shoot



Rose Leslie
takes posing
very seriously



Cheers to the
weekend



#INSIDEINSTYLE

WHEN GIN MARE ASKED US IF WE'D LIKE A POP-UP MARTINI BAR IN THE OFFICE, our response was pretty obvious. Cocktails and spreadsheets? Sounds like a party to us. But before we got sipping, mixologist Stuart Bale talked us through his scientific process (gas chromatography and mass spectrometry... stay with us) that proves Bond got it wrong when it comes to his martini order. Turns out it should be stirred (not shaken), garnished with a strawberry (not an olive) and made with gin (not vodka). A couple of glasses later and we couldn't have agreed more.



Chloé

EAU DE PARFUM





EDITOR'S LETTER

'What are you wearing tonight?' I really do hate it when people ask me that. Let's be honest, this is a question that's all about the inquisitor. In my head, they're umming and ahhing about the Equipment jumpsuit versus the sexy but slouchy Stella dress they bought in the Net sale last year. Definitely something breezy and fabulous. What they *really* want to know is: will I look stupid if I go all out with winged lashes and a Saint Laurent clutch? Will it flatter the party-thrower, or merely incite low-level uneasiness all evening, because everyone else is working a super-lo-fi Isabel Marant vibe? No matter what it says on the invite (I had one recently that read: 'Dress: Relaxed Supper' – how stressful is that?), what to wear tonight is always unknown. The reality is, I actually enjoy getting really dressed up – I would ditch the canapés, gossiping and up-all-hours dancing in favour of the bit before the night out when you're heading off in a frock that you rarely get a chance to wear. I love that sense of anticipation. The parties that kick off the festivities really are the best. This year, I am going to *InStyle* columnist Vicky Moss's wedding

on 28 November – a genius day to throw a wedding party, what with all that positive Christmassy energy buzzing around. Anything after 21 December and everyone just mills around talking about how hungover they are, how few presents they've bought and what they're doing with their cats while they're at their in-laws (ie really boring). Thankfully, it's only just turned December and there's a month of fun ahead of us – and that's not including New Year's Eve. Whether you're hosting your first-ever Christmas, or have a pile of invites on your kitchen table, I'm pretty sure you'll find what you're looking for in *InStyle* this month. Happy partying!

PHOTOGRAPHS BY VICTORIA ADAMSON, REX FEATURES

Charlotte

EDITOR

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JANUARY 2016

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GEORGE MELLOR

Aka Sister Arrow, the artist and illustrator is based in London. With an eclectic mix of inspirations,

including nature, sci-fi, caves and Japan, she creates graphic, coloured paintings and prints. Florence Welch is a massive fan, commissioning her to create floral and fauna designs for her punchy album cover. This month, Sister Arrow swaps canvas for nails on page 136.



CLAUDIA WINKLEMAN

She's interviewed Julio Iglesias in the Dominican Republic, been made 'freakishly shaky' by Jennifer Lawrence ('she only said "hello" and I needed a lie down'), but Claudia's all-time favourite place to work was the old BBC building. Why? 'So many shows were made in the studios. If you stood in "the doughnut" [main block] for long enough, you'd meet a footballer, a rock star and a Teletubby.' Read the *Strictly* star's Christmas rules on page 120.



THE GREAT BEAUTY BAKE OFF. WATCH GEORGE TRY OUT THE MAKE-UP TREND AT

InStyle.co.uk



LUKE & NIK

Bristolian Luke and Eastbournian Nik first met in 2007 at uni while studying photography, and joined forces in their second year. Now, their clients include Lacoste and Victoria's Secret, but it wasn't always so glamorous. 'For our first commission, we had a small makeshift studio in Nik's garage, shooting still lifes on top of a bath,' says Luke. This month, they capture Rosie Leslie (page 108).

IN MEMORY OF JAKE BAILEY 1978 - 2015

Growing up in Salt Lake City, Jake took part in various theatrical productions, which kick-started his interest in make-up artistry. After working with set artists, he moved to New York to assist Kevyn Aucoin and Pat McGrath. By the age of 24, Jake had developed an extensive A-list client list, including Katy Perry and Taylor Swift, and collaborations with top photographers like David LaChapelle and Tim Walker. Jake sadly passed away in October. His final work was this month's cover shoot with Selena Gomez (page 98).



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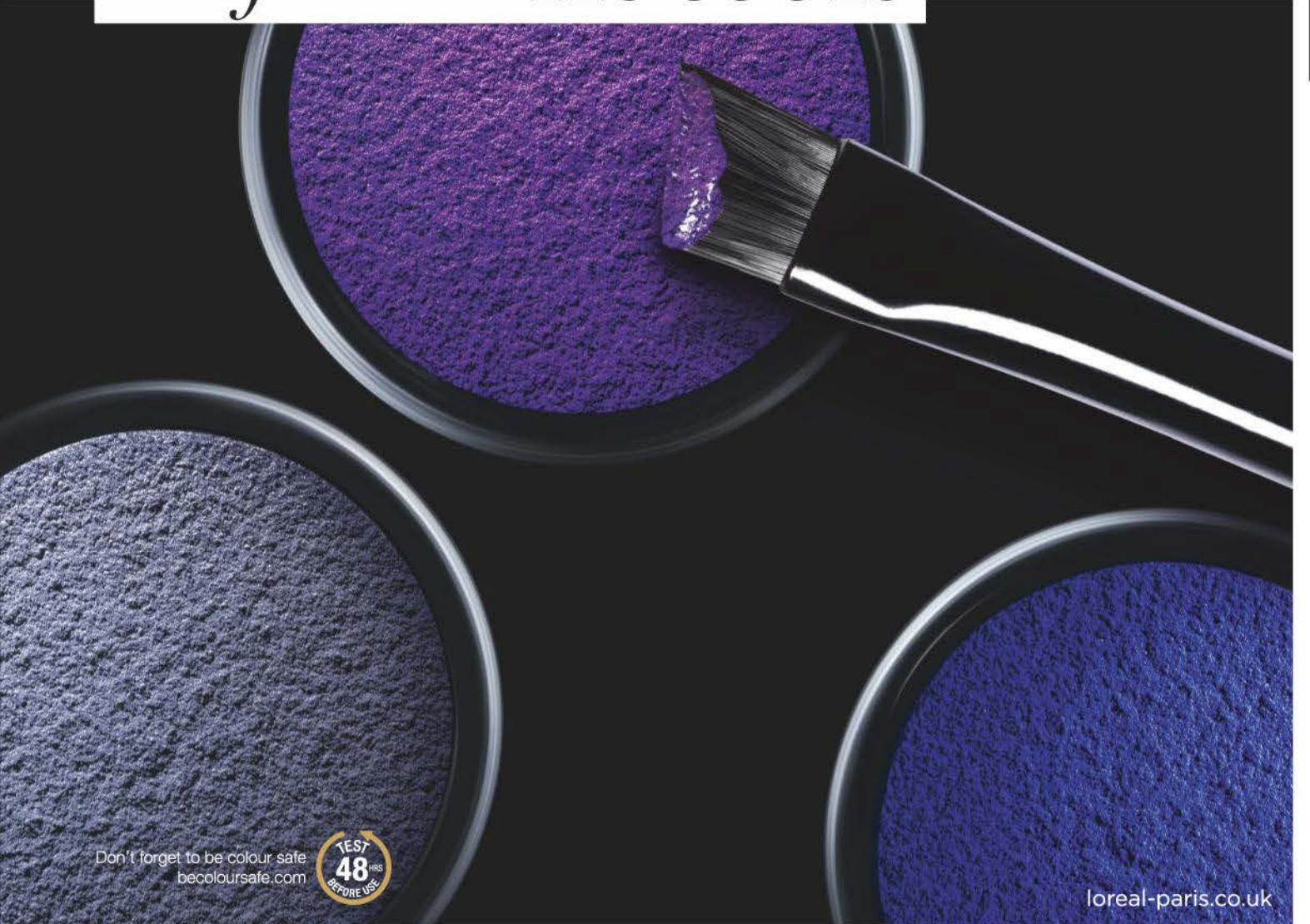
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what's now

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HANNAH ROCHELL
& LUCY PAVIA



Party, party, party...

No excuses now: it's time to get on it. But if the thought of spending party season in a sparkly bolero brings you out in hives, just look to next season's catwalks for some fresh disco inspiration – we're all about Gucci's glittery geek glasses and Ashish's sheer embroidered frocks. Meanwhile, get yourself into the zone with *Sisters*, Amy Poehler and Tina Fey's funny (and very silly) new party movie.

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what's NOW



Kylo Ren (played by Adam Driver)
The great thing about Star Wars bad guys is that they all kind of dress the same. Refresh that Sith costume with a new mask.
You'll need: monk's habit, red light saber, black leather jacket, a BMX mask.

Rey (played by Daisy Ridley)
Rey lives in the desert and wears beige, tatty clothes, so this is an easy costume to recreate.
You'll need: chinos, an old vest, a bedsheet (tea-stained and torn up).

Han Solo (played by Harrison Ford)
One for the older party-goer or fans of prosthetic wrinkles, Han has ditched his waistcoat in favour of a leather jacket.
You'll need: a white shirt, black leather jacket, black trousers.

Which **Star Wars** character from the new film, *The Force Awakens* inspires your New Year's Eve fancy-dress look?



Captain Phasma (played by Gwendoline Christie)
A female baddie is LONG overdue, and even if you're not as tall, this is the outfit that will get you the most kudos with the die hards.
You'll need: Darth Vader outfit, silver spray paint.

Poe Dameron (played by Oscar Isaac)
He's basically the new Luke Skywalker and this is the outfit to beat – utility wear is huge for s/s 2016.
You'll need: orange boiler suit (find prisoner overalls on eBay), a white waistcoat.

JESS GLYNNE party playlist



ALMOST FAMOUS
We wish we could pull off Kate Hudson's sheepskin coat and crop-top combo for Christmas cocktails.



ABIGAIL'S PARTY
Seventies finger food, British satire in bucket loads and a lot of awkward chat. What's not to love?



SISTERS
Things get out of hand when siblings Tina Fey and Amy Poehler throw one last party at their parents' house.



Sisters is in cinemas 12 December

Amy Winehouse Stronger Than Me

‘Amy is one of my biggest idols. This song showcases her energy in her lyrics and vocals.’ **Staple Singers** I'll Take You There ‘My favourite song of all time. That is all!’

Disclosure Feat Gregory Porter Holding On

‘I love Gregory Porter's voice and Disclosure know how to get a party going – this collaboration is just perfect!’ **Beyoncé**

Get Me Bodied ‘This song always gets me on the dance floor.’

Sinead Harnett She Ain't Me ‘Such a tune! Sinead is an incredible artist. I can't wait for the world to get to know her. The voice is excellent.’

Jazmine Sullivan Bust Your Windows ‘Jazmine's voice is like no other – raw, flexible, loving, feisty. She's an inspiration for me when I'm thinking of melodies and lyrical flows.’

Kendrick Lamar King Kunta ‘There are so many things I love about this track. That bassline alone is so gritty, you can't help but move.’

Jess is the new brand ambassador for Bench, top left, and is fronting its #LoveMyHood a/w 2015 campaign (bench.co.uk)





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what's NOW

NAOMI WEARS

bold colours

When you're not super-skinny you're sometimes made to feel like you should fade into the background. But you look so much more powerful in colour. It can truly change the way you feel each day.

BRIGHTLY COLOURED

high-waisted trousers give you a streamlined silhouette. They're the perfect way to start dipping your toe into the world of colour.

Jacket, Clara Martin; top, vintage; trousers, ASOS; shoes, Adidas; earrings, Moschino; bag, vintage

I'VE DECIDED TO STOP

buying black jackets and have started picking bright ones because, actually, that's all most people see of you in winter anyway, right? Don't be afraid to experiment and maybe stop traffic along the way!

Coat, Katie Eary; boots and top, both ASOS; trousers, Issey Miyake Pleats Please; necklace, Jiwinaia



TOP-TO-TOE COLOUR is one of my favourite looks ever. You can't help but ooze confidence. A little flash of white breaks up the look and makes it more doable.

Sweater, Uniqlo; roll-neck, Zara; trousers, vintage; shoes, Vans; clutch, Lulu Guinness

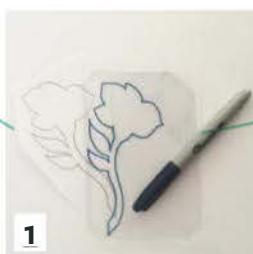


FOR MORE FASHION TIPS, HEAD TO NAOMI'S BLOG AT NAOMISHIMADA.COM

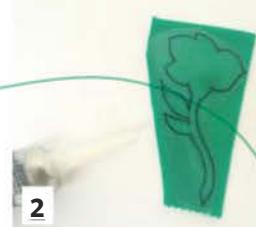
Craft genius
and Sew
Yeah blogger
Christine
Leech shows
us how to
add a bit of
sparkle to
your New
Year's Eve
outfit

Make do and trend

You will need White paper; thin plastic (a milk carton is perfect); felt in green and light green (you can use different colours but these are on trend); scissors; Sharpie Pen; Super Glue; hair clip or comb (try your local chemist); glitter



1



2

Draw two flower outlines, one slightly smaller, onto white paper. Trace larger one onto the plastic.

Next up, spread a very thin layer of glue onto the plastic. Stick to the dark green felt.



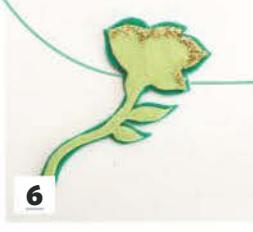
3



4

Then when dry, simply cut the outline round the flower shape.

Using the smaller paper outline, cut out a second flower on the light green felt.



5

Stick the smaller felt flower onto the larger dark green felt and plastic flower and secure to hair clip.



6

Decorate the top of the smaller flower with glitter. Then leave to dry so it sticks properly.

what's NOW



Dua Lipa Think a voice like melted caramel with the power of Adele behind it. We've already repeatedly listened to her single *Be The One* about 67 times.

WHERE STYLE STARTS

puffballs



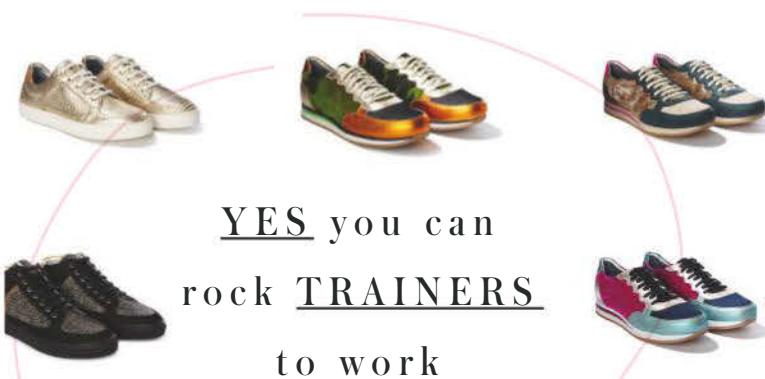
1500s AND 1600s
Trunk-hose shorts for men were the first incarnation of the puffball. Check them out!

1980s PUFFBALL SKIRT

Worn by Lady Di, your mum, and everyone in between.



S/S 2016
Skirts at Louis Vuitton, shorts at Mary Katrantzou. The puffball is definitely back.



YES you can rock **TRAINERS** to work

To say we're smitten with new sneakers brand Rose Rankin is an understatement. Here's how to wear them in the office

The brand's namesake and creative director, Rose, decided to start making trainers when she couldn't find ones that felt smart enough to wear in the boardroom when she found herself elevated to a senior position at work. The result? Beautifully constructed leather shoes that look incredibly stylish, chic and are, of course, really comfortable (tried and tested by us). Here's her advice for getting casual footwear right in the office.



silhouettes, colour and luxe textures with the rest of your outfit. Keep hair, make-up and accessories minimal and sleek.'

‘Skirts and trainers can be tricky, but our Simmy mid-tops look great with shorter hemlines or maxi skirts. For mid-lengths,

I’d opt for the Coney low-tops or Colt runners. Tights can work, especially with darker trainers, but keep it simple – avoid too many patterns or textures.’

‘Trainers are so sleek with layers of neutral tones and soft textures. They’re also great as a contrast against an all-black ensemble and look classic when paired with denim. Socks are OK and should be styled to be seen and can be a great way to add colour.’

Sneakers, from £140, roserankin.com

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SISTERS

See *Tina Fey* and *Amy Poehler*'s hot new comedy before anyone else with this great offer

Is there a more genius comedy pair-up than Tina Fey and Amy Poehler? We don't think so. This month our favourite funny women are starring in their very own movie, *Sisters*, and we're offering you the chance to see it first.

In the movie, from the director of *Pitch Perfect*, Tina and Amy play siblings, Maura and Kate, who decide to throw one last house party at their childhood home

before their parents sell it. Unsurprisingly, things get totally out of hand – think *Bridesmaids* crossed with *The Hangover*, with lots of 80s nostalgia thrown into the mix. Get your tickets to one of our exclusive screenings, taking place

nationwide on Thursday 10 December, and see it before anyone else does. ***Sisters* is in cinemas 12 December**



DON'T MISS OUT

The preview screenings will take place at:

- VUE BASINGSTOKE
- VUE BIRMINGHAM
- VUE BOLTON
- VUE CAMBRIDGE
- VUE EASTLEIGH
- VUE EDINBURGH OMNI
- VUE HARROW
- VUE ISLINGTON
- VUE MANCHESTER LOWRY
- VUE PICCADILLY CIRCUS
- VUE SWANSEA
- VUE THURROCK
- VUE WATFORD
- SHOWCASE DERBY CDL
- SHOWCASE NOTTINGHAM



To reserve your tickets, visit Showfilmfirst.com and enter code 370418

TERMS AND CONDITIONS Preview screenings are on Thursday 10 December 2015 at participating cinemas. Tickets are subject to availability and will be allocated on a first come, first served basis via Showfilmfirst.com. Each reader may claim up to two tickets. Readers who successfully book tickets must present this page with the ticket and have ID available if required. No photocopies of the page will be accepted. The tickets are not for resale. No cash alternative. No late admittance. The cinema reserves the right to refuse admission. In the event of a dispute, the cinema manager's decision is final. For full terms and conditions, visit Showfilmfirst.com.

SistersMovieUK

#SistersMovie

InStyle Collaborates

with Tabitha Webb

We teamed up with the hot new dress label to create four stunning party looks



Tabitha Somerset Webb is the go-to dress designer for celebrities who want the best fitting, most beautiful frocks on the block. Her eponymous luxury label, which specialises in timeless English elegance and signature fabrics and prints, was founded in 2013 and counts everyone from the Duchess of Cambridge to Miranda Kerr as fans. This month, *InStyle* had the unique opportunity to collaborate with Tabitha on four exclusive, beautifully flattering dresses. Like what you see? You can buy them, too...

'Navy is the perfect shade for showcasing cool boots or statement heels.'



ROBYN

BUY IT!
'Theodore' silk dress, £425

'The plunge neckline is really flattering – a new discovery for me.'



HANNAH

BUY IT!
'Kara' wool dress, £395

'I changed the fabric of the side-panels to my favourite colour, yellow.'

'I changed the wide boat-neck to a turtleneck – it's more flattering on me.'



'Adding bright blue to the sleeves gives the dress an extra-modern edge.'

ARABELLA

BUY IT!
'Edie' wool dress, £350

'At the last minute, we cut a thigh-high slit in the front – sassy!'



AMY

BUY IT!
'Amy' silk dress, £450

'I made the dress more feminine with sheer fabric and a big pussy bow.'

what's NOW



'I'm either in high heels or Adidas – nothing in between'
Trainers, £70, Adidas (zalando.co.uk)



'I don't like jeans that are too tight – I love a boyfriend cut at the weekend'
Levis, £85, Zalando (zalando.co.uk)



'I like a little Nars blusher I can dab on with my fingers'
Cream Blush, £21.50, Nars (narscosmetics.co.uk)



MY FASHION LIFE

Caroline de Maigret

The queen of Gallic cool loves high-waisted jeans, flea market shopping and picking up style tips from Instagram

Caroline de Maigret was one of the top catwalk models of the mid-90s, walking for Prada, Chanel and Balenciaga. Then in 2011 she made a major fashion comeback when her friend Karl Lagerfeld persuaded her to star in his Resort show. Since then, that oh-so Gallic uniform of slouchy tailoring, denim and bed hair have made her an Instagram hit, and she's penned the ultimate French style bible, *How To Be Parisian Wherever You Are*. Here's where all that fashion inspo comes from.

'MY FATHER WAS A POLITICIAN when I was young, so my parents were always attending big parties – this was back in the 70s when politics was a bit more glamorous than it is now. One evening, my mum came out in this long, gold-sequinned dress by Yves Saint Laurent. She looked so beautiful and cool. It really made me realise how transformative fashion could be.'

'AS A TEENAGER, I WAS INTO goth clothes and had a black transparent top, which I'd layer over everything to make my outfit look darker. I thought I was so cool!'

'THE ITEM I HAVE THE MOST OF in my wardrobe is jeans. I like Lee, Frame Denim and J Brand, and find a very high-waisted cut works best with my body shape. At the weekend, I'll wear boyfriend jeans – I don't like anything too skinny.'

'I ONLY REALLY SHOP AT flea markets and online. I hate shopping in Paris, unless I spy something I really love. I'm a bit of a window shopper like that.'

'WITH SHOES, FOR ME IT'S high or flat – but nothing in between. I'm usually wearing Nike or Adidas trainers during the day, then I'll change into some high boots or my Chanel Salome heels – they're super-comfortable, which is so rare with a high heel.'

'I'VE BEEN WORKING WITH KARL Lagerfeld for 20 years. He's been a touchstone for my entire career. You can see how loyal he is by looking at how he treats the people around

him. He's kind but also very smart, so if you ask him a stupid question he'll make a joke.'

'I'M SURE SOME BRITISH GIRLS find French style boring. It's a look I was raised on, but that doesn't mean it's the best way of dressing, and sometimes I'm jealous of the eccentric way you British put outfits together. For me, the biggest fashion faux pas would be to do nothing at all.'

'SOCIAL MEDIA GAVE ME A VOICE. As a model, I was only an image, but now I can give people a glimpse of my personality. Looking at street style on Instagram is a great way to get ideas – it's not just about what to wear, but how to wear it.'

'CHARLOTTE RAMPLING AND JANE BIRKIN made fashion interesting to me, because their style enhances who they are, so you're looking at them, not the clothes. I want people to remember what I've said, that we had a laugh together, not just what I was wearing.' *Caroline De Maigret is one of the cast of the Zalando Share Your Style campaign*



CATANIA EARRINGS. STERLING SILVER AND ZIRCONIA, 18K ROSE GOLD PLATED



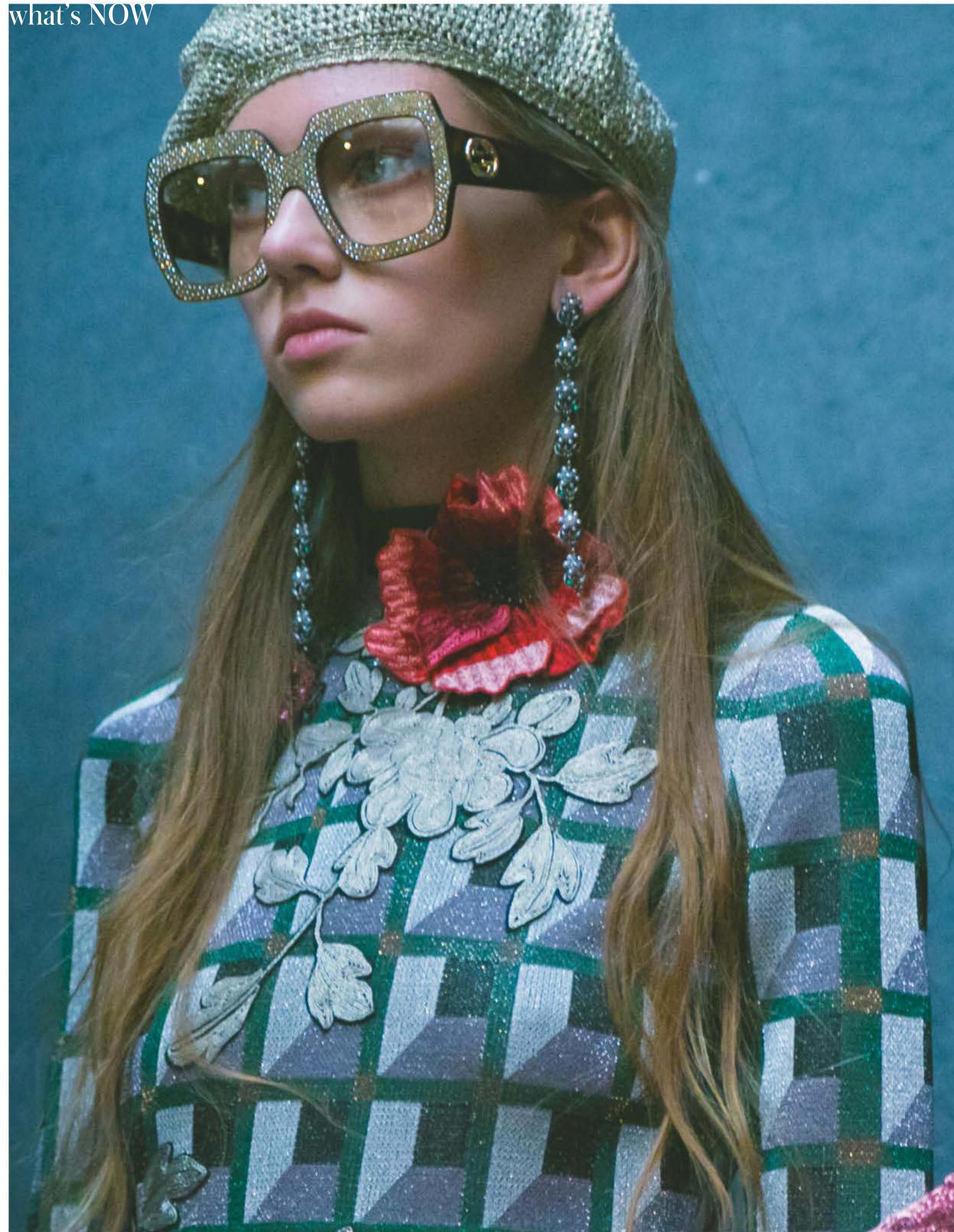
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what's NOW





INSTYLE ACCESS

Gucci S/S 2016

WHEN 23 October 2015.

WHERE A disused train platform, Milan.

WHY Since Alessandro Michele took the helm at Gucci a mere eight months before this second mainline women's collection,

it's become the hottest show in Milan. His now trademark geek chic was ramped up to disco factor with glitter glasses, bauble earrings and lurex knitwear. And it wasn't just the clothes. Our invitations were made of beautiful pink lace and the catwalk was a carpet covered in snakes and flowers, designed by Mr Michele himself.

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INSTYLE
PICK

THE TIES THAT BIND

Back in September, the frow was abuzz when Christopher Kane sent his models down the catwalk wearing colourful cable ties adorned with his name. And the really good news? They're now available to buy in a pack of three as stacking bracelets, bag tags or hair ties for £30 (christopherkane.com)



FASHION CUPBOARD CONFIDENTIAL

NICK SPENSLEY
ON WHAT'S LANDED THIS MONTH



what's NOW

BAG YOUR NEW MAN

Fab Parisian accessories designer Jérôme Dreyfuss has just opened his first store on London's Berkeley Square. As well as some cool trainers, above, you can also nab one of his totally covetable bags. Favoured by Beyoncé and SJP, each one is given a male name, so you can find your perfect crush. Bags from £290 (jerome-dreyfuss.com)

NOTES FROM THE FASHION DESK



PUSH THE ENVELOPE

Admit it, we've all got our go-to pieces – the perfect sweater or those just-right fitting jeans. And this month, Hugo Boss brings you its new luxury staple bag. Somewhere between a clutch and a tote, it's an effortlessly chic offering that'll take you from day to night. From £425 (hugoboss.com)

COOL COLLABS WE LOVE A LINK-UP

AQUAZZURA X POPPY DELEVINGNE

Don't miss Poppy Delevingne's new shoe collection for Aquazzura. Inspired by her travels, it includes embellished flat sandals and knee-high boots. Prices from £395 (aquazzura.com)



MAX MARA X MAYA HAYUK

The artist Maya Hayuk has teamed up with Max Mara to create limited-edition sunglasses cases for the brand's fab eyewear range. Sunglasses and case from £149 (maxmara.com)



SALVATORE FERRAGAMO X EDGARDO OSORIO

In a nod to its 100 years in Hollywood celebration, Salvatore Ferragamo's new shoe range by Edgardo Osorio features 11 styles that channel the house's designs. From £545 (ferragamo.com)



WHAT Cardigan, £189, Jigsaw (jigsaw-online.com)

WE LOVE The long chunky wool wrap.



WHAT Denim jacket, £140, Miss Sixty (misssixty.com)

WE LOVE The snazzy patches.



WHAT White ceramic watch, from a selection, Bell & Ross (bellross.com)

WE LOVE The all-white face and strap.



what's NOW



Signature cocktails, pizza and old school garage... just a few of Jaime Winstone's tips for throwing the perfect do

With her infectious laugh and last-on-the-dancefloor spirit, Jaime Winstone is pretty much the woman everyone wants at their party. So what was she going to do for her own big 3-0 bash? Unsurprisingly, it wasn't a sedate sit down dinner for 12 at The Savoy, but instead, a festival-cum-rave dubbed 'Winstock' at her Essex home with 300 friends. In between party preparations (which involved inflating giant blow-up flamingos for the indoor pool), we asked Jaime for all the info on what she thinks makes a perfect party – and why you should never ever show up in your flip-flops.

START OFF CLASSIC

'Believe it or not, I like to put on classical music when I'm getting ready. Then I'll pour myself a glass of champagne and take time doing my make-up. I hate being rushed.'

Keep it classy, or as my friends would say: 'Keep it couture'!'

GET READY WITH YOUR MATES

'There is a very frustrated stylist inside of me, so I love dressing up my friends. I'm a real pile-it-all-on sort of girl, but they're good at reining me in if it gets too much.'

IT'S NOT FASHIONABLE TO BE LATE

'I'm a Virgo, so I like people turning up on time. Obviously if you're going to a club, you know to arrive three hours after it's opened, but if it's a friend's birthday then I think you should get there when they've asked you to.'

INVENT A SIGNATURE DRINK

'We have a joke cocktail in our group of friends called a "Preside Yourself". It's a mixture of prosecco and cider. It's weirdly

nice – the prosecco keeps it from being too sweet. I'm pregnant right now, so I'm on the Shirley Temples [ginger ale and grenadine].'

GET CREATIVE WITH YOUR THEME

'My 30th was basically a mini festival. We had a giant tent, a merry-go-round and the theme was psychedelic major rave. The dress code baffled some people, but I like it when a theme is open to interpretation. I had a few outfit changes, but I wore loads of Wildfox – they do brilliant slogan knitwear and everything's really easy to dance in.'

KEEP THE FOOD PLENTIFUL AND SIMPLE

'I'm not pretentious with party food. For me, it's about people getting fed, so I'll do loads of pizzas or a barbecue. I think my friends know by now that if they want something else, they'll have to eat before they come!'

THE PEOPLE MAKE THE PARTY

'I've got a brilliant crew. [Jewellery designer] Hannah Warner is pure gold, [musician] Robbie Furze has excellent chat and Melanie Blatt is my dance-off partner.'

KEEP THE CROWD TOGETHER

'At a lot of parties, I get wedged into a VIP area with a weird rope that separates me from other people. But the best parties are the ones where everyone mixes together.'

NO SILLY FOOTWEAR

'I don't get it when people wear flip-flops to a party. They look ridiculous. I'm not a big heels girl either – for me, it's Dr Martens or serious kicks to get me through the dancing.'

NO DJ EGOS ALLOWED

'There's nothing worse than a bad DJ who gets into their own zone. My perfect playlist would start with disco, follow up with some old school garage, then end on a bit of jungle.'

AT THE END OF THE NIGHT

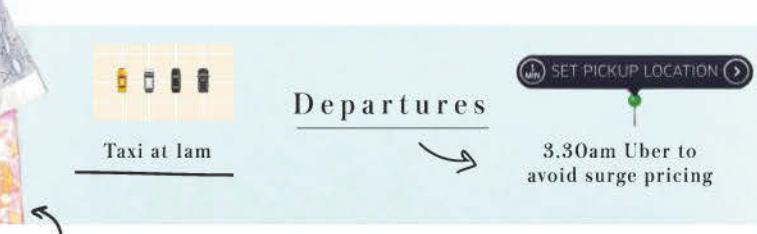
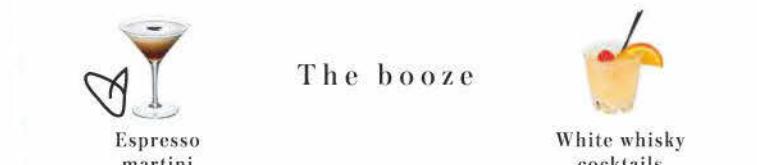
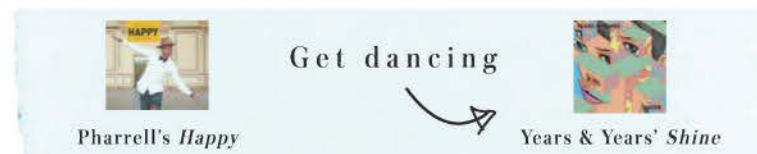
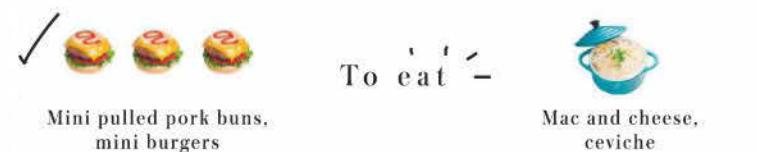
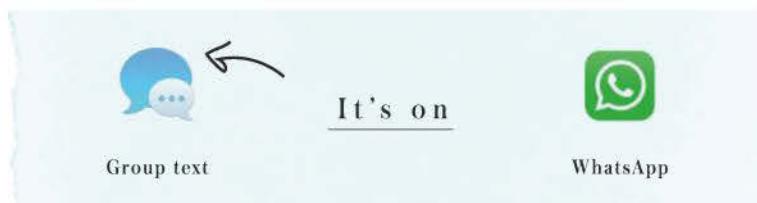
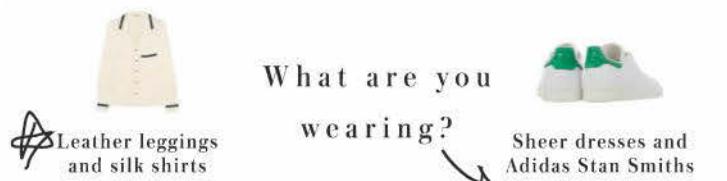
'My boyfriend is excellent at mixing up those "anything goes" punches with whatever's left to drink. He always knows what to put together – they're pretty killer.'

Jaime hosted Winstock in partnership with Wildfox, available at Selfridges and wildfoxcouture.com

INTERVIEW BY LUCY PAVIA. PHOTOGRAPHS BY SONNY VANDEVELDE, JASON LLOYD-EVANS



PARTY STYLE



Jaime's outfit at her 30th birthday party was the Wildfox Disco Star beach jumper, £100, exclusive to Selfridges (selfridges.com), and Wildfox Fontaine sunglasses, £159 (wildfoxcouture.co.uk)

Have I found The One yet? No, but these Gucci clogs are rather nice...

She Said

Is it going to go?" I say apprehensively, taking a deep breath in and pressing my stomach, while my friend Carrie yanks up the zip on the back of the dress. It reaches the top. Exciting! We look at me in the mirror. 'Hmm,' I say. 'Take some photos.' She shuffles back into the corner of the fitting room while I stand on tip-toes in my trainers, posing from the front, side and back. I look like Lily Allen in 2006. In my mind, I recite, 'I don't rely on mirrors, so I always take polaroids' and feel reassured that, as with most things in life, there is a line from *Clueless* to support any decision.

'It's lovely,' purrs Carrie in her gentle Edinburgh accent. 'I can't really move my arms,' I say, moving them a little, frightened that the seams of tulle will give way. 'It is lovely,' I say, 'but it's also quite, I mean, obviously it's fabulous. But also quite, well, bridal? I mean, this might as well be a wedding dress.'

It is a Simone Rocha nude tulle prom-style dress with delicate frills and red embroidery scattered across it. It's divine in most ways. 'I think I look quite sweet and cute, and bride-like, right?' 'Right,' says Carrie. 'Except, I don't think I want to look sweet or cute. I think it needs to be more... dramatic. More glamorous!' I wave my arms, signalling for her to unzip me. 'I just don't know,' I sigh loudly.

We are shopping for a dress. Not just any dress – a wedding dress. Or rather, a dress to wear to my wedding, as I'm opposed to anything that's officially 'bridal'. And yet I can understand why one might throw in the towel and head straight to the nearest store full of froth and made-to-measure promises. A friend of mine described a

wedding as your own personal Met Gala moment, which made me very tense as everyone at the Met Gala looks atrocious. I feel a strange obligation to wear something lightly hued ('Are you sure you don't want to wear a wedding dress?' implored my mother. 'But it will be a pale dress, won't it?' followed my mother-in-law-to-be). The mums have got to me. But, in a season full of dark, gothic damasks and metallic lamés, that basically leaves one colour: pink.

In Selfridges, I gently caress a candy-coloured, spaghetti-strap Prada mini with artful embellishment. 'If I was richer and thinner, I'd just wear that,' I say. As we wander over to purr over an astoundingly ideal Comme des Garçons black coat, something suddenly occurs to me. 'You know what's really irritating? For the money I'm about to spend, I would much rather

'For the money I'm about to spend [on a dress to wear to my wedding], I'd rather have this Comme des Garçons coat'

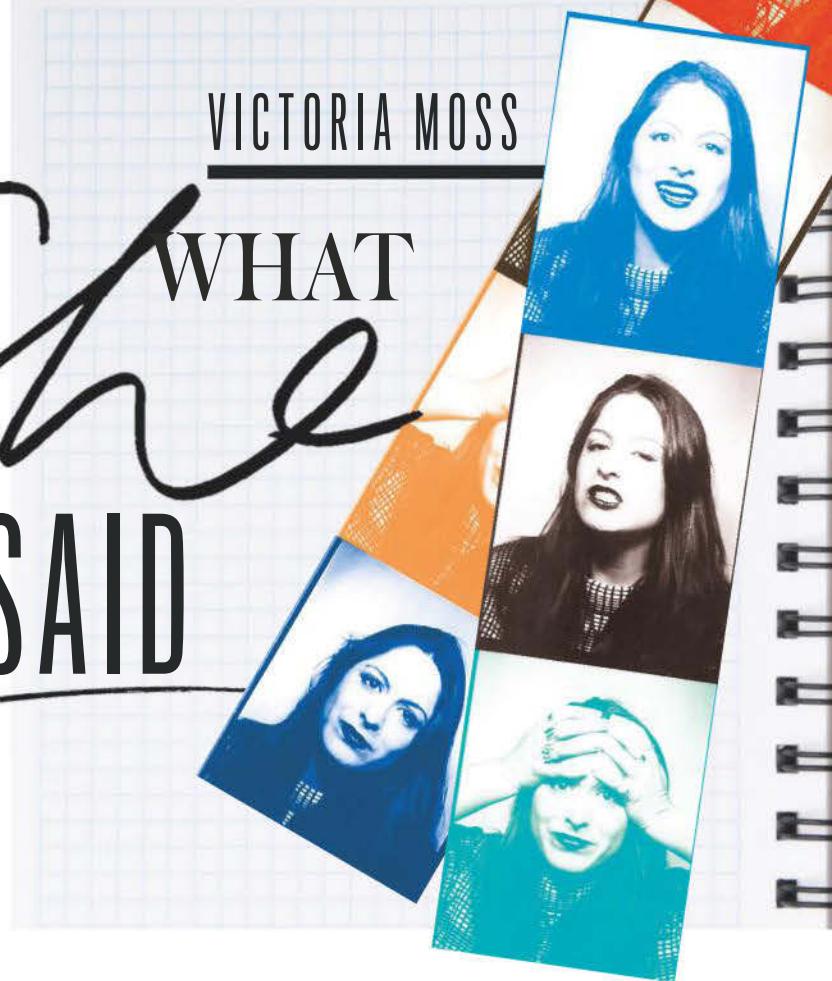
have this coat, that Dries van Noten faux goat-hair jacket, or this Mary Katrantzou cardigan – or,' I gasp a little, 'THIS Céline badger-print blouse rather than any stupid dress. That Comme coat would be much more useful. Maybe I can just wear a coat!' Carrie looks unsure and points out a couple of Erdem gowns. 'Try these,' she instructs.

I swirl around the changing room in the Erdems and have a Goldilocks moment: one is too white, the other, too dark. 'It must be fun being famous and getting to wear these things all the time,' I muse, almost tripping up over the skirt.

We take a break and cruise through the shoes. I pick out all of the ones I'd like if it wasn't for this stupid dress. 'Although,' I say, 'I will need some shoes to wear with the dress.' 'You need to get the dress first,' says Carrie. 'Yes, I see that,' I say, picking up a pair of red suede Gucci clogs. 'Look at these!' Carrie looks a little nonplussed. 'These are amazing!' The salesgirl comes over and it seems rude not to ask if they have any left in my size. 'They're ever-so comfy,' I say. 'They're ever-so expensive...' adds Carrie. I stroke them a little and tell the salesgirl that I'll have a stroll and a think about it.

We go for a glass of rosé to mull over the prospective dress options. None seem quite right.

Carrie starts talk of a skirt and top idea, which seems interesting, and yet also double the effort. 'I just don't know,' I sigh dramatically. In an Uber on the way home, I check my email and see one from Matchesfashion.com, alerting me to the new Gucci collection that has 'just landed'. Reader, I bought the clogs.





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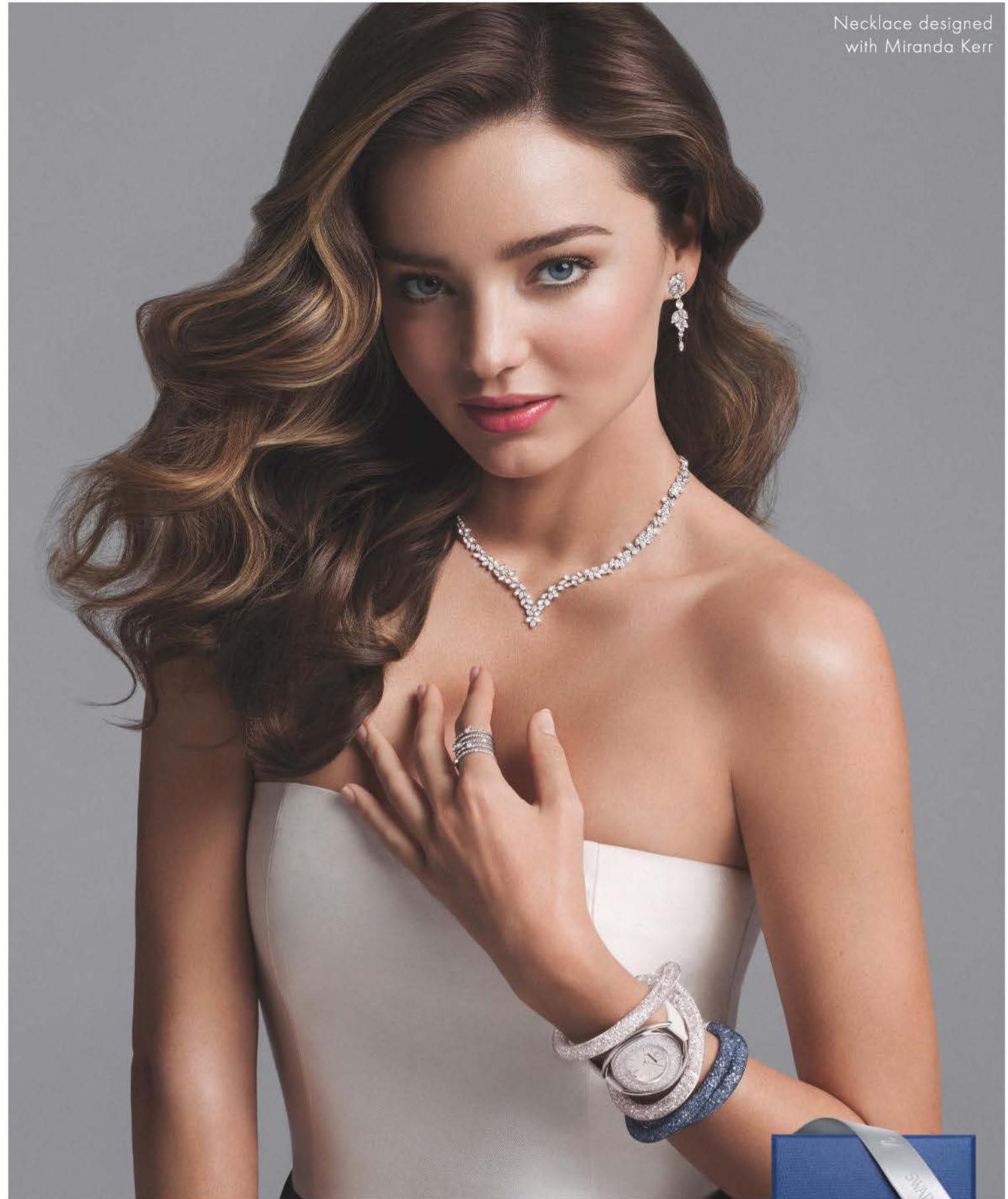


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Necklace designed
with Miranda Kerr


SWAROVSKI





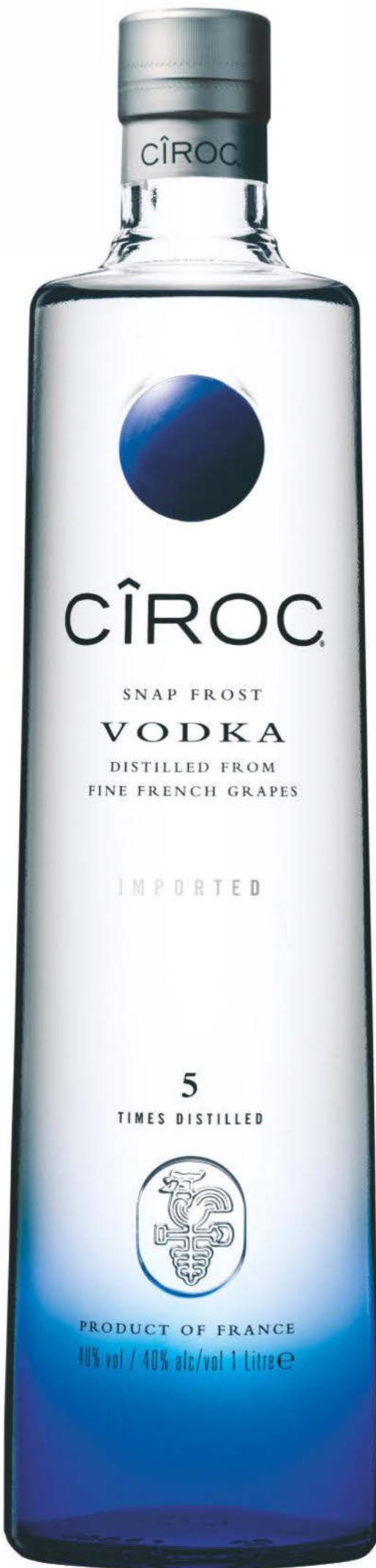
On Arrival

Johannes Huebl photographed over the Alps
exclusively for Cîroc Vodka—Austria



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Waves



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volume

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the look

EDITED BY

LUCY PAVIA

2015
best dressed

Whether they're grabbing a skinny latte or working the red carpet, when it comes to style, this lot make it seem easy.

We salute the A-listers who've inspired us this year

WEATHER PROOF

FROM MORNING TO NIGHT

TO NIGHT

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Also in
handy
handbag
size.



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UK's no.1 Styling Brand[†]

Express yourself with
Ultimate Hold Hairspray

**BEST FOR
SCRUBBING UP**

**Cara
Delevingne in
Saint Laurent**

As she's made her movie-star transition,

Cara's lost the tracksuit bottoms and embraced the glamour. Check out that strut.



**BEST FOR... STILL
GOING STRONG**

Iris Apfel in Desigual

She's 94, she sits front row and she loves a splashy print. For this – and many other reasons – Iris Apfel is boss.



**BEST FOR...
EFFORTLESS EDGY**

Zoë Kravitz in Calvin Klein

This one's got a nose for cool, whether she's strolling around New York in flatfoms or going minimalist at New York Fashion week in frayed Calvin Klein.



**BEST FOR...
BREAKING THE MOULD**

Mia Goth in Prada

For having the balls to team a Prada dress with a long grey cardigan. We don't know why it works, but it does.



**BEST FOR...
RED-CARPET CASUAL**

Kristen Stewart in Chanel

We love the new short hair and the way she swaps her heels for trainers as soon as possible, even when she's attending her own premiere.



BEST FOR... OFF DUTY COOL

Emily Ratajkowski in Luv AJ and Free People

Her Instagram feed might be proof of how ridiculously good she looks in a bikini, but it's for her laid-back 'kicking around LA with a soy latte' style that Emily gets our vote.

BEST FOR... STYLISH POISE

Julianne Moore in Givenchy

Tom Ford's muse regularly disproves the whole 'redheads shouldn't wear red' rule, and no one looks better in a long velvet dress.



BEST FOR... VERSATILITY

Gigi Hadid in Frame Denim

One minute she's doing butter wouldn't melt Hilfiger preppy, the next she's strutting about with Kendall in a spray-on Balmain bodycon. Yep, the model of the year can pull off pretty much anything.



BEST FOR... NEW ELEGANCE

Alexa Chung in Shrimps and Jacquemus

The woman who made a Barbour and brogues cool has gone a bit Uptown Girl this year with a new uniform of crisp shirts, midi-length skirts and heels. We like it.



the LOOK

BEST FOR...

KILLING IT ON THE RED CARPET

Alicia Vikander in Stella McCartney

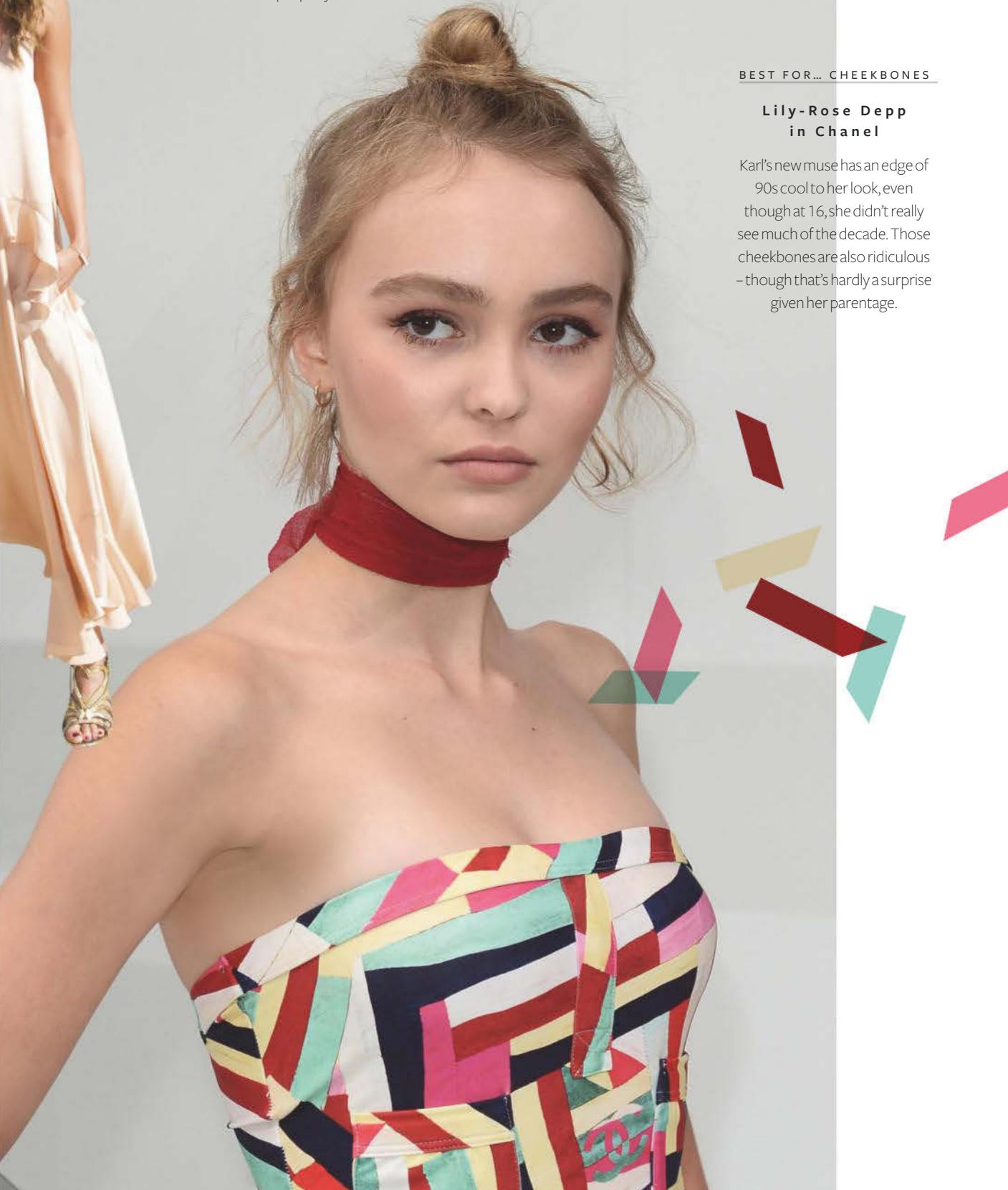
With roles in three Oscar-tipped films, Alicia has hardly been off the red carpet this year. Expect more immaculate style to come when awards season kicks off properly next month.



BEST FOR... CHEEKBONES

Lily-Rose Depp in Chanel

Karl's new muse has an edge of 90s cool to her look, even though at 16, she didn't really see much of the decade. Those cheekbones are also ridiculous - though that's hardly a surprise given her parentage.



the LOOK

BEST FOR... BREAKING THE RULES

Suki Waterhouse in Temperley London

There's a rebellious Brit-girl cool to Suki's red-carpet style: it's never too obvious, never too polished and she never minds taking a risk.



BEST FOR... ALWAYS
LOOKING
IMMACULATE

Victoria Beckham in her own design

As her award-winning label goes from strength-to-strength, Queen VB regularly proves she's its most stylish ambassador.



BEST FOR... MAKING IT LOOK EASY

Naomi Watts in Elie Saab

A seasoned movie star, Naomi's red-carpet style always looks natural—even when she's really going for it in a feathered Elie Saab gown.



BEST FOR...
CONSISTENCY

Olivia Palermo in Carolina Herrera

Will Olivia ever be off our best-dressed list? We doubt it. As ever, she strikes a perfect balance between New York-girl glossiness and a serious nose for fashion.



BEST FOR... OFF-SCREEN
TRANSFORMATION

Maisie Williams in River Island

We've got a major soft spot for this *Game Of Thrones* star. Despite being only 18, off-screen, Maisie has a chic, ladylike vibe that feels completely her own.



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the LOOK



BEST FOR... FUTURE STYLE
ICON POTENTIAL

Kiernan Shipka in Valentino

Seemingly out of nowhere, she's gone from the little girl in *Mad Men* to a young, stylish ingénue. Though it's obvious she loves high fashion, she always keeps it fun and age-appropriate.

BEST FOR... MAKING
A STATEMENT

FKA twigs in Christopher Kane

Ms twigs never goes for the obvious, whether it's a dress made of feathers or a quirky Christopher Kane number (spot the phallic symbol).



BEST FOR...
I WOKE UP LIKE THIS

**Sienna Miller
in Victoria Beckham**

She always looks like she's thrown the dress on, given her hair a zhush and strolled out the door looking boss.

The glowy skin and smile help.



BEST FOR... BRINGING THE FUN

**Poppy Delevingne in
Topshop Unique**

Because it's not really a party until Poppy shows up. We love the new peroxide hair and the edge of Studio 54 babe she brings to every look.



BEST FOR... SHARP DRESSING

Tilda Swinton in Haider Ackermann

There aren't many women confident enough to walk in front of the world's cameras without a scrap of make-up on, but then Tilda isn't most women.





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your look



Party looks inspired by classic movies;
easy ways to help your man up his style game;
plus, luxe pieces for instant uptown chic



SCANDINAVE

Swiss Movement - Stainless Steel
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your LOOK



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£65, River
Island
(riverisland.com)

TIE WAIST
£199,
By Malene Birger
(bymalenebirger.com)



BAG
£350, Aspinal
of London
(aspinaloflondon.com)



TRAINERS
£209, Claudio Pierlot
(claudiopierlot.com)

your LOOK

ANATOMY OF A LOOK

Take one bold-print skirt, add a cosy knit and a pair of pristine white shoes and you have yourself one very hot winter outfit



THE ROLL-NECK

From left, £18, Next (next.co.uk); £180, Eric Bompard (eric-bompard.com); £18, Warehouse (warehouse.co.uk)



THE SKIRT

From left, £1,950, Victoria Beckham (net-a-porter.com); £250, LK Bennett (lkbenett.com); £35, Marks & Spencer (marksandspencer.com)



THE SHOES

From left: £65, Adidas (schuh.co.uk); £12, Matalan (matalan.co.uk); £300, Tibi (tibi.com)



Ultimate Blends

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BLENDED WITH ROYAL JELLY
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collection for damaged hair
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and *restored*.



Blended for naturally beautiful hair

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garnier.co.uk/ultimateblends

What's your party decade?

Get dance-floor ready by taking inspiration from the coolest movies from *Yellow Submarine* to *Trainspotting* – yes, really



Austin POWERS

WHY IT WORKS Make like 60s model Edie Sedgwick and throw a fluffy coat over a printed jumpsuit. So wrong, it's right.

TIP Team with chunky retro heels for mega-long legs.



Yellow SUBMARINE

WHY IT WORKS For Twiggy vibes, you've got to get your pins out, but this dress is slightly more generous on length – #bonus.

TIP Oversized accessories accentuate the cartoonish look.

70s



Saturday night FEVER

WHY IT WORKS Nothing says 70s disco queen, Bianca Jagger, like a white blazer. Add a sparkly top for Studio 54 perfection.

TIP Platforms are essential with flares of this calibre.



Almost FAMOUS

WHY IT WORKS The 70s were all about volume and length, and this outfit has it all. Belt the coat for waist definition.

TIP Swap the dress for jeans and a T-shirt. Versatile.

80s

INSTANT STYLE



DRESS
£280, Maje
(uk.maje.com)



SHOES
Any heel height,
but it HAS to be
a pixie boot. £29.99,
Public Desire
(publicdesire.co.uk)



BAG
£198, Diane Von
Furstenberg
(dvf.com)

TOP
£25, Next
(next.co.uk)

TROUSERS
£356, Filles A Papa
(fillesapapa.com)

BOOTS
£34.99, Public Desire
(publicdesire.co.uk)

Working GIRL

WHY IT WORKS Power shoulders, ruching and red. It's hard not to hear Chris De Burgh in your head with this 80s classic.

TIP A metallic bag shows you mean business.

Desperately SEEKING SUSAN

WHY IT WORKS Madonna was at full-strength cool when she was all black, mesh tops and chewing gum.

TIP Make sure your boots have a pointed toe.

your LOOK



There's Something ABOUT MARY

WHY IT WORKS Everyone loved a shift dress in the 90s. Dress up with some faux fur, or down with a white T-shirt underneath.

TIP No stilettos, please – it has to be a block heel.



TRAINSPOTTING

WHY IT WORKS Ah, the 90s... when everything was brighter, larger than life, and a clash of silver and yellow sportswear.

TIP Swap the crop top for a longer length if you want more coverage.

reader OFFER

FREE MURAD BEAUTY GIFTS

Enjoy three fabulous softening and hydrating products when you spend £30 or more

WORTH OVER
£60

World-famous dermatologist Dr Howard Murad founded his skincare brand on the belief that true beauty starts with a healthy complexion. There are specially formulated products to target every skin problem, so it's no surprise that celebrity fans such as Fearne Cotton and Emily Blunt have totally amazing skin – and now you too can get that Murad glow.

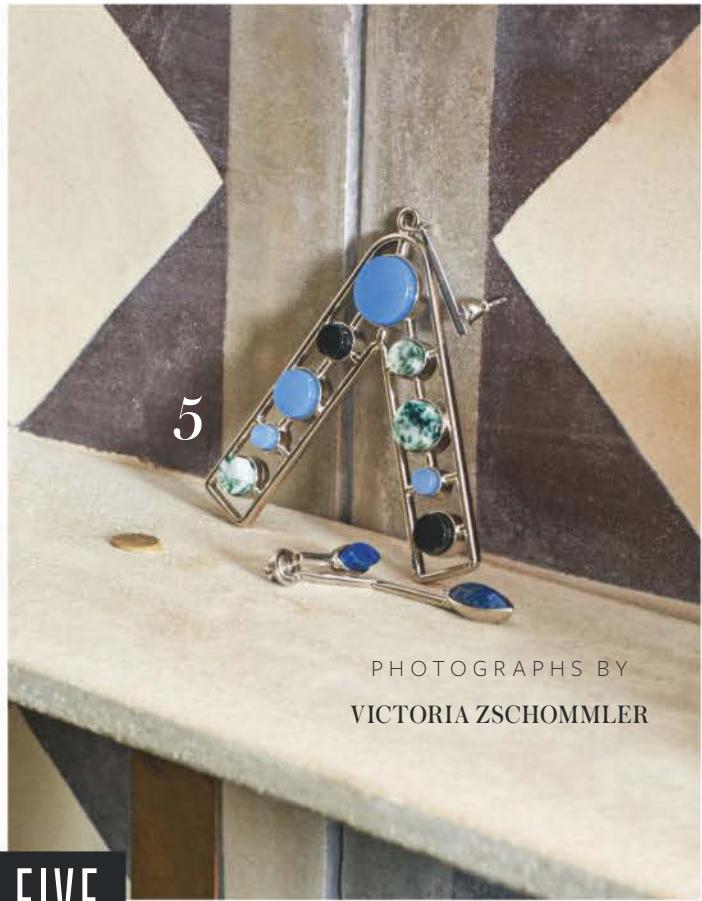
This month, *InStyle* has teamed up with the brand to bring you three gorgeous products, worth over £60, to hydrate, protect and perfect your skin. This fabulous trio of skin saviours includes Murad's bestselling full-size Perfecting Day Cream SPF 30 (50ml) – a lightweight moisturiser with powerful antioxidants that provides serious hydration to smooth fine lines for softer, visibly younger-looking skin. The new Rejuvenating AHA Hand Cream (30ml) plumps winter-weary hands, instantly making them look younger. There's also a chance to try Invisiblur Perfecting Shield (5ml), an award-winning, anti-ageing treatment with an invisible sunscreen that blurs, primes, moisturises and protects all in one step, to give you a smooth, flawless complexion.

DON'T MISS OUT

To claim your skincare gifts, simply visit murad.co.uk, spend £30 or more across the website, then enter the offer code **MURADYOUTHFUL** at the checkout.

TERMS & CONDITIONS Gifts included when you spend £30 or more on murad.co.uk, using the correct code. Offer is valid until 15 January 2016. Only available while stocks last and subject to availability. Offer is not valid with any other offer or promotion. Strictly one promotional code may be used per order. A purchase must be made in order to take advantage of this offer.

Murad®



THE FAB FIVE

Give your wardrobe a mid-season lift with a dash of camel and blue – a/w 2015's coolest hues

1. **CHOKER** £95, Michael Kors (020 7659 3550) 2. **SHOES** £380, 3.1 Phillip Lim (020 7591 1320) 3. **SHOES** £400, Sportmax (matchesfashion.com) 4. **SUNGASSES** £238, Burberry Gabardine (sunglasshut.com) 5. **EARRINGS** From £410, both Christian Dior (020 7172 01 72)

PHOTOGRAPHS BY
VICTORIA ZSCHOMMLER



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FRASER HART
FINE JEWELLERS SINCE 1936

The image shows a woman on the left wearing a tan trench coat over an orange tie-dye dress and black boots. To her right are four variations of a tan double-breasted jacket, three variations of an orange dress, and two pairs of black boots. Below these items is a smartphone displaying the Snap Fashion app interface.

CHOSE A COLOUR

Match It

Clash It

Mix It Up

Be Bold

Download on the App Store

Shop fashion in a Snap

Have to have it? Snap the look you love and we'll find you similar items in seconds. Match it, clash it, mix it up or be bold. With Snap Fashion, you're sure to find what you're looking for. And the bag to go with it too.

SNAP FASHION

Q&A

#ASK HENRY

Got a burning fashion question? Our columnist **Henry Holland** comes to the rescue with some spot-on style advice. Trust him – he's a professional

Q I'm looking for a cross body bag for party season, so I don't have to dance around my handbag. Any ideas for something blingy and hands-free?

ROSIE, SOUTHEND-ON-SEA

A Cross body bags are a no-brainer if your night will involve lots of dancing. One of the bags of the season is the Gucci Soho Leather Mini Chain Bag with the tasseled pull. The bold red is perfect for party season and it's a great size for carrying your essentials. Or try House Of Holland's a/w 2015 festive green

STYLING BY EMMA HARGADON. PHOTOGRAPHS BY JASON LLOYD-EVANS, GETTY IMAGES



Hands free:
Gucci's Soho
Leather Mini
Chain bag

BAG
£65, & Other Stories
(stories.com)

BAG
£360, House
Of Holland
(houseof
holland.com)



Q I've seen lots of people wearing plain white trainers, but I'm not sure how to style them. Any tips on what to wear them with to stay chic?

KAREN, CHELMSFORD

A The great thing about white trainers is that they are clean, simple and versatile, and therefore easy to pull off. Pair them with a wide-leg trouser, long shirt and boyish blazer. Alternatively, you could go for the minimal Scandi look. I think the key thing here is to not overthink it.



TRAINERS
£90, Lacoste
(lacoste.com)



TROUSERS
£128, ME+EM
(meadem.com)

CHLOÉ

Chloé does
sports chic for
s/s 2016



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Stockists may vary. 1. Includes biotin which contributes to the maintenance of normal skin. 2. Includes zinc which contributes to the maintenance of normal hair. 3. Includes selenium which contributes to the maintenance of normal nails.

*No. 1 skin, hair and nails supplement formula. Nielsen GB ScanTrack Total Coverage Value Sales 52 w/e 25th April 2015.



VITABIOTICS
WHERE NATURE MEETS SCIENCE

your LOOK



Jewelled red velvet is the ultimate in decadence

£130.20, Pretty Ballerinas (amazon.co.uk)



£185, Russell & Bromley (russellandbromley.co.uk)



£600, Manolo Blahnik (manoloblahnik.com)



£62, Miss Selfridge (missselfridge.com)



£295, Sophia Webster (sophiawebster.com)

SHOES WE LOVE FANCY FLATS

Think beyond the sky-high heel. These have the wow factor and let you dance till dawn. Bonus



£605, Valentino (net-a-porter.com)



£20, Shoe Box (very.co.uk)



£68, Topshop (topshop.com)



£435, Tabitha Simmons (tabithasimmons.com)



TABITHA SIMMONS



£99, Carvela (kurtgeiger.com)

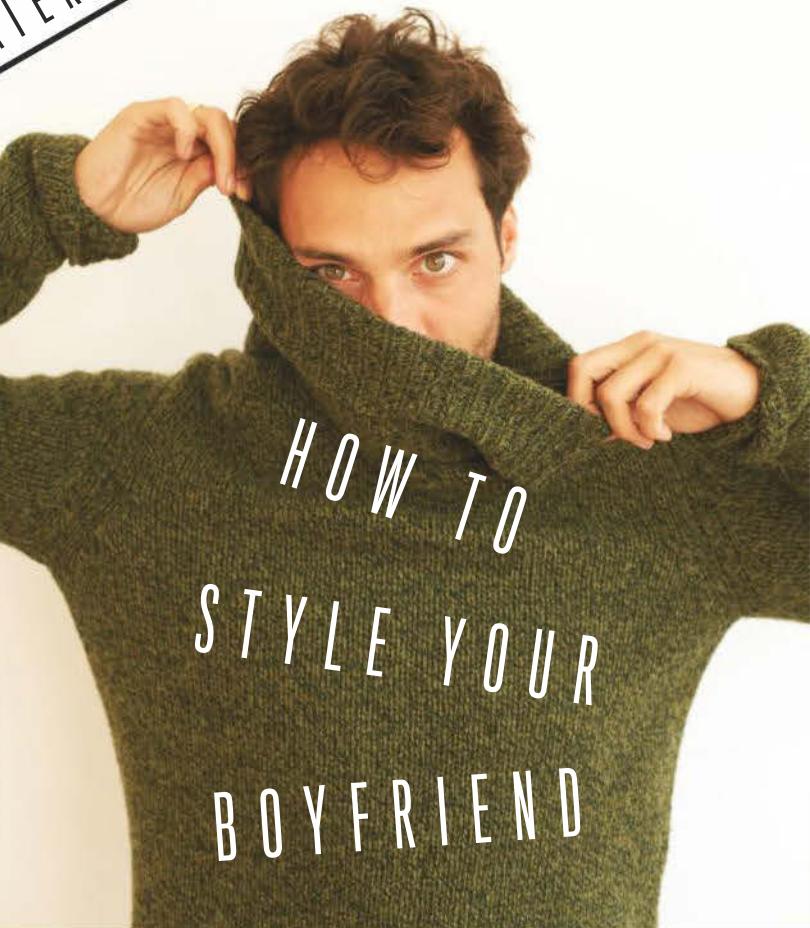


FEELING FLATS?
WATCH HANNAH
ROUND UP THE BEST
EVERY WEEK IN HER
#FRIDAYFLATS VIDEO

InStyle.co.uk

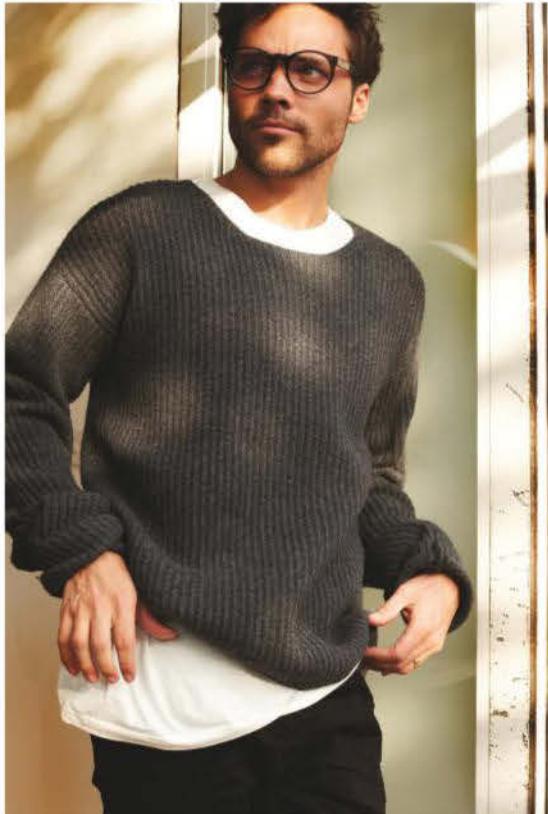
SWEATERS

HOW TO STYLE YOUR BOYFRIEND



This page, clockwise from far left, Andy wears sweater, £210, No.21 (brownsfashion.com). Sweater, £165, Blk Denim (harveynichols.com). Sweater on shoulders, £395, Margaret Howell, (margarethowell.co.uk); top, £22, Next (next.co.uk); jeans, £210, Frame Denim (oki-ri.com); watch, £625, Raymond Weil (raymond-weil.com); ring, worn throughout, Andy's own; sweater, £260, Rag & Bone (020 7730 6881); T-shirt, £25, Jam Industries (jam-industries.co.uk); jeans, £169, J Brand (selfridges.com); glasses, £180, Hyde's Spectacles (hydespectacles.com)

Behind a well-dressed man is often a woman getting hardcore on his wardrobe... *InStyle*'s shopping editor Robyn Kotze gives boyfriend Andy Jordan a style refurb



ROBYN'S RULES

'If he's wearing a jumper draped over another, make sure he goes for a different colour and never knots the sleeves'



PHOTOGRAPHS BY ISAAC MARLEY MORGAN



ROBYN'S RULES

✓ 'I'd hate it if Andy wore boot cuts or wide legs - straight legs and slim fits are timeless and WAY more flattering'

Far left, T-shirt, £45, Samsoe & Samsøe (samsoe.com); jeans, £169, J Brand (selfridges.com); shoes, £375, Louis Leeman (louisleeman.com); watch, as before; bangles, £165, Le Gramme (mrporter.com)
 Left, shirt, £39.95, Massimo Dutti (massimodutti.com); jeans, £179, AG (mrporter.com); shoes, £85, Ugg (uggaustralia.co.uk)



ROBYN'S RULES

'Get him to make the turn-ups on his jeans look kind of accidental; it's always better not to look like a try-hard'



Above, shirt, £155, Orlebar Brown (orlebarbrown.co.uk); white shirt, £50, James Perse (02036179430); jeans, £139, and shoes, £149, both Oliver Spencer (oliverspencer.co.uk).
 Right, jacket, £200, Stutterheim (stutterheim.com); jeans, £210, Frame Denim (oki-ni.com); shoes, £149, Oliver Spencer (oliverspencer.co.uk)



JACKETS

ROBYN'S RULES

'Andy's a laid-back kinda guy. It's nice to reflect that in the way he dresses; unbuttoned cuffs look relaxed and cool'



ROBYN'S RULES

'Layering is a great look – leave room underneath your jacket for a T-shirt, shirt, jumper...'

Clockwise from above left, coat, £450, Raey (matchesfashion.com); jeans, £210, Frame Denim (frame-denim.com); glasses, £210, Andy Wolf (andy-wolf.com). Jacket, APC, £370 (020 7287 9659); shirt, £155, Incotex (mrporter.com). Jacket, £385, Stephan Schneider (brownsfashion.com); shirt, £89, Nudie Jeans (nudiejeans.com); top, £50, James Perse (020 3617 9430); jeans, £210, Frame Denim (oki-ni.com); glasses, as before. Jacket, £720, Canada Goose (brownsfashion.com); shirt, £45, John Lewis (johnlewis.com); jeans, £90, Levi's (levi.com)

your LOOK



ROBYN'S RULES

'If collars feel too much like the office, get him to try an oversize collarless shirt instead. And, relax...'



Right, shirt, £595, Haider Ackermann (brownsfashion.com); jeans, £210, Frame Denim (oki-ni.com); shoes, £285, Paul Smith (paulsmith.co.uk).

Far right, shirt, £45, Jam Industries (jam-industries.co.uk)

SHIRTS



Far left, shirt, £345, Margaret Howell (margarethowell.co.uk); jeans, £179, AG (mrporter.com).

Left, shirt, £295, Private White VC (privatewhitevc.com); jeans, £179, AG (mrporter.com); sunglasses, £140, Illesteva (illesteva.com)



ROBYN'S RULES

'I love Andy in a shirt made of thick, stiff material, because it can double as a jacket. Meet...the shacket! #versatile'



Pyjama style: Rose



Comfort
*that sweeps you
off your feet*

*Seriously Comfortable
cyberjammies*

Each garment is crafted down to the smallest detail, with a unique and luxurious fabric blend. No one is more serious about comfort.

Available at cyberjammies.co.uk, John Lewis and **HOUSE OF FRASER**
SINCE 1849

your LOOK

Pyjama top,
£22.50,
Cyberjammies
(cyberjammies.
co.uk)



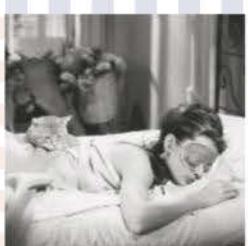
PJs started being worn by the colonial British as lounging attire in the late 17th century.

POSH PJS

Being asleep is no excuse for letting fashion standards slip, so swap that old mismatched combo for something slinky



Camisole, £345, and pyjama bottoms, £425, both Rosamosario (net-a-porter.com)



Kimono, £102,
Triumph
(triumph.com)



Pyjama top, £70,
and bottoms,
£58, both Bodas
(bodas.co.uk)



Pyjama styles appeared on the s/s 2016 catwalks at Thakoon, Dior, Chloé and Alexander Wang.



Camisole, left, £42,
and shorts, £28,
both Intimissimi
(uk.intimissimi.com)

The word 'pyjamas' derives from the Persian pay-jameh meaning 'leg-garment' (top fact!).



Camisole and
shorts set, £88,
Figleaves
(figleaves.com)



Pyjama set, £139,
The White Company
(thewhitecompany.
com)



Nightshirt,
£325, Eres
(net-a-porter.
com)





Sweet



Smooth



Nutty



Gone

A heart of almond wrapped in velvety filling, delicate wafer and sprinkled with light coconut flakes.

Try something deliciously different.



FERRERO

your LOOK

#LUSTLIST
CHOKERS

The 90s trend has gone luxe:
stick your neck out with
a sophisticated collar

1. £345, Balenciaga (balenciaga.com) 2. £618, Rosantica By Michela Panero (rosantica.com) 3. £240, Ryan Storer (net-a-porter.com)
4. £95, Moxham (kabiri.co.uk) 5. £149, Swarovski (swarovski.com) 6. £178, Diane von Furstenberg (matchesfashion.com) 7. £580, Paula Mendoza (net-a-porter.com)
8. £1,195, Alexander McQueen (net-a-porter.com) 9. £199, Sif Jakobs (sifjakobs.com) 10. From a selection, Cartier (cartier.co.uk)



STYLING BY ROBYN KOTZE

d r e s s e d t o t h r i l l

Luxe pieces guaranteed to
give you that uptown edge

The backless top

Wear your hair up to show off the top and just add a single drop earring #classy

This page

TOP
£1,550, Osman
(osmanstudio.com)

Earring, about
£855, Sophie Billie
Brahe (doverstreet
market.com)

Rings: *lower middle*
finger, £1,280,
Monica Vinader
(monicavinader.
com); *top of middle*
finger, £88, and *index*
finger, £55, both
Zoe & Morgan
(zoeand
morgan.com)

Opposite page

TOP
£140, Diesel
(diesel.com)

SKIRT
£386, Co-te
(co-te.com)

Earrings: *right ear*,
£8,400, Noor Fares
(doverstreet
market.com); *left*
ear, about £1,140,
Sophie Billie Brahe
(net-a-porter.com)

The lurex roll-neck

Team with a full skirt for maximum dance floor twirling impact



PHOTOGRAPHS BY ISAAC MARLEY MORGAN



The statement jacket

Forget the fitted blazer; it's all about oversized shapes and flares, especially if you're tall

your LOOK

Opposite page

JACKET

£1,295, Fyodor Golan (fyodor golan.co.uk)

TROUSERS

£180, 7 For All Mankind (7forallmankind.com)

SHOES

£375, Jimmy Choo (jimmychoo.com)

Short necklace, £154, and long necklace, £116, both Cornelia Webb (corneliawebb.com)

This page

DRESS

£585, Zadig & Voltaire (zadig-et-voltaire.com)

SHOES

£365, Dorateymur (brownsfashion.com)

Earring, £8,400, Noor Fares (doverstreetmarket.com); ring, £2,100, Noor Fares (doverstreetmarket.com)

The knitted slip dress

Metallic shoes are a must for that wow-factor finish



your LOOK



This page

DRESS

£750, Coach
(020 3141 8901)

SHOES

£485, Rupert
Sanderson (rupert
sanderson.com)

Earrings, £230
Marni (marni.com)

Rings: *ring finger*,
£2,100, Noor Fares
(doverstreet
market.com); *middle
finger*, £345, and,
index finger, £240,
both Monica
Vinader (monica
vinader.com)

Opposite page

BLAZER

£325, Zadig &
Voltaire (zadig-et-
voltaire.com)

TROUSERS

£180, Zadig &
Voltaire (zadig-et-
voltaire.com)

SHOES

£368, Richard Braqo
(richardbraqo.com)

Earrings: *right ear*,
£35, & Other Stories
(stories.com); *left
ear*, about £855,
Sophie Billie Brahe
(doverstreet
market.com)

Rings: *middle finger*,
£1,280, Monica
Vinader (monica
vinader.com); *top of
middle finger*, £88,
and, *index
finger*, £55, both Zoe
& Morgan (zoe
andmorgan.com)

The printed dress

A subtle pattern and sheer skirt design
say laid-back cool



THE RED SUIT

Tux update! Go tonal and pair yours with velvet berry-coloured shoes



The side-slit skirt

Balance it out with a boxy, buttoned-up shirt; never make sexy too obvious

your LOOK

Opposite page

BLOUSE

£290, Sea New York
(sea-ny.com)

SKIRT

£135, Solace
London
(selfridges.com)

SANDALS

£68, Topshop
(topshop.com)

Earrings, right ear,
£8,400, Noor Fares
(doverstreet
market.com); left
ear, about £1,140,
Sophie Billie Brahe
(net-a-porter.com);
scarf, £60, Filippa K
(filippa-k.com); bag,
£313, Persephone
(valerydemure.com)

This page

DRESS

£965, Edeline Lee
(moukimou.com)

SHOES

£550, Jimmy Choo
(jimmychoo.com)

Earring, about
£855, Sophie Billie
Brahe (doverstreet
market.com)



The metallic midi

Chevrons slim the top half and vertical
stripes make for super-long legs

Framboise Noire

= HEART OF DARKNESS =



SHAY & BLUE
London



shayandblue.com

InStyle



Why Selena Gomez has learned to love herself;
Rose Leslie gets kooky; plus, 2015 – the
year that women won (at everything)



*This page, top,
about £700, and
trousers, about £390,
both Emilio Pucci
(emiliopucci.com)*

*Opposite page,
slip, £155, Raquel
Allegra at Harrods
(020 7730 1234)*

Seriously

Icon. Multi-million-dollar brand. Single and happy about it. **Selena Gomez** just grew up pretty fast. Justin? who?

L

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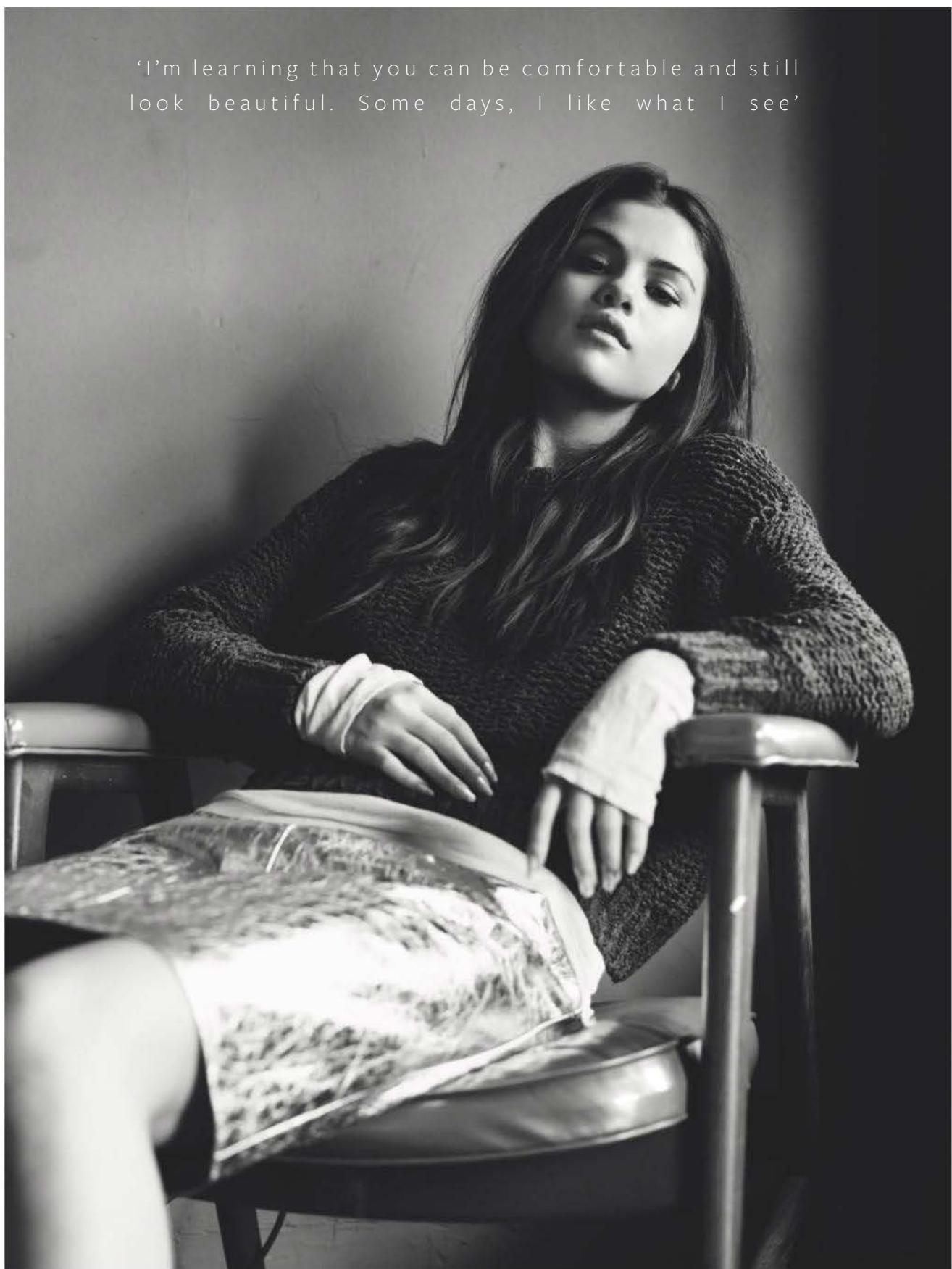
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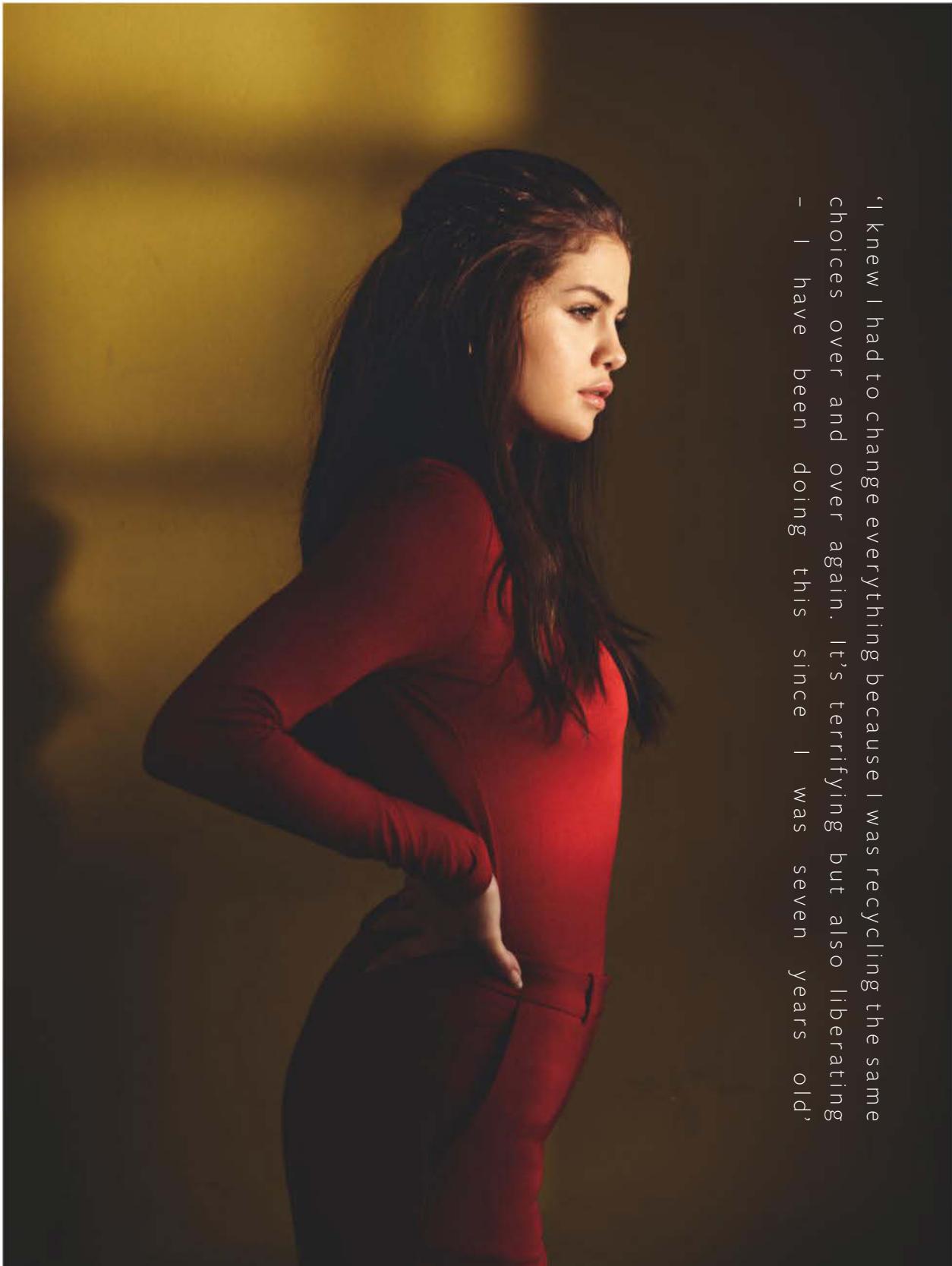


Opposite page,
dress, £1,340, and shirt,
£390, both Marni (020 7245
9520); trainers, £67, Adidas
(schuh.co.uk)

This page, sweater, £215,
MiH Jeans (mih-jeans.com);
top, worn underneath, £79,
Frame Denim at Selfridges
(selfridges.com); skirt, £495,
DKNY (020 7499 6238)

'I'm learning that you can be comfortable and still look beautiful. Some days, I like what I see'





'I knew I had to change everything because I was recycling the same choices over and over again. It's terrifying but also liberating - I have been doing this since I was seven years old,



Top, £119, and
trousers, 210, both
Hugo Boss (020
7499 5605)



WORDS BY MONICA CORCORAN HAREL

‘Are those real?’ is not a question you should ask any woman, much less a pop star who happens to have the number-one album in America. But the unflappable Selena Gomez laughs and says, ‘Not exactly. They’re mostly real.’ Mostly real? Of course, we’re talking about the impossibly long, full eyelashes that frame her espresso-brown eyes. ‘I stopped doing lash extensions a while ago, but there are a few left,’ she admits, perched on the outdoor banquette of a laid-back cafe in suburban San Fernando Valley, LA. But while those lashes may not be 100 per cent her own, everything else about Gomez feels authentic.

Moments ago, she arrived bang on time and greeted me with a decidedly un-Hollywood embrace – rather than just grazing my shoulders, she really hugged me (‘Be right back,’ she said, ‘I have to tinkle’). Dressed in a black silk Stella McCartney shirt, black jeans from Urban Outfitters and patent-leather Topshop booties, with her lustrous, raven-coloured hair gathered in a messy topknot, she could pass for a teenager. But, even with no make-up, the inconspicuous starlet is spotted by a few high-school girls, who point and giggle. ‘I feel like I look 16 sometimes, which is a bummer because I would love to date older guys,’ she tells me, sounding more like a confidante than a celebrity (we’ll talk more about her single life later).

Gomez is refreshingly open about most things, from her BFF Taylor Swift, to body-image issues and caring too much about what other people think

of her. ‘I’m not the loud personality everyone seems to expect.’ She laughs a lot, asks my thoughts on being a mum and says ‘genuinely’ a dozen times in an hour. It’s only when I mention Justin Bieber, whom she dated on and off for four years until 2014, that she goes quiet and shakes her head. ‘It’s really hard because I’m a nice person...’ she says, then sighs. ‘I’m just tired of talking about it.’

Unfortunately, Gomez seems to be the only one who’s weary of this topic. The tumultuous relationship of the two mini moguls, who once lived together in a \$10million Hollywood mansion, played out very publicly and continues to spawn rumours. ‘I never intended for my life to become a tabloid story,’ she explains. Still, there were once whispers of infidelity on his part, and talk that protective pal Swift was no fan of them as a couple. Gomez’s 2014 song *The Heart Wants What It Wants* is about Bieber; he wrote *Nothing Like Us* for Gomez. He recently summed up their time together thus: ‘It was a marriage kind of thing... My identity was in her. Her identity was in me.’ Clearly that’s no longer the case. With a hit new album, *Revival*, and a slew of starring roles in upcoming films (including *Neighbors 2: Sorority Rising* with Zac Efron), Gomez has officially overhauled her image – from ex-girlfriend to extraordinary woman.

In the past year or so, she has also shed

This page, top, £255, sweater, £570, and skirt, £830, all Prada (020 7647 5000)

Opposite page, top, £80, Atea Oceania (ateaoceania.com); jeans, £185, MiH Jeans (mih-jeans.com)

more than Bieber. She signed with a new, high-profile record label, bought a \$3million house not far from the Kardashian compound and sought out new management, which meant replacing her own mum (mother and daughter now jointly oversee her production company). ‘I knew I had to change everything because I was recycling the same choices over and over again,’ she says. Making huge professional and personal adjustments didn’t come naturally, though. ‘I’m horrible at change and it’s terrifying, but also liberating. I had to pull myself out of this vortex of how people perceive me because I have been doing this since I was seven.’ (Watch old clips of *Barney & Friends* on YouTube and you’ll spot an adorable Gomez dancing around with the purple dinosaur.)

Born in Grand Prairie, Texas, Gomez mostly grew up with her mum, Mandy Teefey, who had her at 16 and divorced from Gomez’s Mexican-American dad



'I hate dating. I'm weirded out by the idea that a guy has googled me before we meet - that has happened'



'I'll be like, "I think I totally screwed up", but Taylor shows me how to make my mistakes into something great'

five years later. As a single mother, Teefey worked four jobs. 'We used to run out of gas on the highway. I still can't wrap my head around what she did for me,' Gomez says of the time before she landed her breakout starring role, on the Disney Channel show *Wizards Of Waverly Place*, when she was 15. They moved to LA, but Teefey had one condition. 'She always said, "If you're not having fun, we're going home",' explains Gomez, who still returns to her childhood house in Grand Prairie to visit family when she needs a reality check ('I have to share a bathroom with seven people!').

During her nearly five-year stint as a Disney powerhouse, Gomez starred in movies for the puberty set and released three peppy pop albums. Her career followed the traditional candy-coated trajectory of a tween queen. But in 2013 she took a sledgehammer to her image by playing a bikini-clad gangster girl alongside James Franco in indie flick *Spring Breakers*. Her latest collaboration with Franco sees her playing a young mother, in a film he directed. 'I give birth and I had to wear a prosthetic vagina. Now, that was awkward,' she says, rolling her eyes. Her album is equally revealing: 'This is me right now. This is how I feel.' How did she celebrate its skyrocket to number one? 'I haven't celebrated yet. I actually found out from my fans, because they posted it.'

To date, there are 50-plus million 'Selenators' – the nickname for her junkies – following her on Instagram. And while she concedes the exposure makes it easier to shape her image, there is a downside: 'Comparison. Every person of my generation does it and that is the number-one thief of joy, genuinely.' It must be hard, for example, when another former Disney star, Demi Lovato, also has an album cresting the charts. Last year, Gomez and Lovato's 15-year friendship unraveled over social media, so it became fair game. 'Anyone who I have known since I was seven is like family,' Gomez says, after gushing about one of Lovato's new songs. Similarly, when One Direction defector Zayn Malik

started following Gomez on Twitter last summer, it was overanalysed as a potential romance. 'If he had asked me out on a date, I would be seen with him. Just kidding, but not kidding,' she says with a sly smile.

Right now, Gomez is dating – reluctantly. 'I hate it,' she admits with a wince. 'It's hard and I'm weirded out by the idea that a guy has googled me before we meet, and that has happened.' She would rather hang out with Swift and her pals, and order three different takeaways. 'People have this fantasy that we're in our underwear, having pillow fights. We just play good music – sometimes live – and eat, and hang out.' She says she also counsels Swift in 'the boy department', while her best friend sets her straight on regrets. 'I'll be like, "I think I totally screwed up", but Taylor says, "Actually, you didn't" and shows me how to make my mistakes into something great.'

Gomez didn't need a pep talk to pose nude for the cover of *Revival*, however, and she says it gave her a lot of confidence. Her decision was in part a reaction to the online criticism she received about her new curves when she posted a picture of herself in a tight bikini last spring. 'It hurt my feelings because I never experienced that before, but I didn't want [that] to be the story, so I said, "I don't care what you think!"' she says. This newfound bravado has carried over into her personal style, too; Gomez recently traded in high heels for Louis Vuitton combat boots. Working

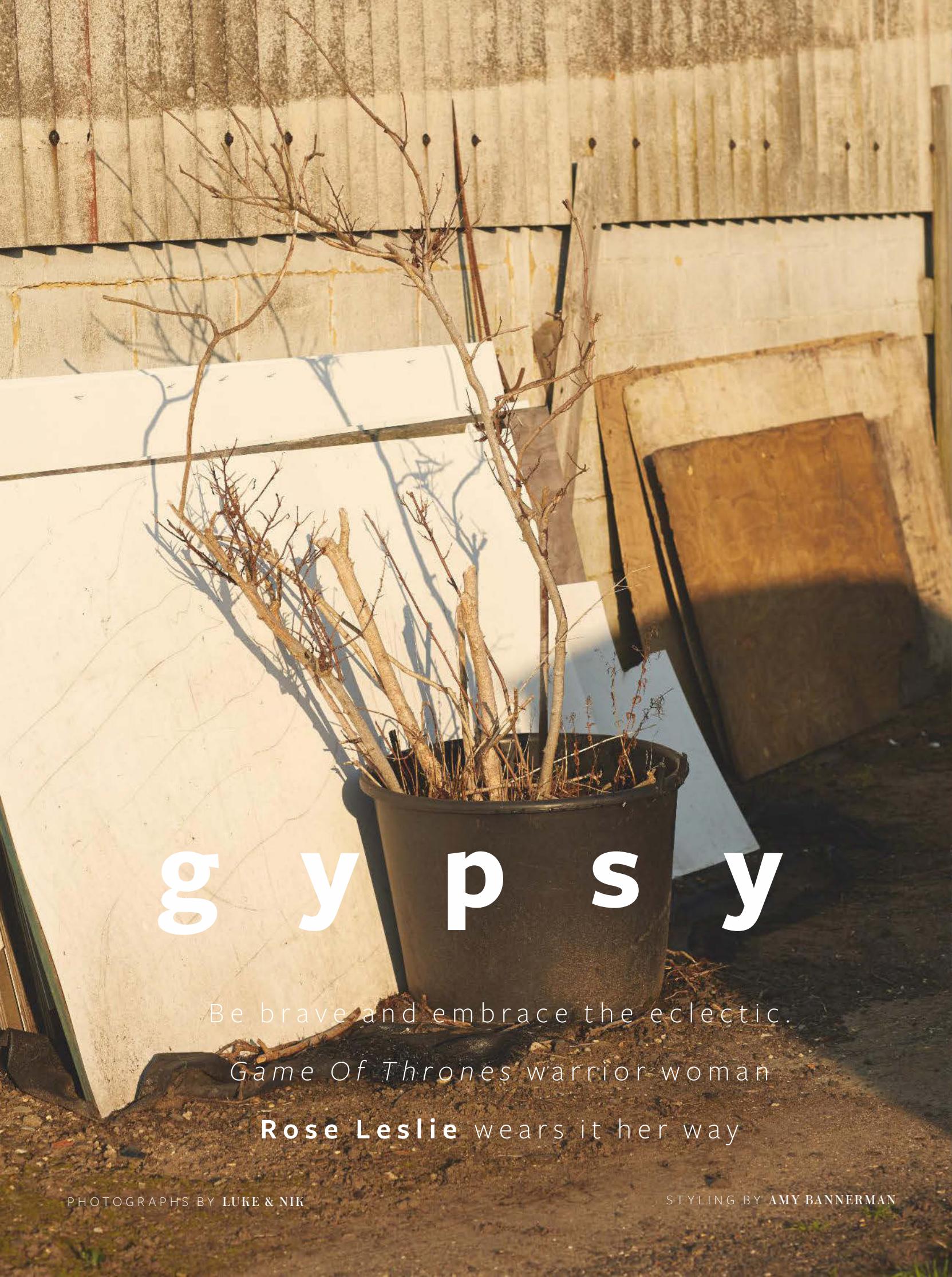
with celebrity stylist Kate Young, she has also discovered that she doesn't need slinky silhouettes to look and feel sexy. She's currently loving dresses by Dior and Elie Saab. 'I'm learning that you can be comfortable and still look beautiful.' Does she look in the mirror and see herself as beautiful? 'Some days, I like what I see. Other days I'm like, "I'm not even going to bother".'

Before Gomez and I part ways, I ask her if she can talk about her bout with the autoimmune disease lupus. It's a sensitive subject; she was diagnosed three years ago but only recently revealed her affliction (her 'rehab' break in 2013 was actually to recover from chemotherapy to treat the disease). 'I'm figuring out how to turn this into a positive,' she says. 'And one day I will have a family, and something [else] will be more important than me. My whole life has been about me and it's really annoying.' □



This page, shirt, £2,050, Roberto Cavalli (robertocavalli.com)

Opposite page, top, about £700, Emilio Pucci (emiliopucci.com)



g y p s y

Be brave and embrace the eclectic.

Game Of Thrones warrior woman

Rose Leslie wears it her way



Top, £635, and skirt,
£525, both JW Anderson
(j-w-anderson.com);
earring, £95, Pebble
London (pebblelondon.
com); 80s vintage
Givenchy crystal
necklace, £225,
80s vintage Napier
necklace, £95, and
70s vintage gold-and
silver-plated chain,
£69, all Susan Caplan
(susancaplan.co.uk)

h e a r t



Dress, £7,095, Louis Vuitton
(louisvuitton.co.uk); tights, £33,
Wolford (wolfordshop.co.uk);
80s vintage Givenchy bracelet, £195,
Susan Caplan (susancaplan.co.uk)

LUKE & NIK

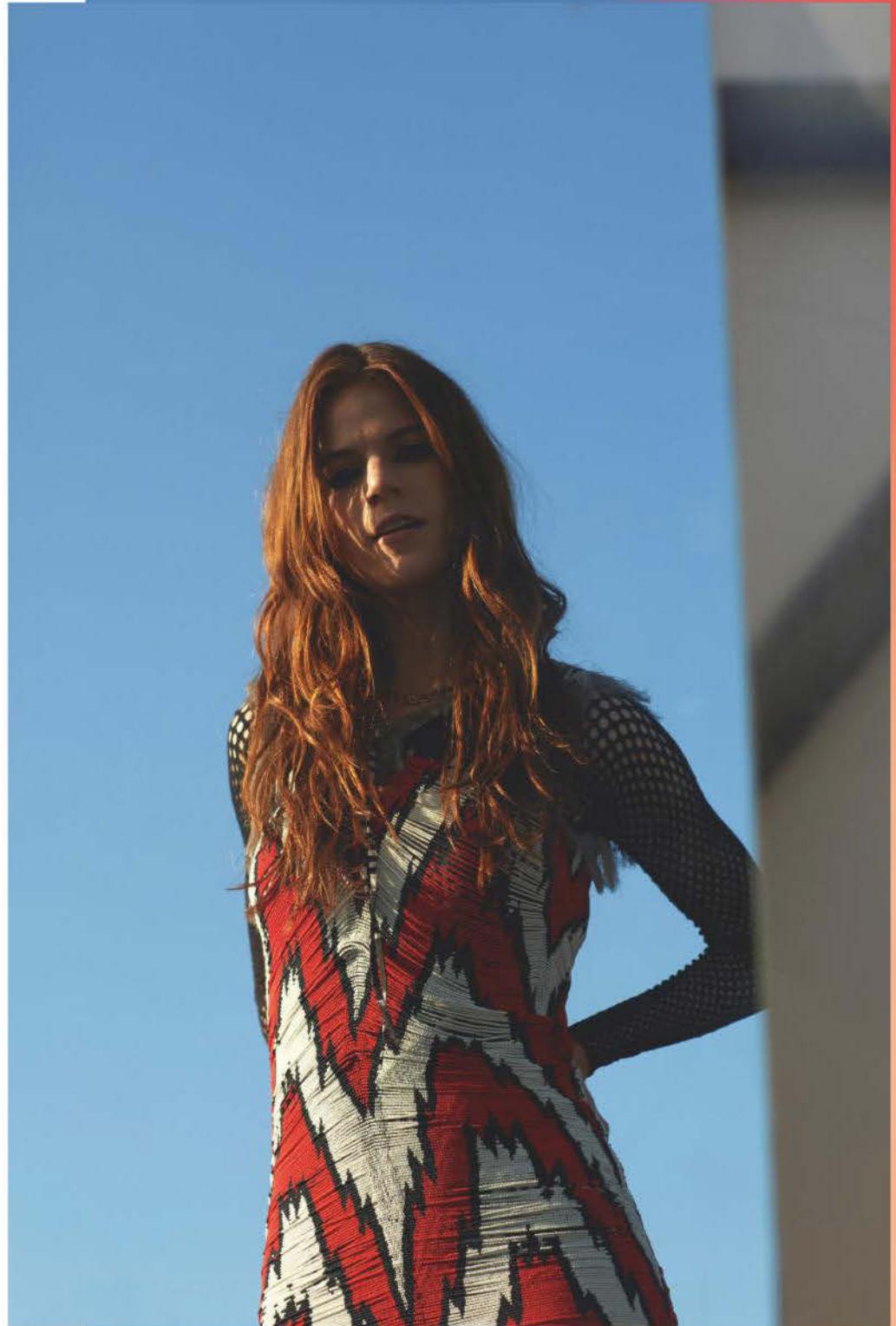






Opposite page,
jacket, £1,695,
and trousers,
£1,220, both
Stella McCartney
(stellamccartney.
com); vest, £18,
BlitzLondon
(blitzlondon.co.uk)

This page, dress,
£2,340, Michael
Kors Collection
(020 7811 5940);
80s vintage
Givenchy bracelet,
£195, Susan Caplan
(susancaplan.co.uk)



This page, dress, £4,375, Altuzarra (altuzarra.com); fishnet bodysuit, £69, Emilio Cavallini (emiliocavallini.com)

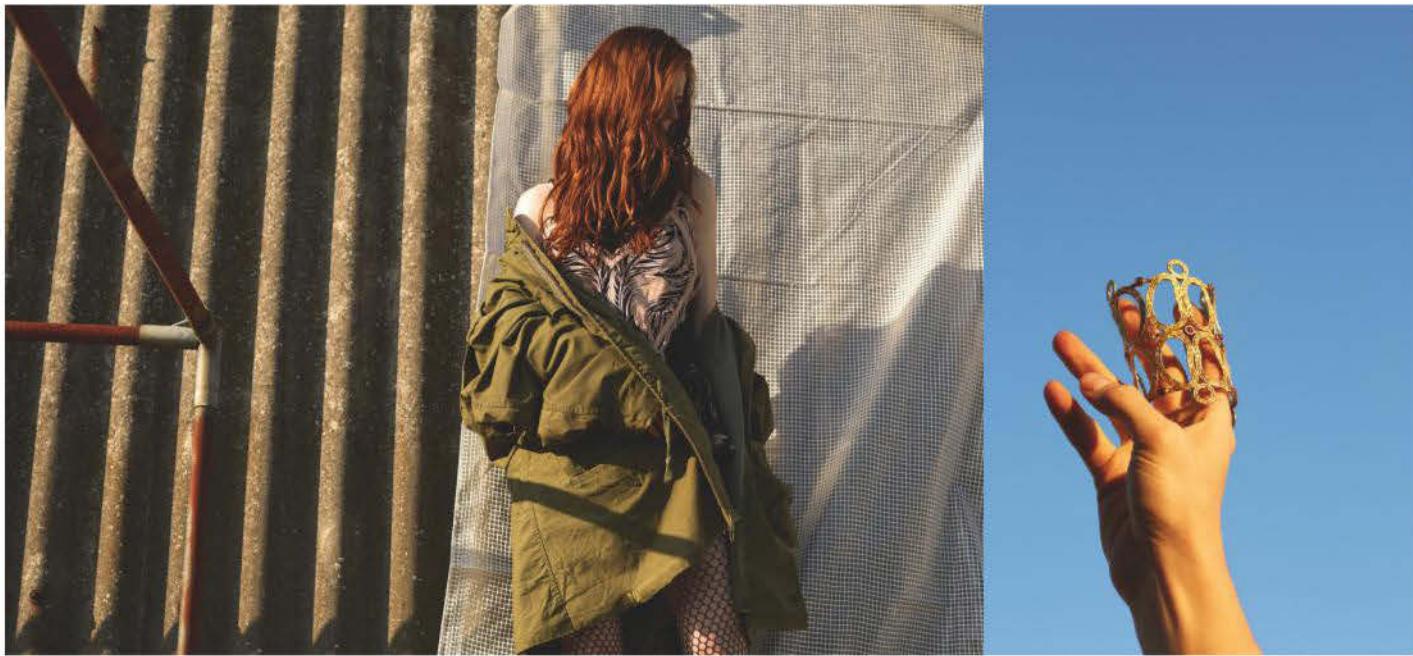
Opposite page, dress, £4,111, and shoes, £503, both Chanel (chanel.com); tights, £33, Wolford (wolfordshop.co.uk)





*This page, vest, £275,
MaxMara (gb.maxmara.com);
earring, £95, Pebble London
(pebblelondon.com); 80s
vintage Givenchy crystal
necklace, £225, 80s vintage
Napier necklace, £95, and
70s vintage gold- and silver-
plated chain, £69, all Susan
Caplan (susancaplan.co.uk)*

*Opposite page, coat, £48,
Blitz London (blitzlondon.
co.uk); playsuit, £1,835,
Roberto Cavalli (roberto
cavalli.com); tights, £33,
Wolford (wolfordshop.co.uk);
bracelet, £195, Pebble
London (pebblelondon.com)*



Rose Leslie is telling me about her reign of terror as a child. 'I'm number three out of five siblings, so I had power over the youngest two. I'd force them to put on plays and I was always the lead character in everything we did.' That determined work ethic has paid off: after coming to TV viewers' attention in *Downton Abbey*, the 28-year-old famously went on to play fiery Ygritte in *Game Of Thrones*, and now she's courting international stardom. You'll next see her as straight-talking detective Emma Jones in *Luther*, plus she has a starring role in new sci-fi movie *Morgan*. Not bad for a girl who was rejected from every university she applied to...

You grew up in a castle in Scotland, which sounds very fairytale – was it?

'It was an idyllic childhood. My parents would send us out for the day, we had lots of freedom – we were running around, climbing trees and exploring. Going back is still an escape.'

Was anyone surprised when you told them you wanted to pursue acting as a career?

'I couldn't get into university to study drama because my A-levels were so bad, so I decided drama school was the next step. I think my family were kind of taken by surprise – they were like, "Oh this isn't just a phase".'

Do you remember where you were when you learned you'd won the part of Ygritte?

'When I left *Downton Abbey*, I asked Laura Carmichael [who plays Lady Edith] what she did between jobs and she recommended that I contact the GP surgery where she'd temped as a secretary. So I was working there!'

Did you know *GOT* was going to get so big?

'I arrived in the second season and I was aware

WORDS BY CHLOE MAC DONNELL

of the fandom, but I had no idea it would become the phenomenon it is now. I did know I was stepping into a show that was always going to have a certain level of quality, with great writing and directors. That's the recipe you need for a long-standing TV show.'

We bet there's going to be a few people sleeping with the lights on after watching the new *Luther*...

'I know, I'm sorry! There was a lot of fake blood on set. It's pretty gruesome. But if you're catching a cannibalistic killer, things are going to get gnarly, to say the least.'

What did you like about playing a detective?

'I've been watching *Luther* since the beginning. My family adore it, too, so it was like a passion project for me. What struck me about my character, Emma, is that she is an ambitious woman, but not in a calculated way. She has an unwavering determination and she's hellbent on catching the killer.'

She's gay, isn't she – but there's no big deal made about it?

'I love that's she's at ease with her sexuality. She's gay, so what? I hope it's the way that TV and film are going. It should be a sub-textual thing. I love the director for taking a stance on it and ensuring that was how it was played. It's not the focus of the piece.'

Has a fellow actor given you any great advice?

'Watching Idris Elba on set and seeing his effortless skill in front of the camera... It wasn't verbal, and I sound incredibly perty right now, but the way he operates on and off camera is something I'll take with me.'

You're a red carpet pro – do you enjoy it?

'I have dodgy eyes that stream and ruin my make-up in front of flashlights, so at the beginning I was paranoid about the wall of photographers, but I'm getting used to it.'

What designers do you love?

'For a *GOT* premiere, I wore a white dress by Antonio Berardi, which fitted beautifully. And I felt empowered by the Jenny Packham gown I wore for *The Last Witch Hunter* premiere. That is the beauty of the designer – to help a woman or man feel that way.'

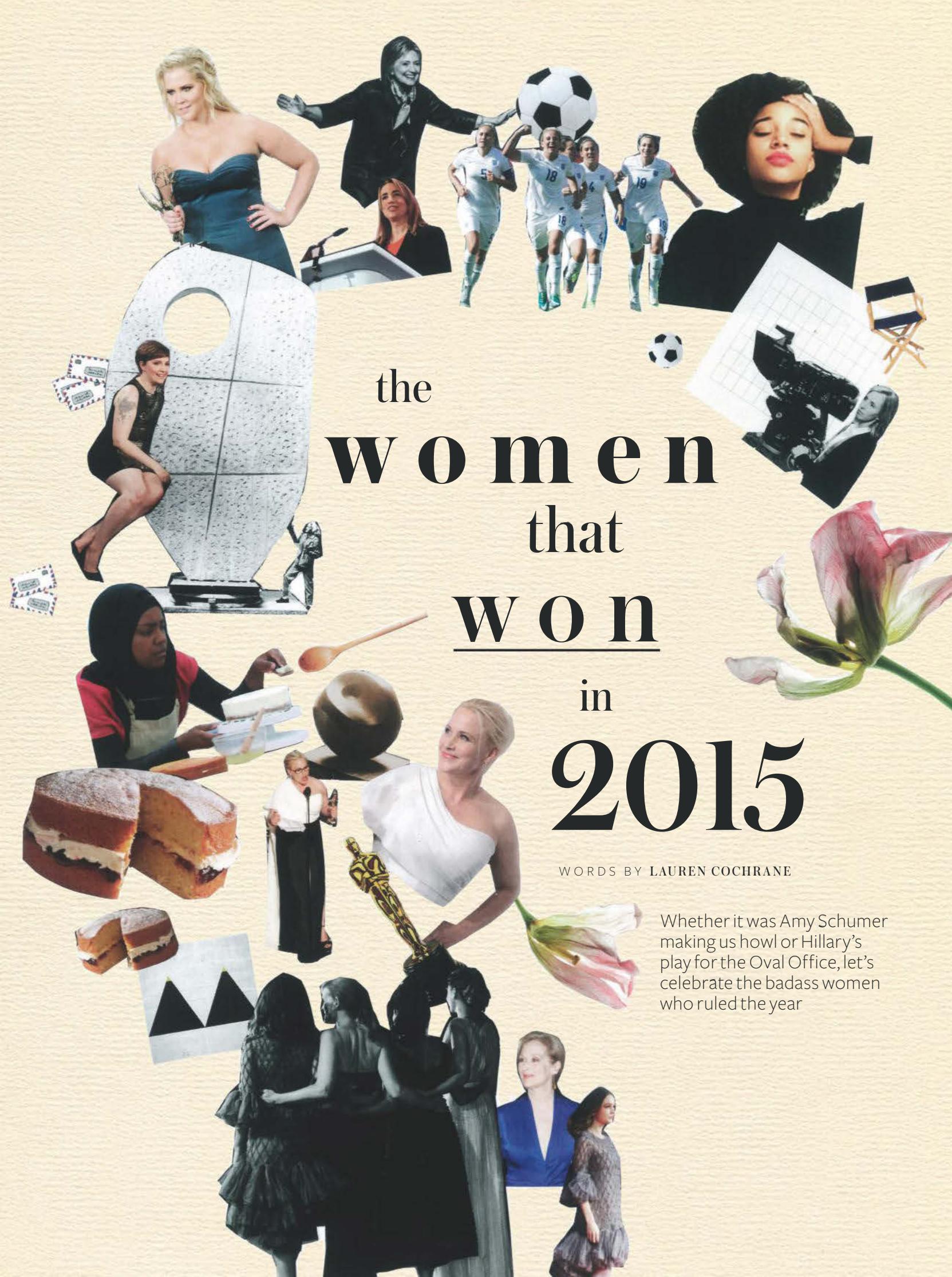
What pieces did you want to steal from the *InStyle* shoot?

'That fantastic Louis Vuitton leather dress. And I adored the black Chanel number. It was very beautiful, and kind of effortless.'

It was shot in a garden centre, did you pick up any plants?

'No, but I should have, I need to get some herbs for my kitchen. Everything I wore was pretty tight, though – I couldn't hide anything underneath!'

Luther is on BBC One



the w o m e n that w o n in 2015

WORDS BY LAUREN COCHRANE

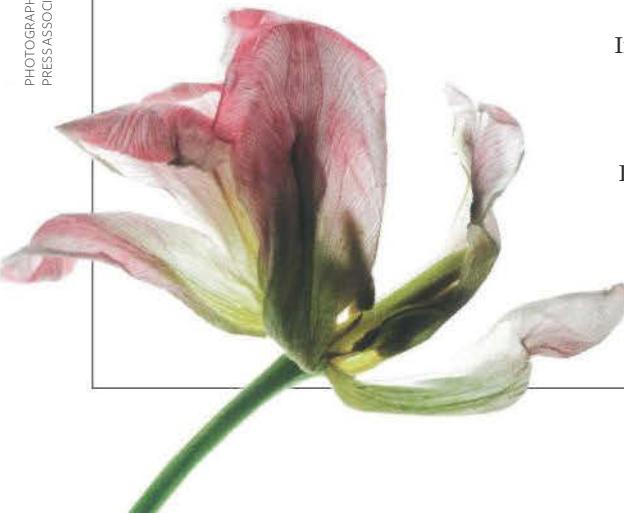
Whether it was Amy Schumer making us howl or Hillary's play for the Oval Office, let's celebrate the badass women who ruled the year

When I was growing up, saying you were a feminist always met with some kind of reaction – a beat of silence or a wince – certainly a bit of a face. But this year it seemed to me that's begun to change. In fact, being a feminist has finally started to become a given, to become a label that a new generation of young women feel proud to wear.

Much to chauvinists' chagrin, interests in fashion and feminism are not mutually exclusive, and I think this shift may be down to women in the public eye wearing the feminist label along with a banging outfit. For me, this mood was personified by Patricia Arquette starting 2015 with a roar at the Oscars. Wearing a super-chic monochrome dress by friend Rosetta Getty, she looked immaculate without conforming to the no-carbs-after-six actress stereotype. All the better to deliver an impassioned speech laying into gender inequality in Hollywood.

In film and music, traditionally such a boys' club, women continued to dominate. *Fifty Shades Of Grey*, directed by Sam Taylor-Wood, put the women watching in cinemas in control (even if, arguably, Dakota Johnson's character wasn't) and Adele, the self-styled regular girl, topped the charts almost minutes after her single was released in October.

And then there was Hillary Clinton, someone who I found myself rooting for beyond anything to do with politics. The pant-suited presidential candidate, who has been in public life for three decades, is dignified, clever and warm. I like her. And I think a woman in the Oval Office would be awesome. Here's to 2016 when I hope this – and so many other things – might become a reality.



1 THE WHITE HOUSE WOMAN: HILLARY CLINTON

When Clinton confirmed that she would be running for president in April, she did so via YouTube. A standard trick of a politician? Watch the clip. She doesn't appear until more than halfway through the film, and instead lets potential electors speak first.

3 THE RABBLE ROUSER: PATRICIA ARQUETTE

Giving an Oscars speech must be scary. Giving one that takes on Hollywood is another story. So hats off to Patricia Arquette, who used her Best Supporting Actress win for *Boyhood* to demand 'equal rights for women in the United States'. The sight of Jennifer Lopez and Meryl Streep applauding was like a #squadgoals post before the phrase went viral.

5 THE FUNNY GIRL: AMY SCHUMER

Everyone knows mouthy women are the best, and they don't get much mouthier than Amy Schumer. The comedian showed that to full effect in *Trainwreck* (which she wrote and starred in) playing a version of herself. The result was funny, clever and at times a little bit kind. Expect to see more of the 34-year-old in 2016 – she's a star in the making.

7 THE VOICE OF A GENERATION: LENA DUNHAM

If there is one lady who has owned the last five years, it might be Lena Dunham. Moving on from the delights of *Girls*, she has launched Lenny, an email newsletter. It's typically Dunham, and comes with the tagline 'there is no such thing as too much information'. An interview with Hillary Clinton suggests just how powerful the actress's pull now is.

2 THE FABULOUS BAKER GIRL: NADIYA HUSSAIN

The first Muslim woman to win *The Great British Bake Off*, Nadiya's USP comes from how nonplussed she was. She said she 'wasn't thinking about representing Muslims, I was thinking about my bakes'. That signifies to me a society that accepts diversity as a given.

4 THE TRANSFORMATION: CAITLYN JENNER

Three words – 'call me Caitlyn' – was all it took to break the internet in June, when a *Vanity Fair* cover was revealed starring Caitlyn Jenner (formerly Bruce), who was now living as a transgender woman. Caitlyn has since become a social media darling – she gained a million Twitter followers in four hours – and has her own TV show, *IAm Cait*.

6 THE SPORTY SPICES: THE LIONESSES

If football was once a bone of contention in relationships across the land, this summer's success of the Lionesses, the England women's football team, should put paid to that. Led by captain Steph Houghton to the World Cup semi-finals – the first time any England team has got this far in a tournament since 1990 – they defined a new kind of girl power.

8 THE RACE CAMPAIGNER: AMANDLA STENBERG

Who would have thought that Rue from *The Hunger Games* would become a strong voice in race politics? Seventeen-year-old Amandla Stenberg is just that. In April, she posted a video *Don't Cash Crop My Cornrows* (made for a school project) to her Tumblr page, and it has since had 1.7m views. An exciting young voice to listen to – both in acting and activism.



Don't freak out if it's all happening at yours on 25 December.
We've got it so sorted for you...

MY CHRISTMAS RULES

by *TV presenter*
Claudia Winkleman



BEING THE HOST

Get more food than you can possibly imagine. Get a bottle of Baileys – people love Baileys. They don't really like it in March but suddenly on 25 December it's all: 'Want a Baileys on ice?'... 'Of course I do!' Buy an enormous amount of cheese. People eat endlessly and I never want Christmas to end, so when they say: 'Is that it?', I say: 'No, of course it isn't – sit back down, have some crackers and Stilton, and let's carry on!'



DEALING WITH A HANGOVER

You don't. The only answer is to climb into a small cupboard and wait for it to pass. The other answer is fried food – in large quantities – and lots of water. But basically, give up. I don't think it's OK to say: 'Oh, just keep going' – nope, give in to the hangover.

WATCHING CRIMBO TV

Watch as much as you can. Television at Christmas time is *brilliant*. The BBC has this new show, I think it's going to be on about three times, called *Dickensian* and it's a drama where all of the Dickens characters meet. I can't wait for it.

I love Christmas TV.



FESTIVE TRADITIONS

The five of us – me, my husband and three children – have this massive jar. It remains empty for most of the year, but just before Christmas, we fill it with whatever sweets we want – everybody gets a choice. There's more discussion about 'The Jar' from September onwards than anything else. Suddenly, one of my kids will turn around and go: 'You know what, Mum? I'm going to get Kinder eggs.' And I'll say: 'Interesting.' And then one will go: 'Nah, I'm doing Percy Pigs,' and then we'll commit to this by writing it down in pen. Not pencil, pen. Even the four-year-old gets involved: 'Can I have little Smarties?'... 'Yes, you can!'



BEING A YULETIDE ENTHUSIAST

I'm obsessed by Christmas – if I could hire baby reindeer, I would. It's actually not legal, I've looked into it. You just can't have Christmas animals delivered to your house (yes, I'm appalled). So yeah, I really love Christmas. You know those people who say: 'People are putting up their decorations too early?' It's never too early! If it was up to me, they'd start in June. My husband always grows a beard for Christmas. Sometimes he starts too early, but we've now agreed on 1 November. Even when my kids were very little, they'd always know Christmas was coming because of the beard.



LAST-MINUTE PRESENT IDEAS

I think beauty products make a good last-minute gift. My family and I – because we feel too guilty about buying a photo frame or a bread bin – only buy products we can actually use or eat. I've just done a beauty gift box collaboration with Marks & Spencer, so one of those would be a good last-minute pressie to have on hand. *Claudia Winkleman's Gift Collection for M&S Beauty* is in store now





THE BEST EMERGENCY PRESENTS

by *InStyle's* Hannah Rochell



CUTE MATCHES

Light My Fire matches, £5.95, Archivist at Selfridges (Selfridges.com)



POSH CHOCOLATE

Cow Milk chocolate, £7, Mast Brothers at Cissy Wears (cissywears.com)



SNAZZY SOCKS

Opticsocks, £8, Happy Socks (happysocks.com)

If there's one thing I've learned from my mum, it's to have a stash of small emergency presents – wrapped and ready-to-go – in case of unexpected guests. Make them inexpensive but really nice, and then you won't mind keeping them for yourself if the festive period ends up being quiet! Oh, and don't forget a handful of blank Christmas cards you can write at the last minute, too...



DECORATIVE SOAP

Sunglasses soap, £6, Primal Elements at Liberty (liberty.co.uk)

WHAT TO COOK FOR THE VEGGIES



by food writer Elly Pear

The Christmas table is overflowing with veggie delights anyway... I'd be more than happy to pile my plate up with amazing roast parsnips and potatoes, plus loads of greens, cranberry sauce and my ultimate Crimbo essential: bread sauce. But making a mega centrepiece is always worth the extra effort. Every year, I make a nut Wellington. I've done the same for years and I look forward to eating it for months. Like cooking a turkey, it's quite a bit of work, but everyone – including the meat eaters – will love it.

THIS IS A CASE OF RECIPE MATHS...



TAKE YOUR
FAVOURITE
VEGGIE
STUFFING



A BIG BAGS OF
MIXED NUTS,
ROUGHLY
CHOPPED



SAUTÉED
MUSHROOMS AND
SAGE (THE KING OF
CHRISTMAS HERBS)

Combine all of the above with enough egg to bind, then treat as you would a salmon en croute – wrap the mixture in puff pastry and decorate the top with holly leaves made from the pastry scraps. Bake in the oven for 45 minutes, or until puffed up and golden. *Fast Days and Feast Days* by Elly Pear is out 5 May 2016



DECK THE HALLS (on a budget)

by blogger Alexandra Steadman



As much as I love Christmas, there's no need to go over budget on decorations. Save that for the food and booze. I love bringing out a few special 'festive only' purchases to spruce up the house for the season, and my advice would be to keep things simple and chic. It'll look more expensive if you keep to a luxe colour palette – this year, I'm going for Nordic grey with a splash of copper.

Tray, £14.99, H&M (hm.com)



Candle holder,
£10, Habitat (habitat.co.uk)



COPPER ACCENTS

H&M's Home range is so good and really affordable. I love their copper pieces, chic trays and cushions. And Habitat has so much more than furniture – marble chopping boards, great tea lights and gorgeous copper cutlery.

LED star light, £95, BHS (bhs.co.uk)



FESTIVE LIGHTING

I like to feel like I'm in a New York warehouse apartment at Christmas – not my tiny south London flat – and these string lights keep the dream alive. A star-shaped light sure makes things look festive – you can even keep it out after Christmas.

Cushion, £19.50, Marks & Spencer (marksandspencer.com)

Winter candle, £20, The White Company (thewhitecompany.com)



A Christmas Carol
by Charles Dickens,
from 1p (amazon.co.uk)

HOMELY TOUCHES

Christmas just isn't Christmas without a bit of nostalgia. Every year, I dig out *A Christmas Carol* by Charles Dickens and place it on my fireplace, next to a seasonal scented candle. Also, my house is mainly grey, so I like any other decorations to blend in seamlessly, like this cushion. You always need a Christmas cushion.

• FIVE FRUGAL FESTIVE TIPS •

1
Wrap your
presents in
brown paper
from the
99p Store.

2
Buy candles
in bulk from
Tiger and Ikea.

3
Get your
Christmas cards
for the following
year in the
January sales.

4
Do your
big food
shop at Lidl.

5
Have a fake
tree – it's more
affordable to
pull it out of the
loft every year.

Read Alex's blog about staying chic on a budget at the-frugality.com

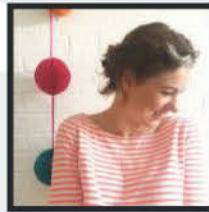
DIY

DECORATIONS

by craft blogger Christine Leech

YOU WILL NEED:

- 25cm x 50cm pieces of different coloured crêpe paper
- Scissors
- A ruler
- Cord



STEP 1 Fold your piece of crêpe paper in half. Making sure you have the fold at the top, cut into the paper to make a fringe. Leave 10cm at the top uncut.

STEP 2 Open out the rectangle, then roll the paper tightly from one straight, long end to the other.

STEP 3 Twist the centre to secure it, leaving two streamer shapes at either end.

STEP 4 Fold the tassel in half.

STEP 5 Twist both halves together, being sure to leave a loop at the top.

STEP 6 Repeat with the other pieces of paper and then string them all onto your chosen piece of cord.

Christine Leech blogs at sewyeah.co.uk



the easiest HOMEMADE SWEETS (ever)

by caramel queen Chloe Timms

MAKES ABOUT 12

(depending on scoop size)

- 110g caster sugar
- 30g butter
- 200g condensed milk
- 1tsp sea salt
- 100g cornflakes
- Edible glitter

BEGIN BY measuring out all of the ingredients – it's a quick recipe so it's best to be prepared and have everything already to hand.

PLACE THE sugar in a large heavy bottomed pan and heat on medium/low. The sugar should start to caramelise after a few minutes. Stir gently, folding the mixture over the remaining sugar to achieve an even liquid consistency, bashing up any lumps as you go. Cook the caramel until it's the colour of a copper coin and is just starting to smoke. You want it to be just verging on burnt.

HIT THE caramel with the butter and stir to combine – it will splutter!

QUICKLY ADD the condensed milk, then stir thoroughly and add the salt.

REMOVE THE pan from the heat and add the cornflakes, mixing well to coat every flake evenly.

LEAVE THE mixture to cool slightly to avoid burnt hands.

PREPARE YOUR work surface with a large piece of parchment and have a bowl of water to hand.

USING AN ice cream scoop, portion out mounds of the mixture, dampening your hands in the water as you go and compressing the heaps to help them to stick together.

SPRINKLE with edible glitter for an extra special, Christmassy touch.

LEAVE TO SET for 30 minutes (if you can wait that long).

THESE CAN BE STORED in an airtight container for three days.

You can find Chloe selling her bocaditos and other caramel goodies every Saturday at London's Druid Street Market, SE1 (fattiesbakery.com)



WHEN JINGLE BELLS GETS TOO MUCH

by Ruth And Martin's Album Club

It's that time of year when songs about sleigh bells, reindeers and generally being cold get played everywhere you go. And if you don't go anywhere, they'll come to your house, carrying lanterns and singing in your face. It's intense. So, you need a great playlist of songs you may have never heard. Here goes our gift to you...

CHRISTMAS WRAPPING SUMMER CAMP

A much better version of that song by The Waitresses that we love, but finally got bored of by Christmas 1997.

THAT WAS THE WORST CHRISTMAS EVER!

SUFJAN STEVENS

Presumably he wrote this because we hadn't come up with our playlist yet. Blame *InStyle*, Sufjan – they only asked us this year.

IT'S CLICHE TO BE CYNICAL AT CHRISTMAS

HALF MAN HALF BISCUIT

They're right, it is. The best advice from a Christmas song since *Do They Know It's Christmas?*

CHRISTMAS THE WHO

From a rock opera about a deaf, dumb and blind kid who's great at Pinball. #Festive

SANTA CLAUS GO STRAIGHT TO THE GHETTO

JAMES BROWN

Again, good advice. Let those posh kids wait.

SLEIGH RIDE THE RONETTES

OK, you've heard this one, but it's still bloody brilliant and if it isn't on your Christmas playlist then you're probably one of those weirdos who cooks birds within birds.

2,000 MILES MARK KOZELEK

The Pretenders song covered by Sun Kil Moon frontman and professional miserablist, Mark Kozelek. A serious music journalist would use the word 'haunting'.

DON'T BELIEVE IN CHRISTMAS THE SONICS

Fills the '60s garage rock' gap on the playlist perfectly.

BACK DOOR SANTA CLARENCE CARTER

And the award for the most inappropriate Christmas song title goes to...

JUST LIKE CHRISTMAS LOW

Who'd have thought that a bunch of Mormons from Minnesota would write the best Christmas song ever? No one, but that's exactly what they did.

Read classic album reviews on the Ruth and Martin's Album Club blog – ramalbumclub.com (@RamAlbumClub)

POST-TURKEY COCKTAILS

by Experimental Cocktail Club



The Handsome Jack is an elegant, boozy and slightly sweet cocktail. The maple syrup and Chartreuse provide an earthiness, the rye gives it a kick and the cognac adds a sweet, smooth finish. It's intense, but great for cold nights... and our favourite way to finish the Christmas meal.

HANDSOME JACK

- 20ml Rittenhouse Straight Rye 100 Proof Whiskey
- 20ml Pierre Ferrand Cognac • 15ml Aperol • 20ml Byrrh
- 3ml Green Chartreuse • 3ml maple syrup • 2 dashes of Angostura Bitters • 2 dashes of Peychaud's Bitters • 1 piece of pared lemon rind • Ice



Place all of the ingredients in a mixing glass, fill it with ice cubes and stir gently until slightly diluted. Strain into a chilled coupe glass, then squeeze the lemon rind over the drink to release the oils and discard it.

Romée de Goriainoff, Pierre-Charles Cros, Olivier Bon and Xavier Padovani are co-founders of ECC Chinatown and authors of Experimental Cocktail Club: The Way We Drink (£20, Octopus Books)

HOW TO...



...WIN THAT GAME



SCRABBLE

Do you know your 'zo' from your 'za' and your 'yo' from your 'ya'? Players can dramatically improve their game by learning all the two letter words there are. There aren't many, but it's surprising how often 'qi' (even if you don't know what it means) can win you a game - if not many friends.

MONOPOLY

The most salient fact about Monopoly? Just like in the real financial markets, people go to prison. And the square most landed on in the board game? Jail (which you'll either land on, be sent to, or have rolled three doubles). Now, you can't buy jail, but you can buy the orange squares that come after it. On average, every five times someone pays you rent on blue, they do six times on orange.



CHRISTMAS SHOULD always be about comfort. Eating loads of food and hanging out with the family means finding an outfit that you can cuddle up in comfortably on the sofa. Or floor.

LEATHER LEGGINGS are a brilliant solution. Mine are from Hush (£330, hush-uk.com) and are such a great find! They're super flattering like skinny jeans, but have the elasticated comfort of leggings. Plus, the hems are raw, so you can just cut them to your perfect length.

THE REST is even easier: layer up with an oversized boyfriend knit and a slouchy jersey cardigan worn on top. I wear this one by Uncivilized all the time (£65, weareuncivilised.com). It's unrestrictive, cosy and relaxed.

AND OF COURSE, cashmere socks (try pepperandmayne.com) and a pair of sheepskin slippers (my faves are from emuaustralia.com) are the perfect indulgent final touch.

Read Julia's style blog at stylonylon.com

by writer Tom Whipple



JENGA

As everyone knows, you can only use one hand in Jenga. But no one said anything about elbows. This is the trick used by Leslie Scott, a Jenga expert from Oxford. 'To steady the tower, I put my elbow on the table and rest my forearm vertically against it.' People accuse her of cheating but she has a very good response: Ms Scott invented the game.



TRIVIAL PURSUIT

Rather than scrutinising Wikipedia for hours each day, there is a (marginally) easier way of succeeding at Trivial Pursuit. A typical set has 2,400 questions. Spending an hour a day for a month, memory experts estimate that you can learn them all. Which may seem extreme, but does make for a very satisfying family Boxing Day.

CHARADES

Nola Rae, founder of the London International Mime Festival, is very good at charades. But, she says, we all can be too. The trick is to move away from the book/film/play formalism and be inventive. 'You just have to bring out the best mime in you. My friend once acted out a bowling ball - she picked herself up by her nose. Be as simple as possible.' And, maybe, have a drink or two.

How To Win Games And Beat People by Tom Whipple (£9.99, Virgin Books)



Move over Barbie, there's a new body shape in town. But while women like Kim Kardashian, Iggy Azalea and Jen Selter are the pin-ups, for the majority of us, the end goal is still an unrealistic one

apparently...

the grass is still greener on the other side. In the UK, the cosmetic intervention business is worth a staggering £3.6 billion and BAAPS (The British Association of Aesthetic Plastic Surgeons) reported a persistent rise in body-shaping procedures in the first six months of 2015. 'Home improvements', from boob jobs (still the number-one op in the UK) to liposuction, are nipping, zipping and whipping us into shape more than ever before, but it's the Brazilian Butt Lift that is the nation's favourite new obsession.

Over the course of the past year, there has been a 34 per cent increase in butt-enlargement enquiries in the UK, according to WhatClinic.com. That's some serious cushion for the pushin'. Not only are bigger bums more popular, enquiries for butt-reduction procedures have actually fallen by 42 per cent. Evidently our goalposts are changing; while it used to be the Barbie model that

we emulated – ie stick thin, with cripplingly enormous boobs – it's a curvier figure that is now the new blueprint.

In cultures outside of the UK, for example Miami, Venezuela and the West Indies, women have always regarded a big behind as the ultimate body shape. In Brazil, where surgery is actually tax deductible, 2 million ops were carried out in 2014 – 50,000 of them buttock related. 'For years, women have wanted me to give them smaller butts, but now it's all changing and I think celebrities are the ones influencing the public,' explains Dr Leslie Stevens of the Lasky Clinic, Beverly Hills. Strictly speaking, wanting extra junk in the trunk is nothing new, but it's the Kardashian movement that has skyrocketed this trend into the aesthetic stratosphere.

Just five minutes on social media will tell you why. Instagram is full of celebrities famous for their extreme bum-to-body ratio: Amber Rose, Coco Austin, Jen Selter, Heidi Montag to name but a

few. Their mammoth matriarch, Kim Kardashian, who has 50.3 million Instagram followers at the time of writing, will get hundreds of thousands of 'likes' each time she posts a belfie (that's bum selfie, by the way...) and any 'alterations' to her figure get serious exposure. According to a report by the American Academy of Facial Plastic and Reconstructive Surgery, consumers are obsessed with celebrity procedures more than ever before. The demographic of patient is changing, too. While clinics are used to seeing older patients demanding younger-looking bodies, there has been a shift toward twenty-somethings, the social-media generation, looking to morph into the silhouette of their favourite celebrity.

As a result, surgery, especially of the posterior variety, is becoming normalised. The gossip has moved on from, 'Has she had surgery?' to 'Who do you think her surgeon is?' and websites such as Realself.com have taken the United States by storm. Dubbed the Mumsnet for surgery, Realself is an online forum for cosmetic procedures, where surgeons are vying to answer your questions, jostling among themselves for new custom. You can research the best treatment for you and have a live chat with doctors, all from the comfort of your own sofa.

SO WHAT IS A BUTT LIFT AND WHAT DOES IT INVOLVE?

A Brazilian Butt Lift can take up to five hours and there is a menu of different procedures you can choose from. First, there is the implant, where two silicon or saline implants are inserted either under or over the muscle in the buttock. The life expectancy of a silicon implant is approximately ten years and a saline implant is expected to deflate by about one per cent each year.

'Implants don't last forever,' confirms top plastic surgeon at Absolute Aesthetics, Adam Blackburn. 'You are signing up for lifelong maintenance surgery, with costs at every intervention.' But implants are no longer the only way: 'I think there is

THE TOP TEN PROCEDURES IN THE UNITED KINGDOM

- 1 / Breast augmentation
- 2 / Blepharoplasty (eyelid)
- 3 / Face/neck lift
- 4 / Breast reduction
- 5 / Liposuction
- 6 / Rhinoplasty
- 7 / Fat transfer
- 8 / Abdominoplasty
- 9 / Brow lift
- 10 / Otoplasty (ear correction)

SOURCE: BAAPS (DURING 2014)

an obvious trend toward autologous fat transfer, so using your own tissues, rather than implants,' explains consultant plastic surgeon and BAAPS member Charles Durrant. 'This fat, normally from your stomach, is processed to purify it and then injected in small volumes into the area you want to augment – in this case the buttocks, but it could also be the breasts or face.'

The immediate benefits are obvious; in losing fat around your waist, you then increase your hourglass ratio. If that seems too good to be true, it's because it might be. Some surgeons question the shelf life of fat injections. 'It is uncertain how much your body will retain,' says Dr Stevens. 'Just like fillers in the face, you will see some loss over time. The fat is connected to a blood supply so if you put on weight, the fat will grow and if you lose weight, it will shrink. You can see very dramatic results.'

Many surgeons, like Mr Durrant, have their money on fat transfer being the future. 'As fat grafting has got better, there is always a way of retrieving fat from someone, even from skinny women,' he says. 'There are areas you might not have thought of – even fat from your back can be used. I think implants will become less and less common going forward, especially as they have quite a high complication profile.'

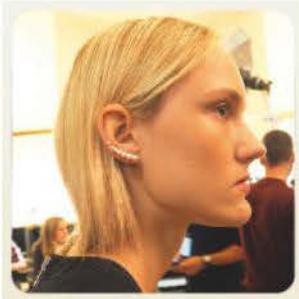
WOULD YOU RISK IT?

Are you sitting comfortably? Even if all goes well, you can expect some fairly serious downtime. Both implants and fat transfer mean you won't be sitting down or sleeping on your back for at least five days – that's definitely a whole week off work if you have a seated job, perhaps more. You'll also be significantly bruised. Anything that involves cutting through flesh is going to hurt – it feels like having torn muscles. ▶

HOW MUCH WOULD YOU SPEND?	
£3,617	for breast implants
£2,467	for fat transfer
£3,665	on average for butt-enhancing surgery
£5,330	for full abdominoplasty (tummy tuck)
£2,234	for blepharoplasty (eyelid reconstruction)
£3,478	for rhinoplasty (nose reshaping)
£3,358	for a neck lift

AVERAGE STARTING PRICE IN THE UK, WHATCLINIC.COM, JUNE 2015

reader OFFER



InStyle



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(TICK AS APPROPRIATE)

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HOW TO CLAIM Find your nearest salon by logging on to Hairgroup.co.uk. Then complete the coupon, *left*, and post it to The Hair Group/InStyle offer, Unit F, Penfold Estate, Imperial Way, Watford, Herts WD24 4YY. Deadline for receipt of coupon is 31 March 2016. You will be contacted by The Hair Group or your allocated salon within 45 days of receipt of your completed coupon. We're sure you'll enjoy your Hair Group haircut and want to return to us time and again. If you have any queries regarding this promotion, please call The Hair Group on 01923 234 556 (option 1).

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•Offer includes a free cut and finish (blow-dry) only. Any additional services will be charged at normal rate by the salon. •Value is approximate, depending on geographical location and level of stylist. •The salon has the right to choose the level of stylist who will carry out the service as well as the day of the week that the reader can take up the offer. Salons only take local clients. •No more than one Hair Group voucher per person can be redeemed in a 12 month period. Appointments during busy periods (eg Christmas) may be subject to additional restrictions and therefore lead to increased waiting times. •Entrants must be over 18 years of age and UK residents. •There is no cash alternative. Once allocated to a salon the voucher is valid for three months. Contact can be made via phone, email or written invitation. •All entries must be on original coupon vouchers. No photocopies accepted. Incorrectly completed, photocopied, damaged or defaced coupon vouchers will not be accepted. Entrants will be contacted within 45 days of receipt. Proof of posting will not be accepted as proof of receipt. •All Hair Group salons trade under their own names and are independent companies. Salons only accept local clients. Some salons do not offer Afro services. Although we have a large number of salon members throughout the UK we are unable to guarantee availability for each region. However, consumer details will be kept on record and you will be contacted when a salon is recruited to The Hair Group within the promotional period. Please note, not all salon areas listed take part in the full "free haircut offer". •The Hair Group and its promotional partners are not responsible for any services provided in its members' salons. •The offer is subject to availability and the promoter reserves the right to substitute this offer for an alternative of equal or greater value. Not all salons participate with free haircut offers. •No in-salon purchase is necessary. •The offer may not be exchanged or transferred. •Some salons may require a fully refundable booking deposit. •Each salon has confirmed its willingness to participate in this promotion. The Hair Group cannot be held responsible should any salon choose to decline or accept vouchers for reasons of its own. •The Hair Group cannot be held responsible for any personal loss or injury at participating venues, as far as permitted by law.

WHAT IF IT GOES WRONG?

'I defy you to find the word "botched" used in any other situation in the English language other than surgery,' jokes Mr Durrant. Bums are no exception to the rule. This year, Andressa Urach, ranked second in Brazil's infamous Miss Bum Bum pageant, tweeted distressing images of herself from her hospital bed after her implants became gruesomely infected and started to rot her leg muscles. In June, American Kelly Mayhew died for her bigger behind after a dodgy backstreet op.

SO YOU WANT A BUTT LIFT?

Book in for a consultation with at least three surgeons. 'Be very wary if you are met by a salesperson or nurse, rather than the surgeon,' warns Mr Durrant, who also recommends a cool-down period of at least two weeks. In that time, check up on your surgeon's qualifications – they should have taken the FRCS (Plast) exit exam, and ideally be a member of an organisation such as BAAPS. Also try to speak to someone who has actually had the op. They can tell you the things that Google won't.

Photoshopping apps allow us to meddle with our figures before we even set foot on Harley street. 'Generally, that's not helpful,' says Julian De Silva, a London-based cosmetic surgeon. 'You could spend hours making a photograph look perfect, but the reality is, it may not be possible to achieve that with surgery. Programmes such as *10 Years Younger* make it look so easy, don't they? The biggest misconception is people think there is no downtime and that there are no risks.' □

'Even if all goes well, you won't be sitting down or sleeping on your back for at least five days'

THE NEXT BIG THINGS...

The Wide-Awake Boob Job

It sounds like something from a horror movie, but boob implants under local anaesthetic (rather than general) is now a very real thing. It's only available for women with small breasts looking for a little boost – nerves of steel are also required.

The Inside-Out Eye

New techniques mean that under-eye bag surgery can now be done inside the eyelid so that, after just a week, you won't see any scarring. An incision is made, some soft tissue is removed from under the skin, the muscle is tightened. Neat.



The New Face Lift

The latest thread lift has been developed by Dr Terry Loong and uses ultra-fine filament, fed into minute punctures in your temple and down your face. It's then tightened to create a face-lift effect. Plasma from your own blood is supplied to the area to help reduce swelling.

The Double Chin Jab

Kybella, a fat-dissolving injectable, is causing a stir in the States as it just received FDA approval. It isn't as effective as liposuction and requires multiple treatments, but it has chins wagging that's for sure.

The Nasal Filler

Dermal fillers can now be used to straighten out bumps and lumps without the need to go under the knife. But before you book in, be warned: 'Only a small proportion of people are suitable for non-surgical rhinoplasty because, ultimately, it makes your nose bigger, and not many people want or need that,' explains Harley Street's Mr De Silva.



ALWAYS IN STYLE. FROM ELNETT WITH LOVE THIS CHRISTMAS.

BECAUSE YOU'RE WORTH IT.

BRITAIN'S
Nº1
HAIRSPRAY



Gold Always

— Julianne Moore

Elnett *Satin*

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- MICRO-DIFFUSION.
- DISAPPEARS AT THE STROKE OF A BRUSH.

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*Nielsen full year 2014 value sales

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USED BY THE FINEST STYLISTS.

beauty

The fine art of nail illustration; how Ellie Goulding gets ready to party; plus clever tips and tricks for looking great the morning after (hangover? what hangover?)

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THE LIGHT SIDE

Luminous skin and striking
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Jedi look inspired by
Star Wars: The Force Awakens.



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Fierce eyes and intense lips
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Dark Apprentice look inspired by
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OUT OF THIS WORLD

We're taking our beauty routine interstellar...



1 With the new *Star Wars* hitting cinemas this month, and Max Factor's intergalactic make-up collab arriving in stores, we've got sci-fi fever. Our fave product? The C-3PO style gold lipstick, obvs. Limited Edition Colour Elixir Lipstick in Gold, £7.99, Max Factor (boots.com)



Get your ethereal glow on with Illamasqua's Radiance Veil (£32, illamasqua.com). Part primer, part illuminator, wear under foundation for supernatural skin. Want more sparkle? MAC Studio Eye Gloss In Pearl Varnish (£16, maccosmetics.co.uk) takes strobing to the extreme.

3



WORDS BY GEORGE DRIVER PHOTOGRAPHS BY JASON LLOYD-EVANS, ALAMY, STYLING: LILLY LIVES BY PIXELEYE

According to astronaut Gene Cernan, moondust smells like 'spent gunpowder'. Thankfully boutique US perfumers MiN New York didn't take this too literally with their Moon Dust scent (£200, selfridges.com). Full of intoxicating black musk and tobacco notes, if we ever visit the moon we sure hope it smells like this.



BEAUTY CUPBOARD CONFIDENTIAL

WHAT'S LANDED THIS MONTH

EDUN



NOTES FROM THE BEAUTY DESK

£6 TRICK

Wave goodbye to awkward airport security rules with Lush's portable Honey I Washed My Hair solid shampoo (£5.75, lush.co.uk). Rub it straight onto wet hair for locks that smell good enough to eat.



LOVE Using ultra-nourishing oil everywhere – hair, skin and cuticles?

TRY Eight Hour Cream All-Over Miracle Oil, £29, Elizabeth Arden (elizabetharden.co.uk)



WANT Full-on festive glitter nails?

TRY Snow Globe Nail Varnish, £15, Nails Inc (nailsinc.com)



#BEAUTY HACK

Nail the perfect cat eye by using your trusty credit card as a guide. Just hold it at a 45° angle against the outer corner of your eye for flicks worthy of Audrey Hepburn.

TRY Master Ink Satin Eyeliner, £4.99, Maybelline (boots.com)

GOOD ENOUGH TO EAT

Exfoliators that taste almost as good as they make your skin feel? We're in...

COFFEE

We'll have the roasted robusta to go... in the shower?! Yup, Frank's Original Coffee Body Scrub (£11.95, frankbody.com) uses coffee grounds to polish dry skin.

SUGAR

As hard as the jam donut challenge, Clinique's edible Sweet Pop Sugar Scrub & Lip Balm (£15, debenhams.com) buffs for a perfectly soft pout if you can resist licking your lips.



WHITE TRUFFLE

Molton Brown's Alba White Truffle Hand Exfoliator (£14, moltonbrown.co.uk) uses the rare ingredient to soften skin. A snip at £14 versus £7,000 a kilo. We're in.



NEED A super-smouldering musky scent to wear on a hot date?

TRY Black Orchid EDT, £64 for 50ml, Tom Ford (0870 034 2566)



Colour
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you are.

We only make colour
so real and natural
looking, it doesn't look
like hair colour at all.
It just looks like you.
No wonder it's
the **UK's #1***

56 authentic shades

Up to 100% grey coverage



**nicen
easy**
CLAIROL

Sarah's colour is #5 Natural Medium Brown.

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*based on IRI volume sales August 2014 to August 2015

#LUSTLIST

EDITORS' PICKS

The InStyle team's must-have products of the month

Blending the colours together gives me the ultimate evening eye. Maxine Eggenberger, digital fashion and beauty writer

Sequin Eye Shadow in Comet, £25, Bobbi Brown (bobbibrown.co.uk)

This smells like a spa, and it's surprisingly perfect for my oily skin. Love. Niki Browes, associate editor

Neroli And Myrrh Facial Oil, £65, Votary (votary.co.uk)

I'm terrible at applying nail varnish, but two strokes of this plum shade and I've got a perfectly glossy mani. Lauren Midwinter, video producer

Nail Polish in 991 Mystere, £20.50, Dior (dior.com)

Shake, sweep, sleep is the name of the game with this skin-brightening essence. Cassie Steer, beauty director

Orchidée Impériale The Night Revitalizing Essence, £145, Guerlain (johnlewis.com)

Apply before foundation and kiss redness goodbye with this cucumber-infused colour corrector. George Driver, beauty assistant

Flawless Colour Correcting Primer, £5.99, Barry M (boots.com)

After a long run home, I clean away city smog with this cleanser. Katie Service, acting beauty editor

Mega-Mushroom Skin Relief Micellar Cleanser, £27.50, Dr Andrew Weil for Origins (selfridges.com)

Not as space age as it looks, this makes blending my foundation super smooth. Chloe Mac Donnell, editorial assistant

Oval 6 Brush, £40, Artis (net-a-porter.com)

'Packed with grape seed, soybean and avocado oil, it makes my skin so soft.' Emily Dean, deputy editor

Resilience Lift Firming/Sculpting Oil-In-Creme Infusion, £69, Estée Lauder (esteelauder.co.uk)

'This super-pigmented gloss is a/w clutch bag essential, and it even smells like sweets!' Isabella Silvers, features intern

Ecstasy Lacquer in 600, £27, Giorgio Armani (armanibeauty.co.uk)

'This fresh, minty soap is perfect for a big herbal tea fan like me.' Phoebe Sing, senior designer

Moroccan Tea Classic Soap, £4, & Other Stories (stories.com)

NAIL AN ARTFUL MANI WITH OUR EASY-PEASY HOW-TO VIDEO

InStyle.co.uk



INTERVIEW BY
KATIE SERVICE



SO, ARE YOU AS KICKASS IN REAL LIFE AS WE'VE SEEN YOU IN *THE FAST AND THE FURIOUS*?

'It's definitely a very dominant side of my character. Obviously, I can be soft and delicate, and can cry, but being tough is a big part of who I am. Growing up in Israel, I was a tomboy and was always annoyed to see women portrayed as the weaker link – the supporting role – on TV and in films. Women are often shown as heartbroken, but we have strength. When Zack Snyder called to tell me I was going to play Wonder Woman, I was ecstatic. In my wildest dreams I never thought I'd land this – it's such a big responsibility.'

WHAT DOES THE WONDER WOMAN WORKOUT ENTAIL?

'The training was very intense – a whole different level to what I'm used to. I got to do my own stunts and ride a motorbike, and it was actually the first time I'd ever been on a horse! I learnt to do things

that I would never have otherwise experienced without taking on that role.'

WHAT DOES SUPERHERO HAIR AND MAKE-UP LOOK LIKE?

'I had to have a lot of extra hair put in for filming *Wonder Woman*, but she's an Amazon and they obviously don't wear heavy make-up. Less is more for me, too. If it's my day off and I have no meetings, I won't wear any make-up at all. If I do wear some, it literally takes me four minutes to put on. I mix my moisturiser with foundation – apply mascara, some blush and some contour, that's it. I look forward to taking it off at the end of the day. When they say, "OK, that's a wrap", I'm so happy to wash it all off.'

SO, YOU LIKE TO LEAVE YOUR CHARACTER BEHIND IN THE STUDIO?

'I have to feel like myself when I'm not being "the actress", so I also wear the same fragrance all the time. If it's good, I stick to it. I don't chop and

change. First impressions are important to me, and when I walk into a room, my scent goes ahead of me – it's my first impression.'

DOES THAT MEAN BOTOX IS A NO-NO?

'I'm not into injections like other actresses, no. I am concerned about my skin, though, and I need to keep it in good condition. I'm up for trying things like facial acupuncture, and I do enjoy regular facials. They're necessary because I train and sweat a lot, plus, I wear a lot of make-up for hours when I'm working.'

ARE YOU PREPARED FOR ALL THE EXTRA ATTENTION YOU'LL BE GETTING NOW?

'I think the path I took was healthy – I got my exposure slowly. I won the Miss Israel pageant 11 years ago at the age of 18, so I got used to the paparazzi back at home first and then in Los Angeles. It's not convenient, but it's part of what I do. I can't be an actress and expect to be left alone.'

★ Hollywood's hottest new star on badass stunts and winning Miss Israel ★

BEAUTY TALK

Gal Gadot



2013

'This MAC lipstick in Diva is my favourite. I went old-Hollywood with my hair for this evening, with heavy lips and light eyes.'



2013

'I had my hair up because I really liked the silhouette of the top and skirt I was wearing. I should really do a braid more often, it's so practical.'



2013

'A very dramatic smoky eye for this look. I loved the dress I was wearing from Castro, an Israeli designer, but I don't think my hair was so good here – I should have worn it down because the dress was open.'



2015

'This was at Comic-Con. I have my hair up again because I feel more comfortable like that. I like to wear a coloured lip, but don't like long-wear lipsticks. I find them drying – so that means lots of touch-ups.'

FRAGRANCE

Bamboo EDP, £80, Gucci (debenhams.com)



'This makes my legs feel as smooth as marble'



MASCARA
Bold Lacquer by Grow Luscious Mascara, £9.99, Revlon (boots.com)



MOISTURISER
Moisturising Cream, £60, Crème de la Mer (cremedelamer.co.uk)

GAL'S MUST-HAVES**SCENT WITH LOVE**

'I bought all the women that I love the Gucci Bamboo scent when it launched, and I will get them more for Christmas – it's the best and easiest gift.'

**POWER POUT**

'I adore the deep burgundy of MAC's lipstick in Diva for night time. Burgundy feels more sophisticated than a red lip, while still looking gorgeous.'

**ON THE LASH**

'I find that the good mascaras aren't always the expensive ones. Revlon's Bold Lacquer is really good.'

**SOFTLY DOES IT**

'Jo Malone's Body Crème is so light, it makes my legs as smooth as marble – incredible!'

**SKIN SAVIOURS**

'I use Crème de la Mer morning and evening. My skin drinks it in. I also use the La Mer Cleansing Oil to take off my make-up in the evenings.'

**LIPSTICK**

Lipstick in Diva, £15.50, MAC (debenhams.com)



PHOTOGRAPHS BY LUKE & NIK

DIGITAL ART

We collaborated with artist and illustrator **Sister Arrow** (famed for designing Florence Welch's album cover) to bring fine art to your fingertips



THE MECHANICS OF BOTANICS

Artist's notes: 'A lot of my work is inspired by natural history and botanic illustration. This pattern is taken from a variegated, two-tone leaf.' For this tropical leaf, Instagram wunderkind and manicurist for Dior Sophie Harris-Greenslade (@theillustratednail) started with a simple base of bright green polish. 'If you paint in thin layers, by the time you've done all five fingers, the polish will be dry enough to start on the motif.' Next, pick up a fine detail brush, which gives you more control than a nail-art pen, and paint on the accents in a lighter green. You always need a good top coat; it melds the design and 'brings it to life'.

Shirt, £275, Palmer/Harding (matchesfashion.com); ring, £45, Jane Koenig (janekoenig.co.uk)

BY KATIE SERVICE



Artist's notes: 'The circles come from quantum physics. In scientific diagrams, colours are used like information and they are always quite fake-looking.'

Harris-Greenslade actually painted these concentric circles freehand with a fine detail brush. Don't be put off if you lack a steady hand. 'Use stencils for accuracy,' she suggests. 'Or, start the circles with a dot in the middle as a guide and work outwards.' Another tip for the less ambidextrous is to paint your design onto natural-shaped false tips Blu-Tacked to a work surface first.

Jacket, £275, Marques'Almeida (matchesfashion.com)



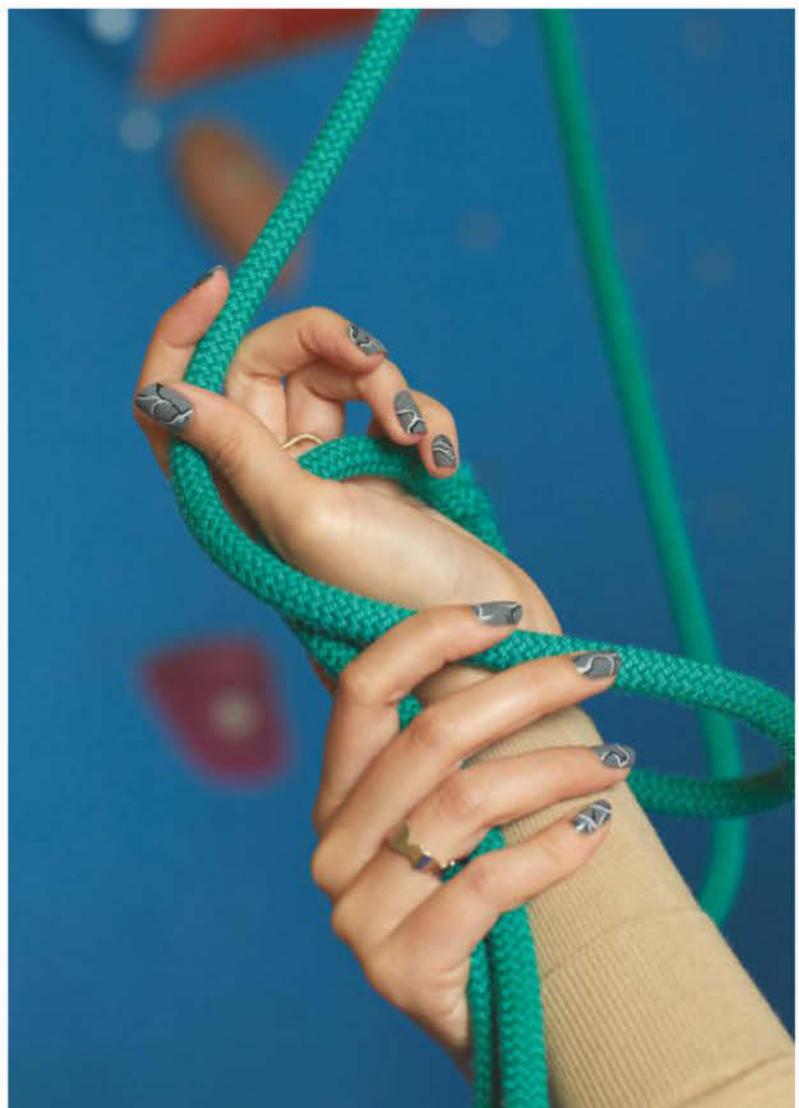
BERRY BOMBING

Artist's notes: 'I wanted to choose an element of nature that is still bold in the winter, and the red berry always stands out.' 'It's no longer about just filling the nail with as much polish as possible,' explains Harris-Greenslade, who used a striping brush to paint on these graphic red orbs at the tips of the nails. Start your circle at the top of the nail, then apply polish to about a third of the way down.

Coat, £925, Margaret Howell (margarethowell.co.uk); sweater, £39.95, Gap (gap.co.uk); angular ring, £98, Charlotte Valkeniers (charlottevalkeniers.com); bar ring, £115, Kirstie Maclarens (kirstiemaclarens.com); flat ring, *underneath*, £76, Maya Magal (mayamagal.co.uk)



MISS MARBLE



Artist's notes: 'I was inspired by Victorian snuff bottles made from stones such as agate and jade. I like the idea of putting something that was held in the palm onto a nail.' Marble, rock formations, crystals and precious stones are something of an obsession for nail artists. 'The textures work amazingly on the nail and the process is less complicated than it looks,' assures Harris-Greenslade. Keep the nail simple with two coats of grey or black polish, then add the details using white, black and jewel-toned nail pens. A pale off-white will look more realistic and less cartoony.

Jacket, £324, Peter Jensen (peterjensen.co.uk); sweater, £350, JW Anderson (brownsfashion.com); diamond ring, just seen, £2,080, Sophie Bille Brahe (net-a-porter.com); silver ring, £100, Leivankash (leivankash.com)

THE KIT

Clockwise from top, Nail Art Set, £10, Butter London (butterlondon.co.uk); Gelly Hi-Shine Plumpy Topcoat, £3.99, Barry M (barrym.com); Dior Vernis in Trianon, £19, Dior (dior.com); Metallic Nails in Crystal Clouds, Topshop, £5 (topshop.com); Dior Vernis in Nuit, £19, Dior (dior.com); Medium Bent Nail Brush, £12.50 (part of the Nail Art Brush Kit), Kiko Milano (kikocosmetics.com); Dior Vernis in Junon, £19, Dior (dior.com); or Black Nail Art Pen, £7, WAH London (boots.com); Totally Bare Oval Nails, £4.69, Elegant Touch (boots.com)



NAIL ART: A POTTED HISTORY

So, why is it that we are all obsessed with our nails? It's hard to imagine a woman's desktop in London that doesn't have the customary smudged drip of nail polish that won't scrub off. The explosion of nails as a beauty category really took off around eight years ago. At a time when credit was being crunched, a bottle of nail varnish was an instant, affordable access point to a designer lifestyle. Can't buy a dress? Who cares, have the nail varnish!

ROCK SOLID

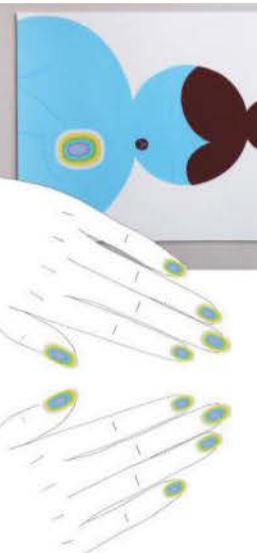
As the category expanded, brands like WAH and Minx started to embrace the creative side, and the nail-art kits – which had previously been reserved for nail artists painting at hip-hop nights in east London – became something that the woman on the street could get her hands on. Add the new digital arena into the mix and it didn't take long for #nailart to become an international, Instagrammable obsession.

Increasingly, the art world is taking an interest in nails as a medium, with

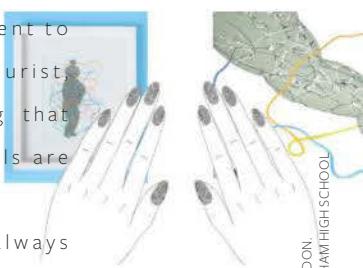
talent like Camille Walala, Eli Neugeboren and She & Him turning their hands to a smaller, nail-shaped canvas. East London has even been home to its very own nail exhibition 'Nailphilia'.

'Illustration is seen as something that is quite superficial, when really it's the opposite,' says Sister Arrow, the artist who helped us with designs for this month's shoot. 'Plenty of young illustrators are trying to break boundaries between disciplines, especially with nail art and tattoo art, and vice versa.' Coincidentally, Sister Arrow, real name George Mellor, went to the same art school as our manicurist, Sophie Harris-Greenslade, proving that the parameters between art and nails are more fluid than ever.

The point is that nails have always been a space (albeit small) in which every woman can express herself as an individual; she can be an artist or she can be conservative. 'I loved the idea of taking my artwork, and placing it on something small and shiny,' explains Sister Arrow. 'It was different from anything I'd done before, but I am delighted with the results and encourage other illustrators I see to break boundaries, too.'



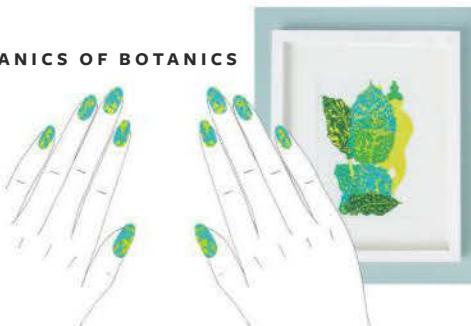
QUANTUM DOTS



MISS MARBLE



THE MECHANICS OF BOTANICS



Beanie-Free Winters are Aussome

Take that, sub-zero temperatures.

In your face, frizz.

Get your mitts on

Aussie's Winter Miracle range,

with Australian Ginseng

and Pearl Powder extract.

For a beanie-beating barnet

that shines like freshly fallen snow.

#FindYourAussome



There's more to life than hair but it's a good place to start

ARE YOU

Party-Ready?

BY ELLIE GOULDING

Impressive vocal range aside (light lyric soprano, FYI), this is one girl who knows how to get her eyeliner game on. Ms Goulding shares her tips for the ultimate party prep

INTERVIEW BY CASSIE STEER

Ellie Goulding has enjoyed her fair share of parties. If she's not DJ'ing at Prince Harry's 30th, she's popping up at VB's Fashion Week do, or making a big entrance at every Brits after-bash going. And who can forget that wedding reception where she performed *Your Song* for the newlyweds' first dance (the couple in question being Wills and Kate).

We caught up with Ellie on the campaign shoot for her first make-up collection with MAC (this girl certainly knows her beauty) to find out the secrets behind her awesome look.

'Eyeliner is my party speciality. When I was a teenager, I'd say that my style was quite gothic – I had black hair, my lip pierced and spent every day perfecting my eyeliner. I was known as the girl with the big eyeliner flicks. My family are all really good with their make-up too. My nana is super-glamorous and my sister

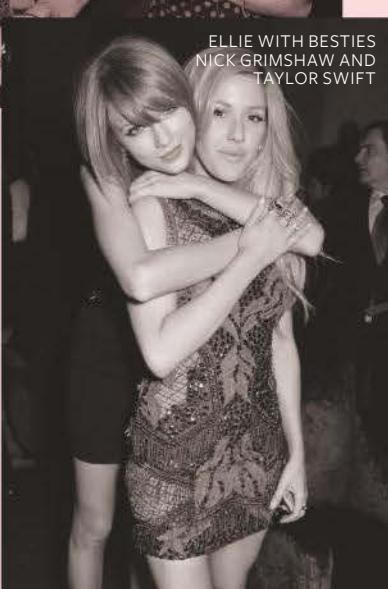
Jordan is very into her beauty, she's even had eyebrow tattoos and stuff. I think we've all kind of taken it on. Don't get me wrong though, I love not wearing any make up too!'

'Beat post-party dark circles with a drink. Green tea, that is. I drink loads of it and staying super-hydrated is the key to looking fresh the next day. But the best thing I've done for my face is to give up meat and fish – I've really noticed it in my skin, my eyes and my body, it's amazing. I think people just work really well not eating meat or at least cutting down on it, even if it's not for any moral reason.'

'I can't compete with Katy Perry's make-up. It's insane. Whenever we see each other, she instantly goes: "Where are your lashes from, who did your make-up?" She wants to know everything. I'm not nearly as dedicated as her, she's immaculate.'



ELLIE WITH BESTIES
NICK GRIMSHAW AND
TAYLOR SWIFT



EYE PENCIL

Couture Kajal Eye Pencil, £25, Yves Saint Laurent (yslbeauty.co.uk)

EYESHADOW

Matte Eye Colour, £7, & Other Stories (stories.com)

EYE PALETTE

Halcyon Nights Palette, £39.50, MAC x Ellie Goulding (maccosmetics.co.uk)

LIPSTICK
Lasting Finish by Kate Nude Collection (45), £5.49, Rimmel London (boots.com)

LIP PENCIL
Patent Polish Lip Pencil in Innocent, £19, MAC x Ellie Goulding (maccosmetics.co.uk)

POWDER
Diorskin Forever Loose Powder, £34, Dior (dior.com)

NAIL VARNISH
Le Vernis Nail Colour in Rose Fusion, £18, Chanel (chanel.com)

MASCARA
High Performance Mascara, £15, Diego Dalla Palma (marksandspencer.com)

'HAVING MY OWN MAKE-UP RANGE IS SURREAL. I CAN'T WAIT TO WEAR IT ON A NIGHT OUT'

I've had my share of party make-up disasters. The most recent was at the film festival in Toronto. As I was sitting there with Cara (Delevingne) drunkenly talking to famous actors and lawyers and the like, I suddenly got paranoid that my make-up had come off and that I was looking really pale (I'm obsessed with being too pale). So I got out my MAC lipstick and did my usual trick of applying a couple of dabs to my cheeks, which would have been great, had I remembered to rub it in! I was completely oblivious to why people were laughing at me. It wasn't until I got to my hotel and drunkenly looked in the mirror that I realised I looked like a clown.

I like to spend time getting ready. My best friend is an expert at doing her lashes in the back of the car, usually whilst on the phone, but I find the whole ritual of putting my make-up on quite therapeutic. My flat's pretty dark and little, so I tend to do my make-up in the bathroom – if I switch all the lights on I can just about see what I'm doing. On the rare occasions I get to go on a girls' night out, I'll get a few of my friends to come over and we'll listen to cheesy club music and drink champagne even if we never actually end up going to a club.

'Smoky eyes are hard! I love to put loads of lashes on, but I'm terrible at doing my eyeshadow, I can never figure it out. One of my eyes kind of droops slightly, so when I go

to do a smoky eye it always f***s up. I do love lip liner too. Not a lot of people wear it, but I pile it on. I've got quite big lips with a big philtrum – they're just quite pale.'

'Nothing beats having a professional artist do your make-up. I'm pretty good at doing my own though, but whenever I get papped and it's me that's done it, I always think "urgh". I have my own awesome make-up artist and friend, Lucy, who comes on tour with me and has known my face since I did my very first video over five years ago, so she knows what to do to make it look the best it can.'

'Use your fingers. It's the best tip I've picked up from Lucy. There are so many different brushes and God-knows what else out there, but your hands are your best tools especially for applying foundation and covering dark, tired eyes, which is something we all suffer from over the party season.'

'Having my own make-up range is surreal. Seeing the first bits come through with my logo on was so cool – I can't wait to wear them on a night out. Starring in the campaign was a bit weird as it's not what I'm used to, but I feel like I'm finally at that point where I've accepted the way I look. There's a magic that comes with liking yourself and not trying to be something you're not.'

'My must-have party product? Powder. I love MAC's Mineralize powder (MAC Mineralize Skinfinish Natural, £24); I've got really glowy skin and it's great for blotting your T-zone when you're out as well as giving great coverage.'

MAC x Ellie Goulding Collection is available from 26 December at maccosmetics.co.uk



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Q&A

#ASK GEORGE



He's Alexa and Rosie H-W's go-to hair guru and our resident beauty columnist: **George Northwood** is here to solve all your grooming dilemmas

COMPILED BY GEORGE DRIVER. PHOTOS BY REX FEATURES, GETTY IMAGES, INSTAGRAM/GEORGENORTHWOOD, TWITTER@-JULIANNEMOORE, STILL LIVES BY PIXLEYEYES

Q Red hair is everywhere right now and I want in. What colour should I ask for so I look more Titian chic than Santa-suit scarlet?

SARAH, GLASGOW

A The first thing you need to do is experiment with a wash-in, wash-out colour. When it washes out to the shade where you think, 'Oh my god, this is it,' take a selfie and show it to your colourist. Avoid pillar-box red by asking for copper instead; you want to channel Julianne Moore or Sienna's locks, not Ronald McDonald. The next thing to consider is your skin tone. If you've got a pinky complexion, avoid dark reds and go peachy instead, or if you're fair, embrace the red, as it really works for that classic English rose look. What people don't realise is red fades quickly, but that last ten percent of wishy-washy colour stays put. Use Pureology's Reviving Red Shampoo to boost the pigment between colours.

Julianne's coppery tone is red hot right now

Pureology Reviving Red Shampoo, £15.35 (pureology.co.uk)



Hairspiration from Sienna Miller

INSTYLE LOVES
Fudge Treatment Colour Cocktails Copper Colour Conditioning Shot, £24.95 (020 7845 6333)



Q I'm hosting my first Christmas and I've got way too much to do. How can I style my hair in the morning to keep it perfect until the turkey sandwich supper?

VICKY, LEEDS

A It's so easy to get hot and bothered when you're cooking on Christmas day, so avoid more stress with an updo. Even if you're still in an apron when your guests arrive, you'll look chic. Wash your hair the night before, so you don't have to worry about it in the morning. To make an updo look modern, keep it super-tight at the sides with a bit of height on top. Backcomb the top, then divide the lengths into three little buns at the back, then push them together and pin in place. Think Daisy Lowe, above, domestic goddess. It'll last all day long, and the best bit? You won't have to worry about guests finding a hair in their turkey sandwich.



Top of the crops: Halle Berry

Try a 'long-short cut' like Scarlett



TWEET YOUR HAIR QUESTIONS TO @INSTYLE_UK WITH #ASKGEORGE

in partnership with BOOTS

YOUR NEW YEAR BEAUTY KIT

Skin partied out? Trade in bad beauty habits and get gorgeous in 2016 with these easy-to-follow New Year beauty resolutions. Green juice optional

You don't have to live off green goo and morph into a yogi to look and feel better. Just give your beauty regime an overhaul with realistic goals to get you glowing in the year ahead, with a little help from Boots. Here are five (achievable) beauty commandments that even the most avid routine-shirker can follow – no excuses.



ADD A NEW CLEANSER

Clean skin is the cornerstone of a good complexion, so build a double cleanse or exfoliation step into your regime. Start with an oil cleanser to remove make-up and grime, and follow with a facial wash or exfoliator to remove dead skin and debris.

Facial Powdered Exfoliator, £18.99, Indeed Labs (only at Boots) Collect 75 Boots Advantage Card points



BOOST HAIR HEALTH

Love swishy hair and bouncy curls? Ditching the tongs or irons and going heat-free at least once a week will make a huge difference to the health of your hair. And keep it in tip-top condition with a nourishing mask. Your hair will thank you.

Moisture & Nourish Mask for Dry/Damaged Hair, £3.50, Boots Beautiful Hair (only at Boots) Collect 14 Boots Advantage Card points



UP YOUR SUPPLEMENTS

Perk up a post-party complexion with a dedicated skin supplement. Imedeen's Hair & Nails has a potent blend of B-vitamins to help maintain skin, plus zinc to support nails and hair. If it's good enough for Christie Turlington...

Hair & Nails tablets, £25.99, Imedeen (boots.com) Collect 103 Boots Advantage Card points



SPF EVERY DAY

Yes, we all know we should be using daily sun protection but how many of us do? Turn over a new (beauty) leaf by choosing an SPF-incorporated moisturiser. Eisenberg's Crème Hydratation IP 15 boosts hydration and protects against UV rays. Simples.

Crème Hydratation IP 15, £90, Eisenberg (only at Boots) Collect 360 Boots Advantage Card points



LOVE YOUR NAILS

Hand cream is all very well and good but cuticles need some extra TLC, too. We recommend you keep a targeted oil treatment on your desk, or in the car, for top-ups throughout the day.

Harmonious Hands Restoring Cuticle Oil, £8, Champneys (only at Boots) Collect 32 Boots Advantage Card points



DISCOVER ALL YOUR NEW-SEASON BEAUTY UPDATES AT BOOTS STORES

Head to your nearest Boots store for the new season's hottest must-haves. All products featured can be found at Boots.com/instyle subject to availability. **Order at Boots.com or in store today by 8pm and collect free in store from 12pm tomorrow.** Geographical exclusions apply. Monday to Saturday. See Boots.com/ordertodaycollecttomorrow. Normal Advantage card terms and conditions apply. See Boots.com for details





BEAUTY ICON

Octopussy

Bond girls, like *Spectre*'s Léa Seydoux, may have lost the retro double-entendre names and penchant for unusual pets, but one thing they all have in common is looking smoking hot. Octopussy, aka Swedish actress and former model Maud Adams, certainly fits the bill of an 007 femme fatale in the 1983 Bond movie of the same name. As head of the Octopus cult – a bevy of scantily-clad, jewel-stealing beauties – we can't help but be captivated by that perfect blow-out and impeccable make-up. 'Octopussy simply glowed with super-healthy make-up,' says make-up maestro Sonia Deveney. 'For the most part she sported a luxurious palette of creams, taupes and coffee browns with a hint of peach, which resulted in an expensive-looking sunkissed glow. It's a relatively natural look that focuses on a defined lash line emphasised by lots of mascara – something that wouldn't go amiss on the catwalks of Chloé and Isabel Marant today. For everyday, tone down the blusher and skip the shadow but keep the creamy nude lips and flawless complexion.' Octopus tattoo optional.

NEW

Multitasking Beauty



Muscle recovery*



Younger-looking skin*



Healthy hair*

8

Reduced fatigue*



MY FITNESS RULES

Charli XCX

On drinking 'pond water' juice and working out in platforms

'BEING ON TOUR IS A MAJOR WORKOUT.'

My show is pretty high-octane so it's a good excuse to stay fit. I'm not a pro at exercising but I've started doing the Insanity Workout when I'm on tour. I'm on the road with a band called Bleachers, so it ends up being a weird musicians' fitness club. Insanity is really leg-focused, which I need as I have to perform in high heels, but it's a new level of pain.'

'I WAS ON A WRITING TRIP IN SWEDEN

recently and everyone in the studio started working out, but I only had my platform trainers with me, so I had to do it wearing them – it was like something from *Romy And Michele's High School Reunion*. It was actually quite good ankle support! Usually I just wear an Adidas crop top and a skort. It's such a classic look that I wear it on stage as well.'

'I BOOKED A KICKBOXING CLASS IN PORTLAND IN THE US but I missed it because we had a show. I think it looks really cool when a girl



TOP
£25, Adidas
(net-a-porter.com)



SKORT
£145, L'Etoile Sport,
(net-a-porter.com)

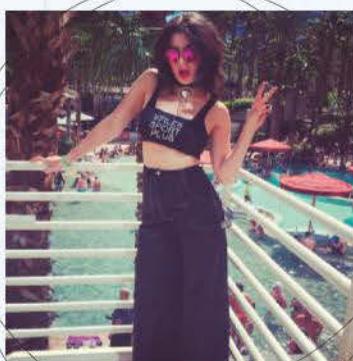
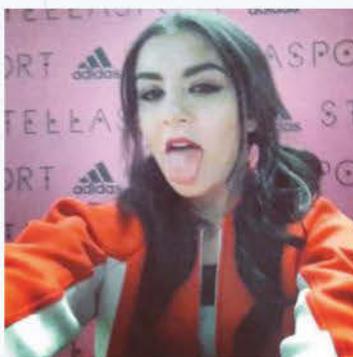
can throw a badass punch. That's kind of sexy. I love the parts of Insanity where you have to do uppercuts to music, it's like punching-dancing.'

'UNLESS IT'S FROM THE NIGHT BEFORE, I NEVER WEAR MAKE-UP TO EXERCISE.'

Along shower and some of my Impulse body spray afterwards is perfect for freshening up'

'WE HAVE A JUICER ON TOUR, WHICH I LOVE.' I like the hardcore ones with celery, kale, cucumber and broccoli – the more it looks like pond water, the better. Although I don't think I could do a juice detox. I'm anaemic and need to take echinacea, red iron and vitamin C supplements, so just a juice and a handful of almonds isn't for me.'

'I DID A DANCE ROUTINE FOR THE FIRST TIME EVER WHEN I WAS PROMOTING FANCY WITH Iggy AZALEA.' I learnt all the moves about half an hour before we performed it at the mtvU Woodie Awards and I was totally petrified. It didn't help that she forgot to tell me that we were going to be pelted with beach balls while we were doing the routine. We were getting hit in the face and the butt, it was quite stressful.'



SUPPLEMENT
Liquid Iron Supplement,
£10.49, Spatone
(boots.com)



BOXING GLOVES
Challenger 2.0 Boxing Gloves,
£44.99, Venum
(venumfight.com)



BODY SPRAY
Rock & Love Body
Fragrance £1.99, Impulse
Charli XCX (superdrug.com)



NEW

THE VELVET COLLECTION

Transform your look with the Velvet Collection. The foolproof smokey eye trio combines new Velvet Volume Mascara, Smokey Eye Drama Kit and Masterpiece Liquid Eyeliner.

The Velvet Collection, for a smouldering eye look.
#MAKEGLAMOURHAPPEN

Recreate Candice's transformation: Velvet Volume False Lash Effect Mascara, Smokey Eye Drama Kit in Luxe Lilacs, Masterpiece High Precision Liquid Eyeliner in Black.



MAX FACTOR X



THE MAKE-UP OF MAKE-UP ARTISTS

10 ways to DISGUISE A HANGOVER

One tequila, two tequila, three tequila, floor... from hiccup to beauty queen get-up the morning after the night before



THE GENTLE FACIAL

When you're feeling fragile, lymphatic drainage facial massage can feel too vigorous. Try switching the Foreo IRIS Illuminating Eye Massager (£99, foreo.com) to 'spa mode' for some delicate pulsing that'll soothe those swollen eye bags.



SEE OFF SHINE

Evidence suggests even light drinkers can suffer alcohol withdrawal symptoms like 'the sweats'. We know glowing skin is on-trend, but control that shine with Giorgio Armani Luminous Silk Compact (£20, selfridges.com). The dual-sided sponge can give a light dusting or heavy-duty cover.

BEAT THE BLOAT

'Although you're dehydrated, paradoxically your face can get puffy,' says consultant dermatologist Dr Nick Lowe. Why? 'Alcohol increases blood flow to the face, fluid escapes the vessels, and where skin is loose, such as around the eyes, it puffs up.' Look after those lids with firming Christian Dior Capture Totale Le Sérum Yeux (£77, selfridges.com).



SLICK TO SLEEK

Turn a greasy hair situation into great hair with the new Kérastase Chronologiste perfume oil (£39, kerastase.co.uk). At JW Anderson, stylist Anthony Turner applied oil to the front sections of hair, then pulled it back into a topknot for a sporty, lived-in look – no wash and blow-dry required. The perfume will disguise a multitude of last night's sins..





5

DRAW IT OUT

Make-up artist Florrie White has a speedy solution for red eyes: line the top water line with Clinique Skinny Stick in Lemon Slice (£15, clinique.co.uk). It works harder to neutralise redness than a cream pencil.

Clinique

SOOTHE WITH A SOAK

Everything aching? Good work, you must have been throwing some serious shapes on the dance floor. Try Lucy Annabella Organics Muscle Quench Organic Bath Milk (£43, lucyannabella.com): unlike an oil, which can sit on top of water, this will infuse the tub to ease your tired limbs.

6

HIDE YOUR TRUE COLOURS

Hot flush 101: this is where a CC cream comes into its own. Colour-correcting MAC Lightful C Tinted Cream (£25.50, maccosmetics.co.uk) also reduces hyperpigmentation and boosts radiance over time. More scarlet than rosy? Charlotte Tilbury Magic Foundation (£29.50, John Lewis) covers like emulsion paint, yet feels and looks light as a feather.



7

AND SO, TO BED

When hungover, you overproduce the stimulant glutamine - resulting in poor sleep. Spritz bedding with Neom Perfect Night's Sleep Pillow Mist (£20, neomorganics.com) to help you bag some zzzs.



8

SOOTHE WITH A SOAK

Everything aching? Good work, you must have been throwing some serious shapes on the dance floor. Try Lucy Annabella Organics Muscle Quench Organic Bath Milk (£43, lucyannabella.com): unlike an oil, which can sit on top of water, this will infuse the tub to ease your tired limbs.



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10

SSSH! STYLE ON THE QUIET

Your head is banging... the last thing you want to do is blow-dry your hair. Enter the BaByliss 3Q (£120, babyliss.co.uk), which has a redesigned air intake system for noise reduction and is 15 per cent lighter to boot.



11

TAKE PREVENTIVE MEASURES

Final cocktail of the evening? Make it a mix of natural AHAs, kakadu plum and granactive retinoid - aka Elemental Herbology's Vital Glow (£55, elementalherbology.com), which works to repair skin overnight. We recommend leaving it out on your bedside table, next to your pint of water.

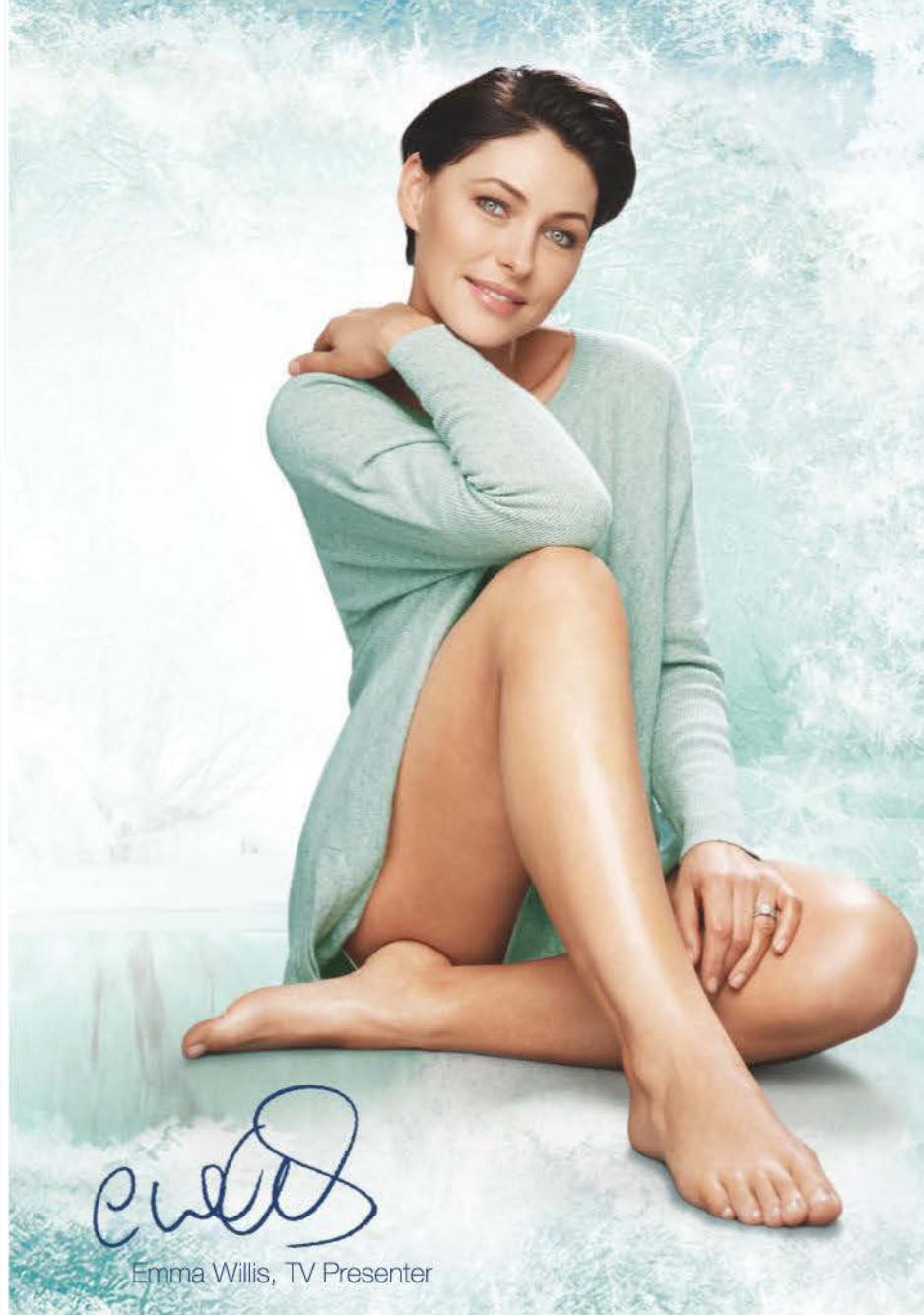
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Emma Willis, TV Presenter

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**For Glide



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let's feel good

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HIGHLIGHTER
Fresh Glow Highlighting Luminous Pen, £25, Burberry (burberry.co.uk)

LIPGLOSS
Clear Lipglass, £14.50, MAC (maccosmetics.co.uk)

HYDRATING SPRAY
Rosewater Balancing Mist, £18, Jurlique (jurlique.co.uk)

SKIN BALM
Stemcell Super-Food Glam Balm Multi, £35, Rodial (rodial.co.uk)

SKIN SOOTHER
Sudocrem, £2.55, Superdrug (superdrug.com)

BB CREAM
Fresh Glow BB Cream, £30, Burberry (burberry.com)

FACE MASK
Facial Treatment Mask, £60 for six sachets, SK-II (harrods.co.uk)

GET THE GLOW
by Wendy Rowe

If anyone knows how to fake a healthy glow, it's the genius behind Burberry's make-up range. Post-facial, post-workout, post-sex, Wendy shows us how to turn it on like a light switch

SPOTLIGHT ON SHINE

'You don't need a ton of make-up to get glowing skin – it's all about using shiny textures in the right places. Shine on anything that sticks out, like your cheekbones, will look realistic – apart from areas where you naturally produce more oil, like your forehead, which won't look good. The exception to the rule is the inner corner of the eye, which is naturally shadowy. Luminosity there will open up the eyes. Not a fan of highlighter? Use a dewy foundation and contrast it with a cashmere concealer on the areas you want to look more matte.'

GIVE IT SOME LIP

'A nude lipstick isn't the only route to a fresher looking pout. Just remember to keep it subtle. To amp up your lips, you only need to add a little

dab of clear lipgloss to the centre of your mouth. It's a way of contouring without colour.' A dash of highlighting pencil along the Cupid's bow and just underneath your bottom lip will boost your pout, too.

STEP AWAY FROM THE SHIMMER

'To use a pearl luminiser or strobing cream, you need to have flawless skin. If you have facial hair or large pores these can make you look older, and if you have any fine lines or creases, the pearl particles will just settle into them and draw more attention to them. You need a glow product with a high water concentration and no shimmer – that way, it looks streamlined because it's not collecting anywhere.'

GLOW IN THE DARK

'If you don't have time to remove your make-up

before heading out, but you want to bring a glow back to the skin, spray your face with a water spray to make it slightly dewy. BB creams are quite light, so you can layer them over make-up to refresh your glow, but bear in mind that if your make-up looks bad at 6pm, then it's better not to build on top. Take it all off, moisturise and start again if you can.'

SKIN SOS

'Post-flight skin meltdown? 'Nothing beats putting Sudocrem on stressed skin the night that you land to calm it down. A quick fix for a really red spot is a dab of eyedrops. It's formulated to reduce capillaries, so gets rid of the redness. Next morning, apply a thick skin balm all over your face. Let it soak in while you do your eye make-up, then wipe the balm off and leave your foundation until last.'

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My Greek Style Yogurt

I LOVE making my Organic Greek Style Natural Yogurt.

The gorgeous ORGANIC MILK

I source locally makes this recipe so special. It gives it a lovely mild

taste, yet LUSCIOUSLY THICK texture - DELICIOUS spooned over some fruit and granola.

Rachel

Add a swirl in a pasta sauce



Rachel's. MY NAME. MY PASSION.

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life style

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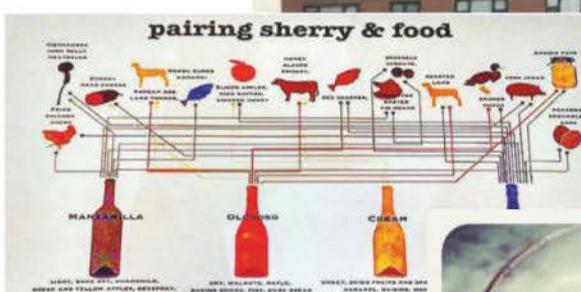
EDITED BY
EMILY DEAN

trending
this month

#SHERRY



PHOTOGRAPHS BY INSTAGRAM/JESSAUCLAIR, SHINOBIPAWS, SHERRYFEST,
DRINKMORESHERRY/ALEXHLHARNER



Goodbye Baileys, see ya advocaat – there's a new Christmas drink in town and it's very 'Hyacinth Bouquet letting her hair down'.

Say *hola* to sherry. You may think church halls and nans with dog figurines, but this is one cool tipple. Just look to east London's

Mission in Bethnal Green (currently serving up a Peach & Fino Sherry Hi-Ball), Soho's Hix (with crushed ice), and all over the cocktail lists at Bar 44 in Cardiff and Friends of Ham in Leeds. For further proof sherry's arrived, check out 'The Victoria', a cocktail VB served up to celebrate the first anniversary of her Dover Street store. It's hero ingredient? A dash of sherry. Serve in suburban crystal and toast to the Queen.

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NYE 2016! GO SOCIAL

Forget watching the ball drop in Times Square or queuing for hours to get a view of the fireworks on the Thames, here are the hottest new places to ring in 2016



• THE CATSKILLS, NEW YORK STATE

THE CROWD? Brooklyn hipsters and an eclectic mix of celebs that are so over the Hamptons. Iman and David Bowie, Daniel Craig and

Rachel Weisz plus Uma Thurman and Michelle Williams all vacay there.

THE VIBE? Think big house gatherings rather than parties, with everyone knocking on their neighbours' doors to invite them over for pizza from the wood-fired oven in the garden and to sip local organic wine from jam jars.

DO... Scour Airbnb for a white clapboard house in Phoenicia or Woodstock. Or book a room at The Graham & Co, a refurbished 40s motel with Tivoli radios, kitchenettes and outdoor firepits for marshmallow roasting.

DON'T... Wear your Barry's Bootcamp T-shirt and carry a protein shake. Here it's all a little less highly strung than Manhattan, and more about the post-NYE organic burger at Phoenicia Diner.



• FIESERE MIESE, BERLIN

THE CROWD? Local Berliners who are sick of overpriced and commercialised club nights. It's a bit like Ibiza used to be before the flashy chart DJs were flown in for themed nights.

THE VIBE? Think hipster junkyard; outside there's the wreck of a 50s car as well as seating made out of bits of scrap metal, while inside it's all concrete floors, crumbling brickwork and exposed light fittings. Plus you enter through a very old but Instagrammable caravan.

DO... Wear your Stan Smiths. Spread over two floors and with €2 shots, you're going to dance a lot.

DON'T... Ask the DJ to play Calvin Harris.



• EL CICLISTA, BARCELONA

THE CROWD?

Bearded app developers who love their fixie bikes, and Miu Miu-clad girls who are fans of both.

THE VIBE? There may be collectors' bikes hanging on the walls and a cocktail dubbed 'Fixed Sprocket', but we promise it's not for MAMILs. Instead, think dark corners, low lighting and local Barcelonian bands crooning away in the corner.

DO... Let a local seduce you with the 12 grapes at midnight.

DON'T... Mention Lance Armstrong. You're here to party, not debate.



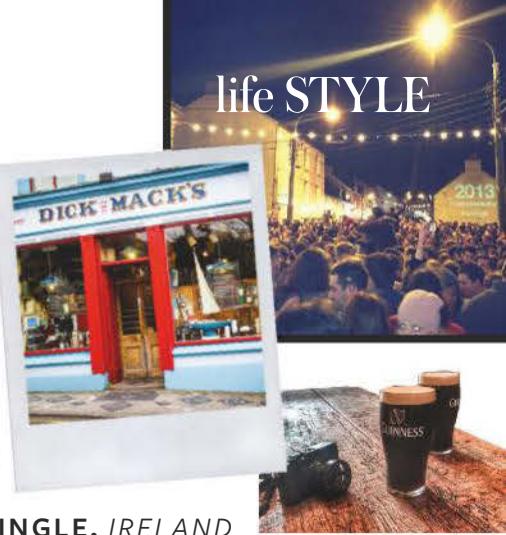
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life STYLE

• DINGLE, IRELAND

THE CROWD? This town is like a mix of original Glasto-goers meet Streetfeasters at NYE. Locals (there's only 1,000 of them) will call you a 'blow in' but still buy you a pint. No wonder Nicole Kidman, Tom Cruise, Julia Roberts, Sean Connery and George Clooney all prefer it to St Barths.

THE VIBE? Pier-side fireworks, hot whiskies and cold pints. Bag the snug in Dick Mack's, then work your way around the other 34 pubs.

DO... Head over to the bridge for the countdown and to dance alongside the local drum and pipe band.

DON'T... Get on a boat to see Fungie, a wild but friendly bottlenose dolphin who's been living in the harbour since 1984, the next day. Trust us, a hangover while bobbing around on the Atlantic does not end well.

• PORTSCATHO, CORNWALL

THE CROWD? Londoners looking to escape the city but cringed out by those who helicopter in to St Mawes. Plus bankers who left the city to 'cure their own meat and make organic pork pies'.

THE VIBE? Bonfires on the beach, with local surfers-turned-guitar-players strumming away and mulled wine in hip flasks being passed around.

DO... Head to The Hidden Hut for lobster and chips at their New Year's Day feast.

DON'T... Ask for a champagne flute at midnight. It's all about tumblers and tea lights.



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ELLY PEAR

Our favourite food writer/cafe owner gets you back on your feet after a big night

A healthy hangover breakfast needs to be, essentially, three things: quick, delicious and full of ingredients that will sort you right out. You'll feel rancid, mainly due to dehydration and the fact that your body is desperately trying to process all the alcohol you poured into it the night before. Do yourself a favour and make this big green smoothie to get you back on your feet. Drink lots of water and/or coconut water as well, and you'll feel better soon – I promise! The smoothie is full of goodness, contains three servings of fruit and veg, and is less than 250 calories to boot.

THE
ULTIMATE
CURE!



AND BEFORE I FORGET... ELLY'S EXTRAS



GINGER
It's great for relieving queasiness and settling your stomach.



HONEY
Add a spoonful to sort out those blood-sugar levels.



YOGURT
The probiotics will help bring back digestive balance.



HANGOVER-BUSTING

SMOOTHIE

Makes 1 serving

2 bananas (approx 200g in total)
60g fresh spinach, washed thoroughly
2 tbsp natural live yogurt
4 ice cubes
1.5cm root ginger, peeled and grated
1 tsp runny honey

1. Simply throw everything into your blender and blitz until totally smooth (you might want earplugs to do this). Alternatively, get someone else to do it for you while you mumble directions from your bed).

2. Sip feebly through a straw (almost possible while still horizontal), then feel smug that you resisted a massive fry-up.



Why not make a hot ginger tea as well?

This is a super-anti-inflammatory tea with a spicy kick that'll warm you from the insides. Ginger improves circulation and raises your body temperature, so it's a winter winner.

1. Cut a 1cm chunk of root ginger (you don't need to peel it) into three or four slices and infuse in a mugful of boiling water. The longer you leave it, the stronger it'll be.
2. Add lemon and/or honey too, if you like. Allow to cool a bit before you sip.

It's caffeine-free and great if you feel nauseous.



BANANAS
They're high in potassium, low levels of which can cause headaches, muscle aches, fatigue and nausea. Sound familiar?



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CHIC RETREAT

Loch Lomond Arms, LUSS

Open fires, boat trips and spectacular scenery – everything you want from a Scottish country hideaway, says *InStyle*'s Julie Lavington



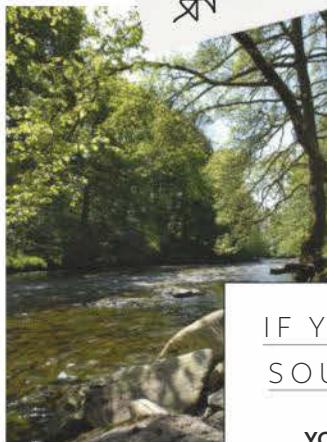
DID YOU EAT?

Just a bit. We had delicious haddock and chips and yummy linguine. There's also lots of comfort food available – fish finger butties in brioche, egg and soldiers and, if you're feeling a bit more daring, haggis, neeps and tatties.



DID YOU HAVE A WEE TIPPLE?

Of course. There's an impressive wine list and craft ales. We also toured the local whisky distillery.



BUT WHERE'S THE SPA?

Relax, there's an incredible one down the road, at The Cameron House hotel. It has a rooftop infinity pool and a treatment list that will make you never want to get out of your robe.



IF YOU LIKE THE SOUND OF THIS

YOU'LL ALSO LOVE... 

Seal spotting on nearby Loch Awe, staying at Kilchrenan's **ARDANISEIG HOTEL**.

Tucking into hake fillet at **THE VICTORIA INN**, Penzance, Cornwall.

The ridiculously fluffy robes at **FEVERSHAM ARMS HOTEL** and Verbena Spa, north Yorkshire.

DID YOU GO OUT ON THE LOCH?

We took a bracing boat trip and it was stunning. Did you know this is where long-running soap *Take The High Road* was set?



WAS HUGH GRANT IN THAT?

Now you're just being silly. *Rooms from £120 per night. Call 01436 860420 or visit lochlomondarmshotel.com*



WOULD I LIKE THE DECOR?

You'd love it. Think soft woollen blankets, plumped-up feather pillows, Farrow & Ball shades and more antique furniture than you'll see in Lord Downton's drawing room. We also loved the Arran Aromatics toiletries.

CAN I GET A PHONE SIGNAL?

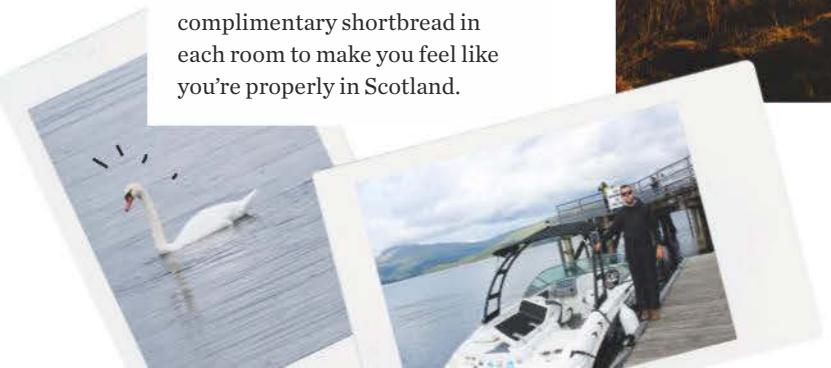
Don't worry, there's Wi-Fi, flat-screen TVs and iPod docks, but if all that's too modern there's complimentary shortbread in each room to make you feel like you're properly in Scotland.

WHERE'S SOMEWHERE ORIGINAL FOR A MINI BREAK?

I can help you there. The Loch Lomond Arms is so cute and romcom you can almost picture Hugh Grant's character proposing to a surprised American beauty by the roaring fireplace in the bar.

IS IT INSTAGRAMMABLE?

Madly so. It's a former 17th century coaching inn converted into a gorgeous little hotel, set in the Trossachs National Park, surrounded by rolling scenery and a beautiful lake (aka loch).



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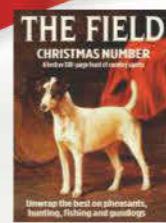
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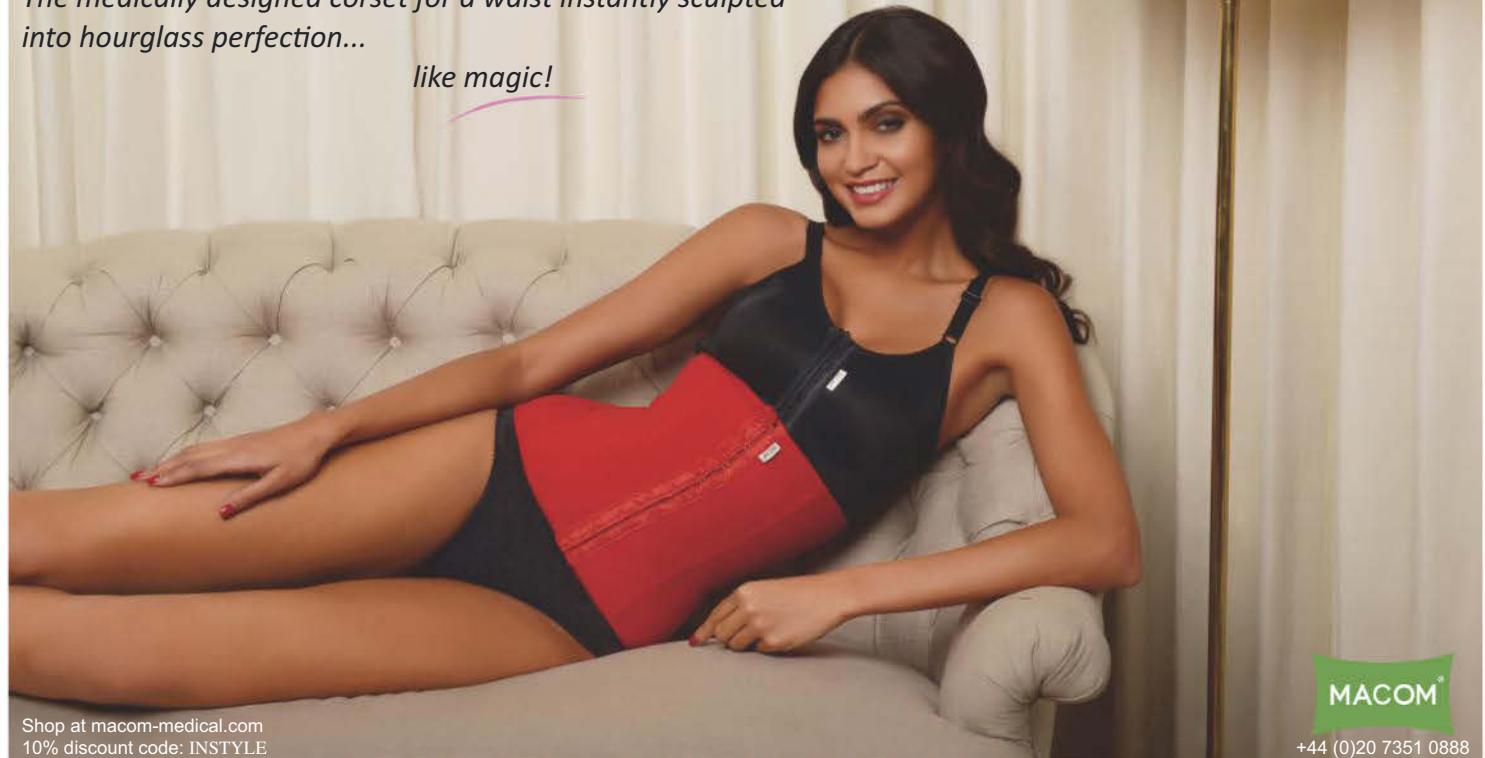
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FENDI'S BAG

Fendi's gone all word search on us (how many can you spot?) with this totally covetable geometric patterned bag. The chic muted tones means it will work with pretty much anything.

Bag, £1,360, Fendi (fendi.com)

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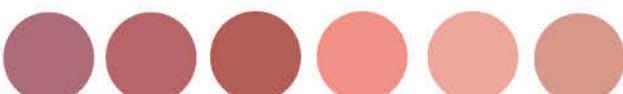
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